

\*\* Heterogeneous group of disorders, linked by inflammation within blood vessels wall.

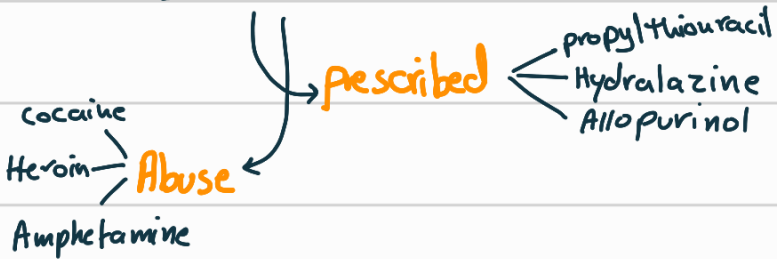
# Cause morbidity & mortality

Classified by the size   
 → Small vessel [cap. + post cap. venules]   
 → Medium vessel [muscular arteries + arterioles]   
 → large vessel [aorta + major branches]

May be **Primary** or **Secondary** ⇒   
 rheumatoid disease    infection    medication    malignancy

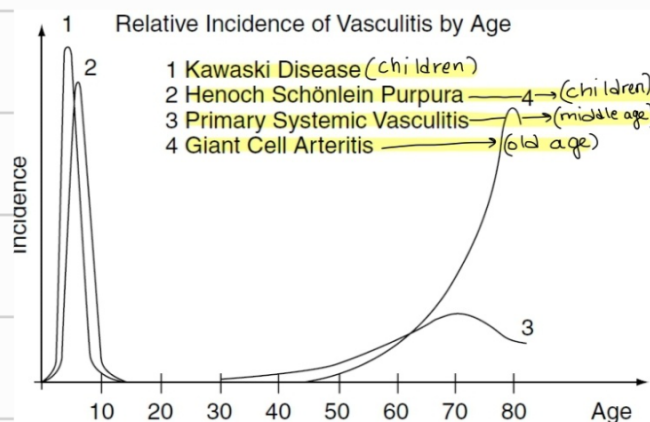
Dominant vessel involved	Primary	Secondary
Large arteries	1. Giant cell arteritis (GCA) 2. Takayasu arteritis (TA)	1. Aortitis associated with RA 2. Infection (e.g., syphilis, tuberculosis)
Medium arteries	1. Classical PAN (pediatrics) 2. Kawasaki disease	1. Hepatitis B virus associated PAN
Small vessels and medium arteries	ANCA 1. Wegener's granulomatosis (WG) <sup>a</sup> 2. Churg–Strauss syndrome (CSS) <sup>a</sup> 3. Microscopic polyangiitis <sup>a</sup>	1. Vasculitis secondary to RA, SLE • Sjögren's syndrome • Drugs <sup>b</sup> • Infection (e.g., HIV)
Small vessels (leukocytoclastic)	1. Henoch–Schönlein purpura (HSP) (pediatric) 2. Cutaneous leukocytoclastic angiitis	• Drugs <sup>c</sup> • Infection (MRSA, sepsis) • Hepatitis C • virus induced • cryoglobulinemia

- Drugs that cause vasculitis :-



▷ Epidemiology

. GCA → Scandinavia/Takayasu → Japan/ ANCA uncommon



# ▷ Clinical feature

\* common to all sizes :-

Fever / malaise / loss weight / arthritis

\* ↑ ESR / severe anemia / Thrombocytosis

Large (ischemia like symptoms + systemic)	Medium	Small [non-blanchable skin rash of dependent part of body]
Headache	Cutaneous nodules	Purpura - due to extravasation of RBC at inflammation site
Limb claudication → Pain / fatigue when limb used (vasculitis)	Ulcers	Vesiculobullous lesions
Asymmetric blood pressures [vessel with vasculitis slightly hypertensive]	abdominal pain (mesenteric vasculitis)	Urticaria
Absence of pulses	Livedo reticularis	Glomerulonephritis (Kidney capillaries)
Bruits (carotid, axillary, aortic, renal, aorta)	Digital gangrene	Alveolar hemorrhage (lung capillaries)
Aortic dilatation and dissection	Mononeuritis multiple	Cutaneous extravascular necrotizing granulomas
	Microaneurysms	Splinter hemorrhages
		Scleritis/episcleritis/uveitis
		epistaxis in nose, crusting and sinus inflammation

## 1 Large vessel vasculitis

### a. Giant cell arteritis

- Age elderly > 50

- Headache <sup>Temporal</sup> occipital ← new onset, unlike any

- Scalp tenderness

- Temporal a. → thickened, nodular, tender, Absent pulse

- jaw claudication → internal maxillary a. ischemia

- Tingling tongue → lingual a. ischemia

- Amaurosis fugax (blurred vision) ⇒ <sup>transient</sup> unilateral permanent

loss of vision → ophthalmic & post. ciliary a.

### Diagnosis

1) Normocytic anemia

2) ↑ ESR & CRP

3) Temporal a. biopsy (lesions skip common)

### Treatment

Steroids

### Association

polymyalgia rheumatica

[pain & stiff <sup>shoulders</sup> Hip, worse in morning]

### b. Takayasu's Arteritis (aortic arch syndrome)

- young people < 40

- F x M > M

- stenosis / occlusion / aneurysm formation

- 3 phases

systemic : fatigue, weight loss, night sweats, fever

vascular : asymmetry of pulses / claudication / visual

Burnt-out pulsless



# 1- Microscopic Poly-angiitis (MPA) ~ pANCA vs MPO

- presents with
  - renal disease  $\Rightarrow$  glomeronephritis/proteinuria/hematuria
  - palpable purpura  $\Leftarrow$  skin
  - pulmonary  $\Rightarrow$  SOB / alveolar hemorrhage (hemoptysis)
- (renal + pulmonary + skin / nasopharynx not affected)

# 2- Granulomatosis with poly-angiitis (GPA) $\Rightarrow$ Wegner's ~ cANCA vs proteinase

- Affect upper airways [sinusitis, nasal collapse, epistaxis] + kidney + lung
- + GI + neuro [foot drop] + eye [scleritis, proptosis, visual loss]
- $\neq$  saddle nose in Wegner  $\neq$  exophthalmos

# 3- Eosinophilic granulomatosis with poly-angiitis (EGPA) $\Rightarrow$ Churg-Strauss ~ pANCA vs MPO

- lungs & skin
- history of recurrent asthma & eosinophilia / cardiac involvement.
- 3 phases
  - $\rightarrow$  prodromal (asthma & allergic rhinitis & nasal polyposis)
  - $\rightarrow$  Eosinophilic (peripheral blood eosinophilia / eso tissue infiltration)
  - $\rightarrow$  Vasculitis (sever, happens several years after prodromal. malaise / lethargy / weight loss / fever).

- $\neq$  Treatment of ANCA
  - $\rightarrow$  Induction: IV steroids  $\oplus$  IV cyclophosphamide or rituximab
  - $\rightarrow$  maintenance: oral steroids  $\oplus$  oral MTX or azathioprine

	Clinical presentation	Diagnostic clues	Treatment
<b>Granulomatosis with polyangiitis (Wegener)</b>	<ul style="list-style-type: none"> <li>• 35–55 years; ♂ &gt; ♀</li> <li>• Nasopharyngeal involvement: chronic sinusitis/rhinitis, saddle nose deformity</li> <li>• Chronic otitis media and mastoiditis</li> <li>• Treatment-resistant, pneumonia-like symptoms with cough, dyspnea, hemoptysis</li> <li>• Rapid progressive glomerulonephritis</li> </ul>	<ul style="list-style-type: none"> <li>• <b>PR3-ANCA/cANCA</b>-associated</li> <li>• Biopsy shows granulomatous, necrotizing inflammation of vessels, kidneys, and the lungs.</li> <li>• Chest x-ray/CT: multiple bilateral cavitating nodular lesions</li> </ul>	<ul style="list-style-type: none"> <li>• Glucocorticoids, cyclophosphamide</li> </ul>
<b>Eosinophilic granulomatosis with polyangiitis (Churg-Strauss)</b>	<ul style="list-style-type: none"> <li>• Severe <b>allergic asthma, sinusitis</b></li> <li>• Skin manifestations (e.g., tender nodules)</li> <li>• Peripheral neuropathy</li> <li>• Gastrointestinal, cardiac, renal involvement possible</li> </ul>	<ul style="list-style-type: none"> <li>• <b>MPO-ANCA/p-ANCA</b>-associated</li> <li>• Peripheral blood <b>eosinophilia</b></li> <li>• ↑ <b>IgE</b></li> <li>• Biopsy (confirmatory test): tissue eosinophilia and necrotizing granulomas</li> </ul>	<ul style="list-style-type: none"> <li>• Glucocorticoids, cyclophosphamide</li> </ul>
<b>Microscopic polyangiitis</b>	<ul style="list-style-type: none"> <li>• Hypertension and pauci-immune glomerulonephritis</li> <li>• Palpable purpura</li> </ul>	<ul style="list-style-type: none"> <li>• <b>MPO-ANCA/p-ANCA</b>-associated</li> <li>• Similar to granulomatosis with polyangiitis but spares the nasopharynx</li> <li>• Biopsy shows inflammation; <b>no granulomas</b></li> </ul>	<ul style="list-style-type: none"> <li>• Glucocorticoids, cyclophosphamide</li> </ul>

### 3 Medium vessel vasculitis

Kawasaki

PAN

Thromboangiitis obliterans

#### - Polyarteritis nodosa (PAN)

(muscle biopsy shows transmural inflammation)

• Involve muscular + renal + visceral arteries.

• No lung, No ANCA association

• Hepatitis B in 10-30%.

• Clinical manifestations ⇒ systematic + HTN + skin rash

# Digital tip infarction

# livedo reticularis

# Diagnostic ⇒ kidney with microaneurysms.

# Mononeuritis multiplex

↳ Telangiectasia

↳ foot drop.

Small vessels  
[1] Non-ANCA vasculitis  $\left\{ \begin{array}{l} \text{HSP - IgA} \\ \text{cryoglobulinemic} \\ \text{cutaneous small vessels vasculitis} \end{array} \right.$

a. Hypersensitivity vasculitis (Henoch-schonlein purpura / IgA vasculitis)

- primary or secondary  $\rightarrow$  Autoimmune / drug / allergy / infection.
- $\Rightarrow$  vasculitis with IgA-dominant immune deposits
- age < 20 years (majority < 10)  $\rightarrow$  the most common vasculitis in children.
- Follows upper respiratory infection
- Involve alternate complement
- Clinical feature  $\left\{ \begin{array}{l} \text{purpuric rash on legs/buttocks} \\ \text{colicky abd. pain (intussusception)} \\ \text{Melena} \\ \text{Arthralgia} \\ \text{Hematuria, proteinuria (glomerulonephritis)} \end{array} \right.$
- Diagnosis: skin biopsy  $\rightarrow$  ① leucocytoclastic vasculitis / ② immunofluorescence IgA deposits
- Treatment: self-limiting within 2-3 weeks
- # Renal failure development more in adults / <5% in children.

b. Cryoglobulinaemia

- Immunoglobulins precipitate at  $< 37^{\circ}$ , redissolve on rewarming.
- Affect skin, kidney, nerve
- Investigation  $\Rightarrow$  Cryoglobulins /  $\uparrow$ RF /  $\downarrow$ C4 / Hepatic C serology.
- Clinical feature  $\Rightarrow$  Purpura - joint pain - Raynaud - neuropathy - renal
- Treatment  $\Rightarrow$  Interferon  $\alpha$   $\oplus$  ribavirin  $\oplus$  rituximab
- # plasma exchange for severe cases.

	Clinical presentation	Diagnostic clues	Treatment
<b>Immunoglobulin A vasculitis (Henoch-Schönlein purpura)</b>	<ul style="list-style-type: none"> <li>Children; 90% &lt; 10 years</li> <li><b>Palpable purpura</b> on lower limbs</li> <li>Arthritis/arthralgia</li> <li>Intestinal colic</li> <li>Hematuria due to IgA nephropathy</li> </ul>	<ul style="list-style-type: none"> <li>Often secondary to upper respiratory tract infections</li> <li>↑ <b>IgA</b> in serum</li> <li>Biopsy: leukocytoclastic vasculitis with IgA and C3 immune complex deposition</li> </ul>	<ul style="list-style-type: none"> <li>Supportive care (e.g., NSAIDs) in mild cases</li> <li>Glucocorticoids and IV hydration in severe cases</li> </ul>
<b>Cryoglobulinemic vasculitis</b>	<ul style="list-style-type: none"> <li>Fatigue</li> <li>Arthralgia</li> <li>Palpable purpura</li> <li>Glomerulonephritis</li> </ul>	<ul style="list-style-type: none"> <li>The majority of cases are secondary to <b>hepatitis C</b> infection.</li> <li><b>Cryoglobulinemia</b> 🗨</li> </ul>	<ul style="list-style-type: none"> <li>Glucocorticoids; cyclophosphamide in severe cases</li> <li>Treatment of <b>hepatitis C</b> infection (IFN-α, ribavirin)</li> </ul>
<b>Cutaneous small vessel vasculitis</b>	<ul style="list-style-type: none"> <li>Palpable purpura</li> </ul>	<ul style="list-style-type: none"> <li>Drug-induced, infections</li> </ul>	<ul style="list-style-type: none"> <li>Discontinue drug intake</li> </ul>

## 5 Others

### Behcet's Disease

# Diagnosis clinically

- Affect any vessel - vein sizes.

- HLA-B51 association

- Recurrent oral ulceration (+) ≥ 2 of (heal w/o scarring)

genital ulcer (heal with scar)

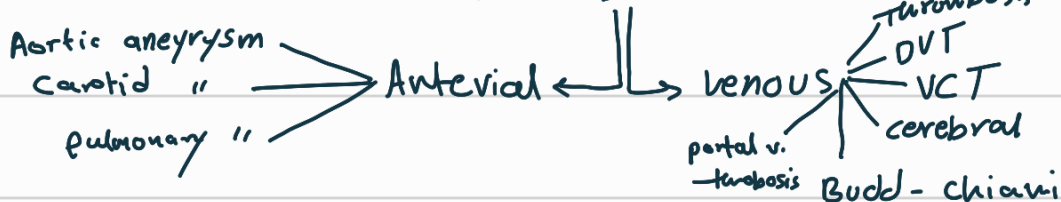
Skin lesions → Acneiform erythema nodosum sup. thrombophlebitis

Eye lesions → Ant. uveitis hypopyon

Pathergy test (form pustule)

**PATHERGY:** Positive pathergy test, Aphthous mouth ulcers, Thrombosis (arterial and venous), Hemoptysis (pulmonary artery aneurysm), Eye lesions (uveitis, retinal vasculitis), Recurrent Genital ulcers, Young at presentation (3<sup>rd</sup> decade)

- Vascular manifestations



- Nervous system involvement (Bad prognosis!)

- Treatment: depend on manifestations

<b>Behcet disease</b>	<ul style="list-style-type: none"> <li>Most common in Turkey, the Middle East, and Japan</li> <li><b>Oral and genital ulcers</b></li> <li>Uveitis</li> <li>Erythema nodosum</li> </ul>	<ul style="list-style-type: none"> <li>Positive pathergy skin testing</li> </ul>	<ul style="list-style-type: none"> <li>Glucocorticoids</li> </ul>
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