

Family Medicine

History form

1) Patient profile

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2) chief complaint

.....(Duration).....

3)At least seven Differential Diagnosis

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The differential diagnosis is based on :

1. Probability
2. Seriousness
3. Treatability
4. Novelty

4)History of presenting illness:

Must cover :

A) **SOCRATES** (for all complaints)

Site (can be ignored in certain situations such as dizziness).....

Onset

Timing, Duration, Frequency

Character.....

Radiation

Exacerbation and Relieving factors

Severity

Associated symptoms: pertinent clues for each one of probability, seriousness, treatability and novelty.....

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B) **4 Ds** :

Disease

Previous similar attacks: including Dx(diagnosis)and Mx(management)

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Past medical/ surgical history.....

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Drugs

For the current disease.....

Any other drugs/Herbs
Allergy
Vaccines
Addiction

Diet

Appetite
Any specific diet.....
Current weight and significant changes
.....
Certain diseases; celiac... ..
Hydration

Dokhan (Smoking)

.....

other :

Marital status
Level of education
Job
Alcohol consumption
Financial status
Insurance
Psychological status
Sexual activity
Social history
Family history and genetics
Life cycle:
(teenage until menopause)
.....

C) Patient centered medicine

ABC

A : Anxiety
.....
B : Beliefs
.....
C : Concerns
.....

FEFI

F : Function
.....
E : Expectations (Cause of the problem AND management)
.....
F : Feelings
.....
I : Ideas
.....

Why is the patient coming today? (An essential question in each consultation)

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.....
.....

Physical Examination

General appearance

mouth breathing, paleness, jaundiced, distressed.....

Vital signs

Temperature

Respiratory rate.....

Heart rate.....

Blood pressure.....

Focused physical examination: related to the DDx list.

Management plan

RAPRIOP :

Reassurance (and explain the problem)

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Advice

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Prescription(Therapeutics)

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Referral (explain why)

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Investigations (labs , imaging)

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observation (Follow-up)

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Prevention (Modifying risk factors)

Patient- doctor interaction

explaining the DDx; the cause, course and available management options, and sharing all these info with the patient ; taking into consideration the patient's concerns and worries.

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Done by : Tuqa alfreijat
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