PEDIATRIC CASES

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General principles in Ped. Rad.

1. Radiation Safety and Dose Reduction:

- **Children are more sensitive to radiation** than adults, so minimizing radiation exposure is crucial.
- **Use the ALARA principle** (As Low As Reasonably Achievable).
- Choose **non-ionizing imaging modalities** (e.g., ultrasound and MRI) instead of X-ray or CT scans, especially in younger patients.
- Adjust imaging protocols: Tailor protocols for the child's age, weight, and size (e.g., adjusting the kilovoltage (kVp) and milliampere-seconds (mAs) on radiographs or CT scans).

2- Choosing the Right Imaging Modality

- **Ultrasound (US):** Often the first-line imaging modality for pediatric patients, especially for abdominal or pelvic concerns (e.g., appendicitis, kidney anomalies). It's non-invasive, safe, and doesn't use radiation.
- **X-ray:** Fast and commonly used in trauma or bone-related issues but requires careful consideration of the radiation dose.
- MRI: radiation-free imaging that is particularly useful for brain, spinal cord...long scan time? sedation
- **CT Scan**: This should be used cautiously due to higher radiation exposure, but it is useful in assessing complex fractures, head trauma, or abdominal emergencies when other modalities are insufficient.

3- Anatomical Differences in Children:

- Normal variants
- Incomplete ossification
- myelination
- 4- Technical Challenges
 - Movements
 - limited cooperation

5- Developmental Physiology and Imaging

bone growth

6- Pathological Considerations

congenital

7- Parental Involvement and Communication



- A 7-year-old female patient presented to ER with 36 hours of abdominal pain, nausea, and loss of appetite.
- - What is your DDX?
- - What do you request imaging-wise?

















Torted Ovary

Normal Ovary

- A 2-year-old boy, recurrent, intermittent abdominal pain for the last 16 hours.
- - DDX?
- - Imaging ?











- A 5-week-old male baby, recurrent vomiting, not gaining weight?
- - Differential diagnosis?
- - Imaging?









Normal pylorus

Idiopathic thickening of gastric pyloric musculature \rightarrow progressive gastric outlet obstruction.

Pyloric stenosis is relatively common ~ 2-5 per 1000 births,

Symptoms usually begin between 3 and 12 weeks of age

male predilection (M:F ~4:1).

More commonly seen in the **White** population, less common in India, and among Black and other Asian populations.

Risk factors

- First born
- maternal history of pyloric stenosis

Pyloric stenosis



Normal values *

Length: <15mm Single muscle thickness: <3mm Pyloric width: <7mm

* values vary somewhat from publication to publication







• A 5-year-old by, non-weight bearing on the right side for the last 24 hours, low-grade fever





right

left







- A 6-week-old baby has recurrent coughing or choking while nursing or taking a bottle.
- Frothing or drooling from the mouth.
- Vomiting.
- Difficulty breathing while feeding.
- - Differential Dx?
- - Imaging investigations?



Tracheoesophageal fistula



H-type







8%

- Atresia alone, no fistula
- Small stomach, gasless abdomen
- Usually has a long gap between the esophageal ends
- Gross type A

1%

- Proximal tracheoesophageal fistula
- No distal fistula
- Small stomach, gasless abdomen
- Often has a long gap between esophageal ends
- Gross type B

86%

Most common abnormality
Gross type C

- 1%
- Proximal and distal fistulas
- "Double Fistula"
- Gross type D

4%

- No atresia of the esophagus
- Congenital tracheoesophageal fistula
- H or N fistula
- Gross type E

VACTREL Association

- Vertebral
- Anorectal
- **C**ardiac
- Tracheoesophageal fistula
- Renal
- Limb



- A 12-hour old baby. Paucity of gas in the abdomen. Air is seen in the stomach and proximal duodenum
- - DDX?







Duodenal Atresia

- Double Bubble sign
- Duodenal atresia
- Results from <u>failure of recanalization</u> of the solid duodenal tube. Most often the atresia occurs <u>distal to Vater's ampulla</u>





• 39 weeks, O-day, bilious vomiting







Upward direction of the D2





normal





Q8

A O- day old – Difficulty breathing





• A 13-year-old boy, scrotal pain







• A 3-month-old baby, cough and irritability



- The classical **metaphyseal corner or bucket handle fracture** is virtually pathognomonic for abuse, although a differential diagnosis does exist.
- **Rib fractures** are prevalent and highly specific for abuse in young children less than 2 years.
- Fractures of **the acromion, sternum** and **spinous processes** are so rare in accidental conditions, giving them a high specificity for abuse.





The metaphyseal lesion in abused infants: a radiologic-histopathologic studyPK Kleinman, SC Marks, and B Blackbourne, Am. J. Roentgenol., 146: 895 - 905.





