Neurological Emergencies/ CNS Infections

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Neurological Emergencies-At least 20% of Medical ER visits

Coma.

- Meningitis/encephalitis
- Acute Stroke.
- Seizures / Status epilepticus.
- Acute headaches/Subarachnoid hemorrhage.
- Acute flaccid paralysis limbs, bulbar, respiratory (Guillain-Barre' Syndrome, Myasthenia Gravis...)
- Acute myelopathy/spinal cord compression
- Vision loss.
- Vertigo.

Components of Consciousness

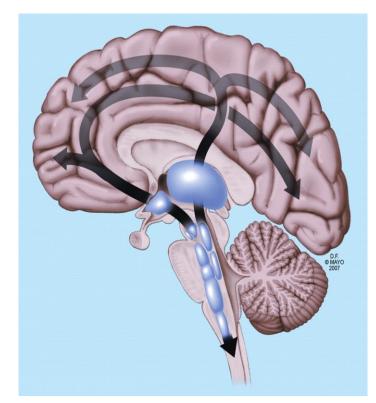
Arousal Level of Consciousness

Awareness — Content of Consciousness

Anatomy and Neurophysiology of Coma

Coma is caused by interruption of the main pathways connecting the ascending reticular activating system in the midbrain and pons projecting to the thalamus and cortex.

The main pathways connecting the ascending reticular formation with the thalamus and cortex.



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Levels of Consciousnes

Wakefulness

Drowsiness (response to verbal stimulus)

Stupor (response to noxious stimulus)

> Coma (unresponsiveness)

Glasgow Coma Scale to assess level of consciousness

Eye opening

- 4 =Spontaneous
- 3 =To speech
- 2 = To pain
- 1 = None

Best verbal response

- 5 = Oriented
- 4 = Confused conversation
- 3 = Inappropriate words
- 2 = Incomprehensible sounds

1 = None

Best motor response

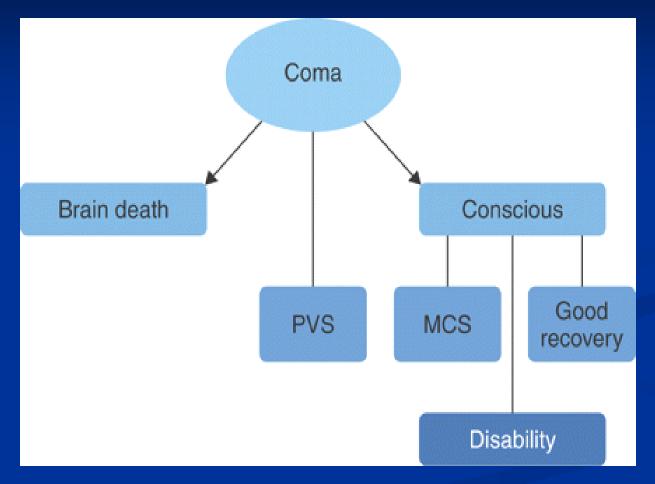
- 6 = Obeying
- 5 =Localising pain
- 4 = Withdrawal
- 3 = Abnormal flexing
- 2 = Extensor response
- 1 = None

Coma is defined as a completely unaware patient unresponsive to external stimuli with:

E 1-2 and no eye tracking or fixation, and
M 1-4 +/- reflex motor movements

Brainstem reflexes can be intact or absent

Outcome of Coma



PVS – Permanent vegetative state MCS – Minimally conscious state

Evaluation of the Comatose Patient

All causes of coma fall into the following major categories :

1. Structural injury of the cerebral hemisphere(s).

2. Intrinsic brainstem injury, or compression from surrounding damaged tissue

3. Acute metabolic or endocrine derangement

4. Diffuse physiological brain dysfunction

Structural brain injury of Cerebral hemisphere(s)

Unilateral with displacement

- Intraparenchymal hematoma
- Middle cerebral artery ischemic stroke
- Intracranial venous thrombosis
- Cerebral abscess
- Brain tumor
- Subdural or extradural hematoma

Bilateral

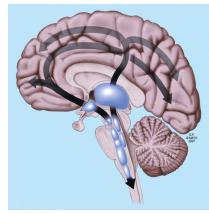
- Subarachnoid hemorrhage
 - Traumatic brain injury
- Multiple cerebral infarcts
- Bilateral thalamic infarcts
- Tumors
- Encephalitis
- Cerebral edema
- Acute hydrocephalus
- Posterior reversible encephalopathy syndrome (PRES)
 - Air or fat embolism.

Intrinsic brainstem injury, or compression from surrounding damaged tissue

- Pontine hemorrhage
- Basilar artery occlusion and brainstem infarct
- Central pontine myelinolysis
- Brainstem hemorrhagic contusion

Cerebellar infarct
Cerebellar hematoma
Cerebellar abscess
Cerebellar glioma

The main pathways connecting the ascending reticular formation with the thalamus and cortex.



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Acute metabolic/endocrine derangement

- Hypoglycemia (<40 mg/dl)
- Hyperglycemia (non-ketotic hyperosmolar) >900 mg/dl
- Hyponatremia <110</p>
- Hypernatremia >160
- Addison's disease
- Hypercalcemia> 3.4 mmol/L
- Acute hypothyroidism
- Acute panhypopituitarism
- Acute uremia
- Hyperbilirubinemia
- Hypercapnia >9 kPa

Diffuse physiological brain dysfunction

- Generalised tonic-clonic seizures
- Hypoxic-Ischemic Encephalopathy
- Poisoning, illicit drug use
- Hypothermia
- Gas inhalation
- Acute (lethal) catatonia
- Malignant neuroleptic syndrome

Two Pitfalls Can mimic coma

1-locked-in syndrome

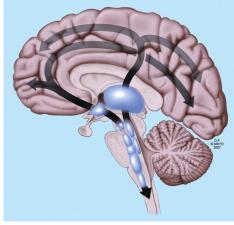
- Eyes open.
- Blink to commands or move their eyes vertically.
- lesion (stroke) in the ventral pons damaging the corticospinal and corticobulbar tracts and sparing the ascending reticular activating system. So they can hear, see and feel pain.

Patients can be intubated by mistake.

2- Psychogenic unresponsiveness

- Hysterical coma
- Malingering
- Acute catatonia

The main pathways connecting the ascending reticular formation with the thalamus and cortex.



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Clinical Assessment-History

Cardiac arrest ?

- Overdose/ psychiatric problems?
- Could this be a CNS infection?
 - Did the patient use antibiotics for infection?
 - Was there a rapid onset of fever and headache?



Resuscitation

Howard R S et al. Pract Neurol 2011

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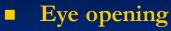
Examination of the comatose patient

1. Assess the depth of coma.

2. The location of the lesion, and

3. Possibly the underlying cause.

Glasgow Coma Scale



- 4 =Spontaneous
- 3 = To speech
- 2 = To pain
- 1 = None
- Best motor response
 - 6 = Obeying
 - 5 =Localising pain
 - 4 = Withdrawal
 - 3 = Abnormal flexing
 - 2 = Extensor response
 - 1 = None
- Best verbal response
 - 5 = Oriented
 - 4 = Confused conversation
 - 3 = Inappropriate words
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 - 1 = None

Max. 15

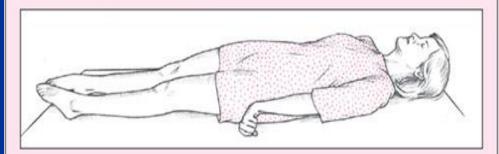
- Min. 3
- Record subsets:
 - E() + M() + V() = ?/15
- A score of $</= 8 \dots$ coma
- Verbal response can be compromised by endotracheal intubation V(T) should be recorded.

Motor responses

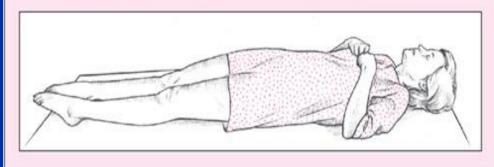
- Compression over the supraorbital nerve, sternum or nailbed.
- Flexion, extension or no response at all.
- The distinction between decerebrate and decorticate responses may not have significance for prognostication (both responses can be present in the same patient).

Comparing decerebrate and decorticate postures

Decerebrate posture results from damage to the upper brain stem. In this posture, the arms are adducted and extended, with the wrists pronated and the fingers flexed. The legs are stiffly extended, with plantar flexion of the feet.



Decorticate posture results from damage to one or both corticospinal tracts. In this posture, the arms are adducted and flexed, with the wrists and fingers flexed on the chest. The legs are stiffly extended and internally rotated, with plantar flexion of the feet.



Lesion Localisation-Brainstem lesions

- Intrinsic lesions are recognised by skew deviation of eyes, internuclear ophthalmoplegia, small or unequal pupils and absent oculocephalic responses
- Brainstem displacement caused by lesions above the tentorium is recognised by a wide, fixed pupil, abnormal motor responses but otherwise intact brainstem reflexes;
- Brainstem displacement from below the tentorium (e.g, cerebellar lesions) is recognised by small pupils, absent corneal reflexes and oculocephalic responses (in some patients.)

Lesion Localisation



- (a) Pinpoint pupils: opioid intoxication or pontine haemorrhage.
- (b) Mid position light fixed pupils (mesencephalic lesion) in downward compression of the upper brainstem from a hemispheric mass but also often the first sign of loss of all brainstem reflexes (brain death).

Lesion Localisation

- Roving eye movements indicate that the brainstem is intact.
- Skew deviation of the eyes suggests an acute brainstem injury.
- Horizontal deviation of the eyes to one side might be a sign of non-convulsive status epilepticus but also of an ipsilateral hemispheric or contralateral pontine stroke.

Skew deviation of the eyes



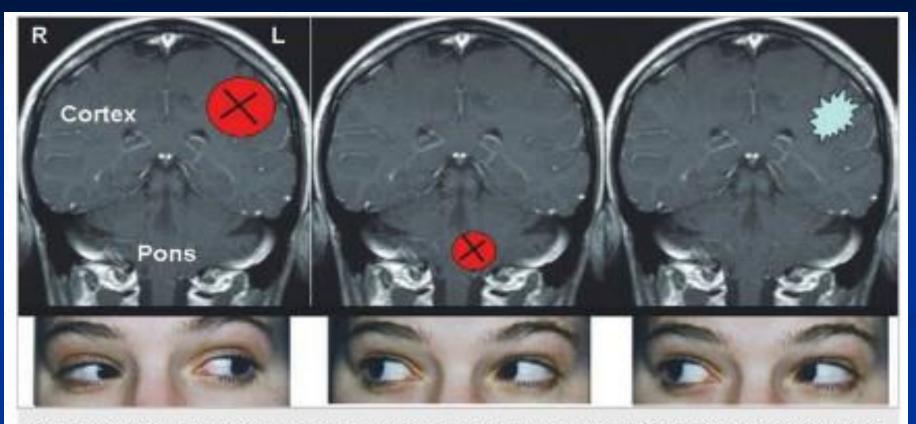
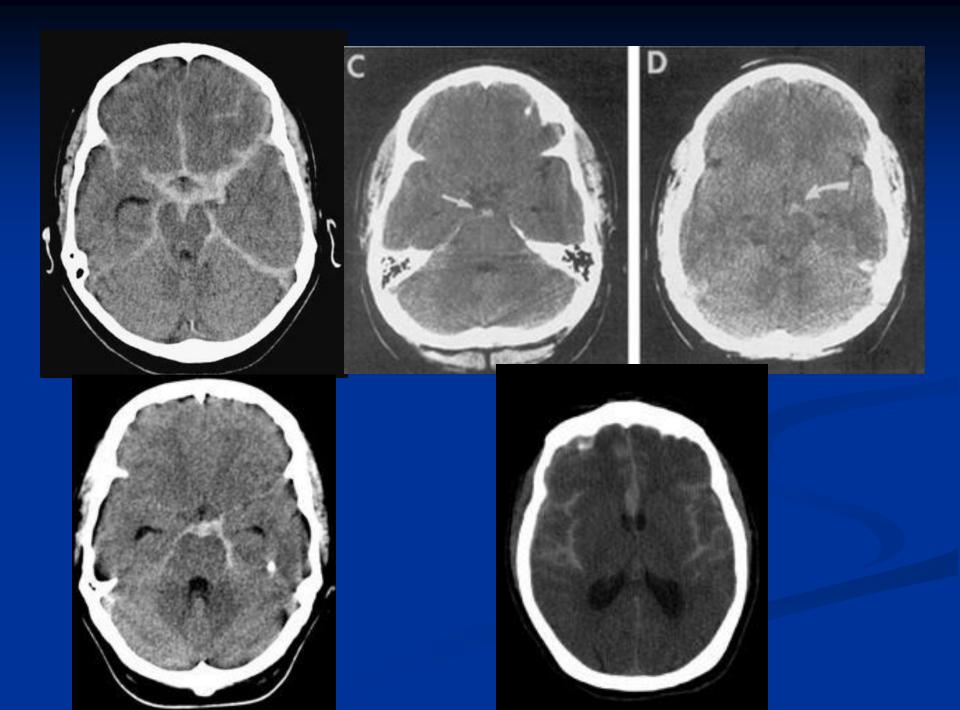


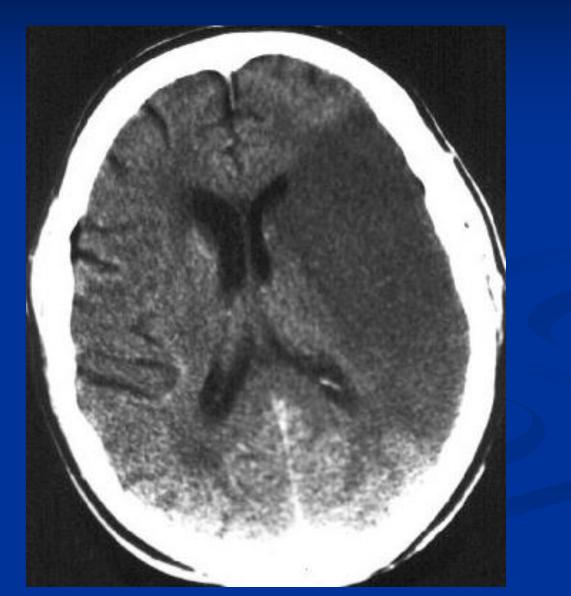
Fig. 13.121 Gaze deviations in cerebral lesions and seizures: the eyes deviate horizontally toward a cortical lesion (left); the eyes deviate horizontally away from a pontine lesion (center); the eyes deviate horizontally away from a cortical seizure focus (right).

What is the cause of coma?

CT and MRI of the brain are very important in the workup of a comatose patient

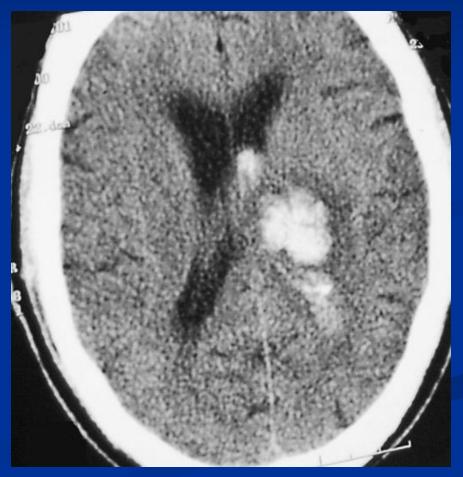


Left MCA infarction

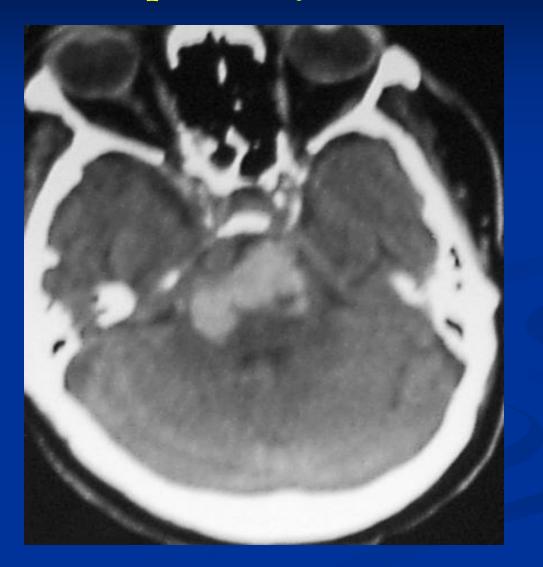


Thalamic Intraparenchymal Hemorrhage with intraventricular extension





Pontine Intraparenchymal Hemorrhage



Lobar Intraparenchymal Hemorrhage





Intraparenchymal Cerebellar Hemorrhage





Management of Coma in the First Hour

- Improve oxygenation (face mask with 10 l/min oxygen flow aiming at a pulse oximeter saturation of >95%).
- Intubate if patient cannot protect the airway (ie, increased work of breathing, pooling secretions, gurgling sounds).
- Intubate any comatose patient with irregular ineffective respiratory drive and poor oxygenation.
- Intubate any comatose patient with major facial injury or consider emergency tracheostomy.

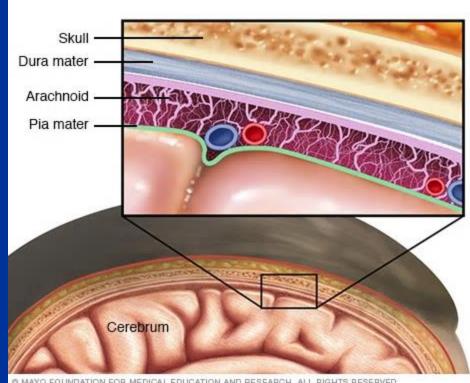
Management of Coma in the First Hour

- No harm is done if a patient with a high likelihood of hypoglycaemia is immediately given 50 ml of 50% glucose, even before the blood sugar is known (with coadministration of 100 mg thiamine intravenously).
- No harm is done administering naloxone if opioid intoxication is suspected.
- Flumazenil reverses any benzodiazepine toxicity.

Possible CNS Infection?

Meningitis

Meningitis: is an inflammation of the membranes (meninges) surrounding your brain and spinal cord.

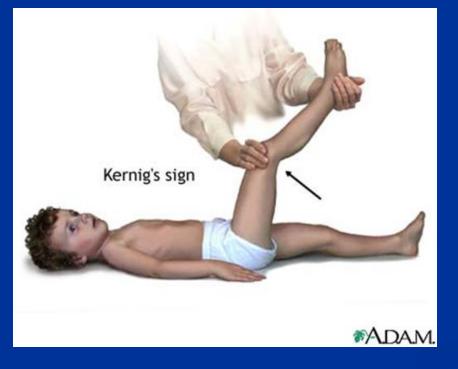


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- Early meningitis symptoms may mimic the flu (influenza).
 Symptoms may develop over several hours or over a few days.
- Possible signs and symptoms:
 - High fever
 - Nuchal rigidity and other meningeal irritation signs/Photophobia
 - Worsening headache (+/- Nausea or vomiting)
 - Confusion/irritability/difficulty concentrating/drowsiness/coma
 - Seizures
 - Skin rash (in meningococcal meningitis)

Important meningeal signs





Purpuric rash of meningococcal meningitis



Acute bacterial Meningitis (ABM)

- Common & serious
- Medical emergency
- 100% curable if treated adequately or 100% fatal
- High index of suspicion important
- Dx by CSF examination

ABM : Etiology

- Streptococcus pneumoniae (pneumococcus). This bacterium is the most common cause of bacterial meningitis in infants, young children and adults. A vaccine can help prevent this infection.
- Neisseria meningitidis (meningococcus). This bacterium is another leading cause of bacterial meningitis. These bacteria commonly cause an upper respiratory infection but can cause meningococcal meningitis when they enter the bloodstream. This is a highly contagious infection that affects mainly teenagers and young adults. It may cause local epidemics in college dormitories, boarding schools and military bases. A vaccine can help prevent infection.

ABM : Etiology

- Haemophilus influenzae type b was once the leading cause of bacterial meningitis in children. But new Hib vaccines have greatly reduced the number of cases of this type of meningitis.
- Listeria monocytogenes These bacteria can be found in unpasteurized cheeses, hot dogs and lunchmeats. Pregnant women, newborns, older adults and people with weakened immune systems are most susceptible. Listeria can cross the placental barrier, and infections in late pregnancy may be fatal to the baby.

ABM: Epidemiology

- Max in 1st 5 yrs
- Risk Factors:
 - Colonization
 - Crowding: person to person droplet infection
 - Poverty
 - Male
 - Absence of breast feeding
 - Immunodeficiency
 - Skull base/dural defects

ABM: Pathology

Bacterial colonization of nasopharynx → bacteremia
 → choroid plexus → meninges

 Meningeal exudates, ventricultis, perivascular inflammatory exudates, venous occlusion, infarction, necrosis, *\ICP*

ABM: Clinical Features

Sudden onset

- high fever, headache, anorexia, myalgia, photophobia, meningeal signs, altered mental status/coma
- **ICP**: hypertension, bradycardia, bulging fontanelles, 3rd/6th cranial nerve palsy, posturing, breathing abnormalities, papilledema
- Purpuric rash s/o meningococcusSeptic foci

ABM

Diagnosis High index of suspicion very important Confirm by CSF examination LP deferred if there is contraindication Start empirical antibiotics on suspicion

CSF: \Pressure, turbid, \cells (mostly polys), \protein, \sugar to < 40% of blood sugar</p>

- Gram stain, culture
- PCR





Table 1 | Typical cerebrospinal fluid (CSF) findings in infectious meningitis^{1 3 14}

Cause of meningitis	White blood cell count (cells/mm3/106 cells/l)	Predominant cell type	CSF: serum glucose (normal ≥0.5)	Protein (g/l) (normal 0.2-0.4)
Viral	50-1000	Mononuclear (may be neutrophilic early in course)	>0.5	0.4-0.8
Bacterial	100-5000	Neutrophilic (mononuclear after antibiotics)	<0.5	0.5-2.0
Tuberculous	50-300	Mononuclear	(0.3	0.5-3.0
Cryptococcal	20-500	Mononuclear	< 0.5	0.5-3.0

Treatment for bacterial meningitis

- Ceftriaxone (2g every 12 hrs) or cefotaxime (8–12 g daily, divided doses every 6 h intravenously) + Vancomyocin (2 g daily, divided dose every 12 h intravenously)
- Add ampicillin (12 g daily, divided dose every 4 h intravenously +/- Gentamicin if Listeria suspected (age >55 yrs, immunosuppressed)
- Consider intravenous dexamethasone 0.6 mg/ kg daily with or just before first dose of antibiotics, and continue for 4 days- benefit in pneumococcal meningitis

Treatment

- Subsequent therapy according to sensitivity
- Repeat LP/ imaging indicated if poor response
 Supportive Rx
 - IV Fluids ? Restrict
 - Management of *↑*ICP : mannitol, acetazolamide
 - Rx of Seizures, pyrexia
 - Treat shock, DIC if present
 - Nutrition
 - Nursing

Tuberculous meningitis (TBM)

- Most dreaded and dangerous form of TB
 Risk Factors:
 - Young age
 - Household contact
 - Recent infection
 - Measles
- Pathophysiology

 - Thick exudates in basal cisterns
 - Arteritis

Viral meningitis

- Viral meningitis is usually mild and often clears on its own.
- Most cases are caused by a group of viruses known as enteroviruses, which are most common in late summer and early fall.
- Viruses such as herpes simplex virus, HIV, mumps, West Nile virus and others also can cause viral meningitis.

Encephalitis

- Encephalitis is a clinical syndrome characterized by alteration of consciousness/confusion and variable combinations of headache, fever, seizures and focal neurological signs, in response to brain inflammatory damage.
- In practice, little distinction may initially be seen between meningitis and encephalitis and the term meningoencephalitis is often used – both covered initially.

Encephalitis vs. Encephalopathy

We also have to distinguish encephalitis from other causes of encephalopathy, including systemic infection, metabolic derangements, toxins, inherited metabolic disorders, hypoxia, trauma, epilepsy, thromboembolic stroke and other vasculopathies.

Encephalopathy

- Clinical syndrome of altered mental status (manifesting as reduced consciousness or altered cognition, personality or behavior)
- Has many causes including systemic infection, metabolic derangement, inherited metabolic encephalopathies, toxins, hypoxia, trauma, vasculitis, or central nervous system infection

Encephalitis

- Inflammation of the brain
- Strictly a pathological diagnosis; but surrogate clinical markers often used, including inflammatory change in the cerebrospinal fluid or parenchyma inflammation on imaging
- Causes include viruses, small intracellular bacteria that directly infect the brain parenchyma and some parasites
- Can also occur without direct brain infection, for example in acute disseminated encephalitis myelitis (ADEM), or antibody-associated encephalitis

Causes of infectious encephalitis

Historically, encephalitis has been almost synonymous with direct infection, but we now recognise parainfectious or postinfectious causes, as well as non-infectious causes.

Clinically, infectious encephalitis is characterised by acute onset of fever, altered mental status, focal neurological deficits and generalised or focal seizures.

Causes of infectious encephalitis

It can be difficult to identify a specific cause, which remains undetermined in up to half of cases.

Of identified sporadic causes, herpes simplex virus (HSV) is the most frequently found agent (25 – 40% of infectious etiologies), followed by enterovirus, varicella zoster virus and tuberculosis.

Herpes simplex virus encephalitis

- Most cases are caused by HSV1, but around 10% are caused by type 2.
- The most distinctive presenting features are fever, disorientation, aphasia and behavioural disturbances, and up to a third of patients have convulsive seizures.
- Neuroimaging can be negative acutely, but by 48 hours, over 90% of patients have MR brain imaging abnormalities and sensitivity approaches 100% at 3–10 days.
- MRI shows markedly asymmetric but usually bilateral abnormalities in the limbic system, medial temporal lobes, insular cortices and inferolateral frontal lobes.

HSV Encephalitis

- Neutrophilia +/-
- CSF clear, pleocytosis +/-. Normal or \protein, normal sugar
- Specific Dx by PCR
- Imaging: normal/ edema/ patchy hypodensity/ specific changes
- EEG: nonspecific diffuse slowing, periodic discharges

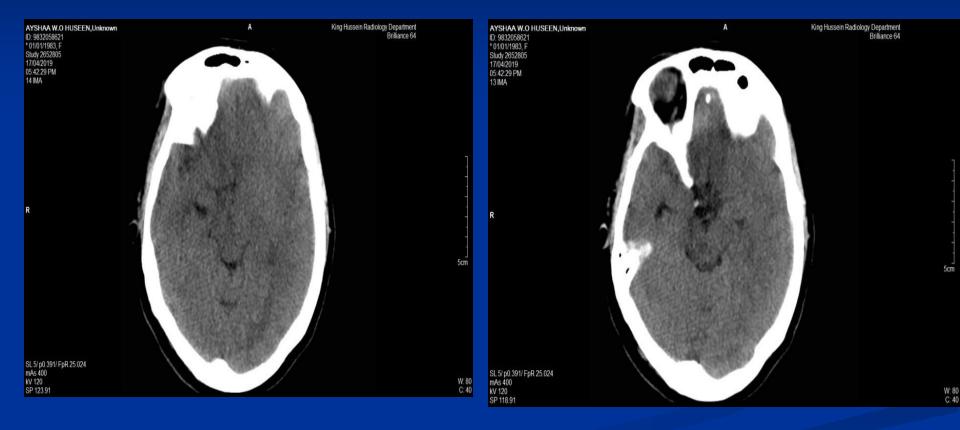
HSV Encephalitis

CSF herpes simplex virus PCR is both highly sensitive and specific and usually establishes the diagnosis but can be negative if obtained acutely. Repeated CSF examination 24–72 hours later is usually diagnostic.

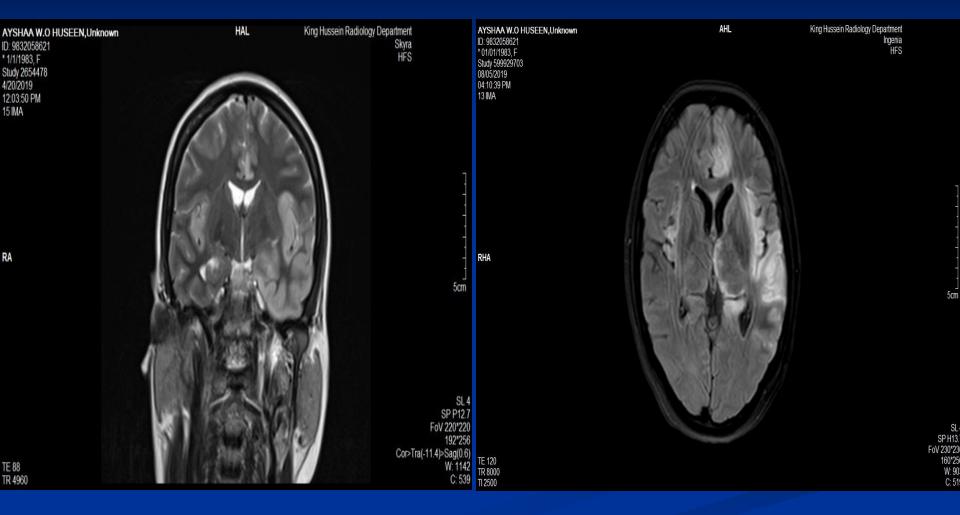
Prompt Rx with IV aciclovir 10 mg/kg tds

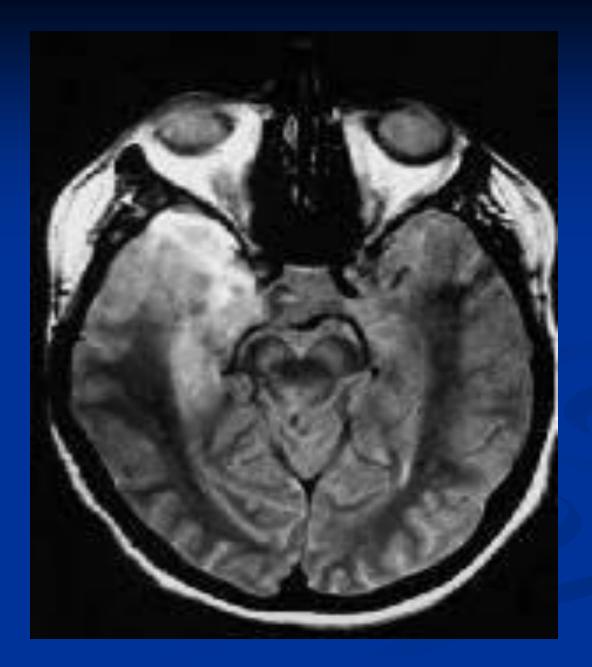
Mortality in HSE is reduced from > 70% to <25% with aciclovir, and delay in starting treatment is associated with a worse outcome (epilepsy, dementia).</p>

Brain CT











Brain Abscess

Predisposing features:

- Congenital cyanotic heart disease
- Meningitis
- Penetrating head injury
- Local extension from mastod, otitis, sinusitis, soft tissues of face and scalp

Etiology:

- S aureus
- Micro aerophilic strep
- Other aerobic & anaerobics
- Mixed infections in 35%

- Clinical Features:
 - Fever
 - Headache
 - Vomiting
 - Focal deficits
 - ↑ICT
- Lab
 - Blood counts non specific
 - EEG: focal slowing
 - CT scan diagnostic
- Treatment:
 - IV antibiotics cover anaerobes (CP + Chloro)
 - Surgical drainage



Who are they?



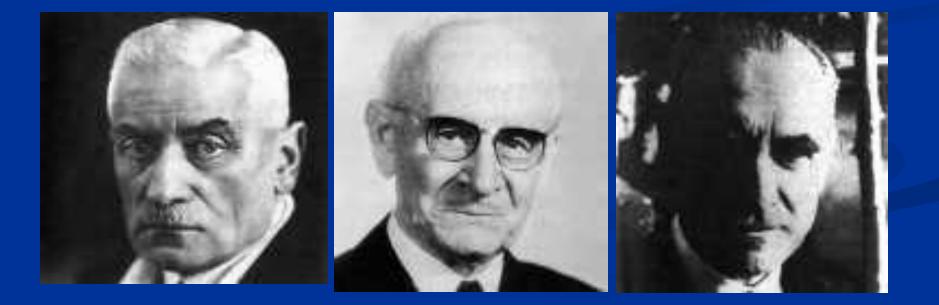




1916

SUR UN SYNDROME DE RADICULO-NÉVRITE AVEC HYPERALBUMINOSE DU LIQUIDE CÉPHALO-RACHIDIEN SANS RÉACTION CELLULAIRE. REMARQUES SUR LES CARACTÈRES CLINIQUES ET GRAPHIQUES DES RÉFLEXES TENDINEUX.

par MM. GEORGES GUILLAIN, J.-A. BARBE et A. STROHL.

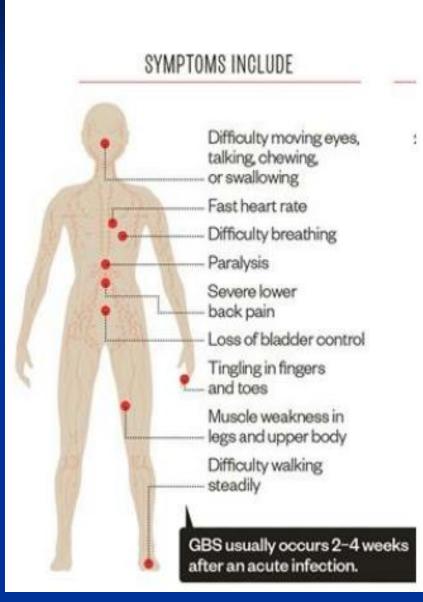


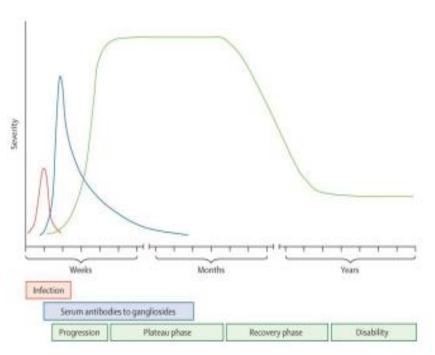
Guillain-Barre Syndrome (GBS)

GBS is an acute immune-mediated radiculoneuropathy. It is the most frequent cause of acute flaccid paralysis worldwide and constitutes a neurologic emergency (1-2/100,000 per year) M:F = 2.5:1. The classical features are rapidly progressive, relatively symmetrical tetraparesis of variable severity with mild sensory loss and widespread hypo- or areflexia. In some variants, reflexes are retained or brisk.

Clinical Features

- It shows a pattern of "ascending paralysis" in about two thirds of patients, beginning in the lower limbs and then spreading to the upper limbs/trunk/neck/ head.
 Proximal and distal muscles
- Maximal weakness at 1-2 weeks.
- It can affect the facial muscles (50% of cases) and respiratory muscles, with 25% of patients needing artificial ventilation.





IR=1/100,000 per year

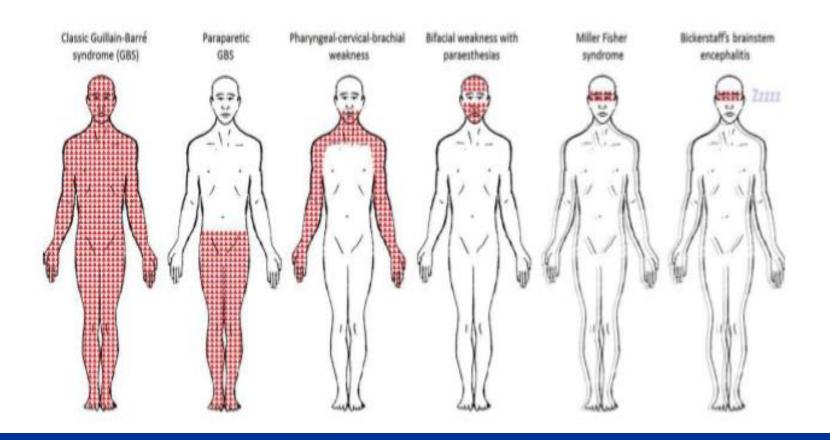
Nadir @ 2-4 weeks

>8weeks suggests CIDP

20-25% require respiratory +/- cardiovascular support

5% mortality rate

Patterns of weakness in Guillain-Barré syndrome (GBS) and Miller Fisher syndrome and their subtypes.



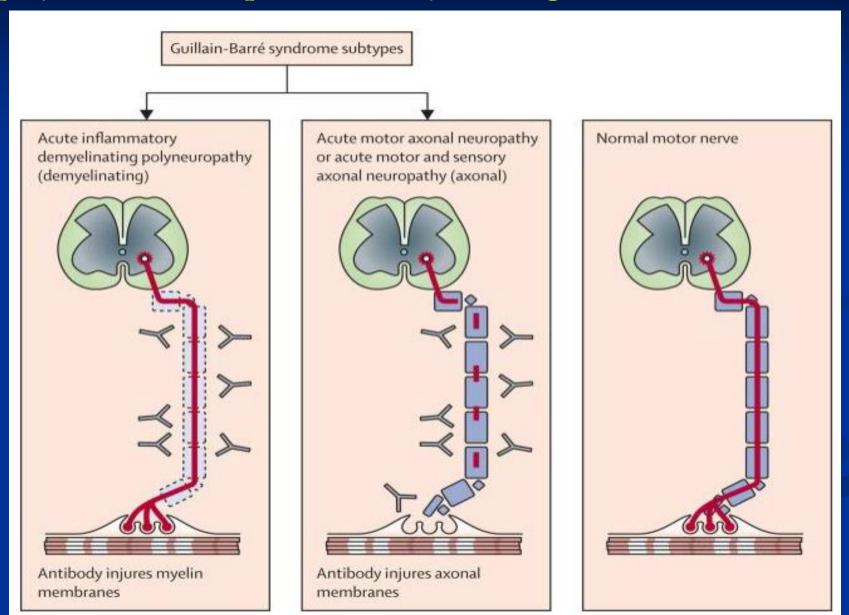
The GB Syndromes

- AIDP
 - Acute inflammatory demyelinating polyradiculoneuropathy.
- AMAN Acute motor axonal neuropathy
- AMSAN Acute motor and sensory axonal neuropathy.
- Pharyngeal- Cervical Brachial Variant
- Miller-Fisher Syndrome (Opthalmoplegia, Ataxia and Areflexia)
- Bickerstaffs (CNS involvement- low GCS/brainstem)
- Pure Sensory Neuropathy.
- Acute Pandysautonomia.

Commonalities.....

- Acute or sub acute, monophasic neuropathy.
 - Acute :- Peak disability by 4 weeks.
- Antecedent "trigger"
- Areflexia (10% can have retained or even brisk reflexes)
- CSF "albuminocytologic dissociation"
- Generally spontaneous recovery occurs

Subacute onset, monophasic, immune-mediated polyradiculoneuropathies- Demyelinating and axonal forms



Investigations

LP

Nerve Conduction Studies Demyelinating or Axonal In first week--- up to 40% normal. Anti-ganglioside antibodies GM1, GD1a, GT1a, GQ1b 50 % positive Ix to exclude mimics–MRI, CPK...etc.

Differential diagnosis of acute flaccid paralysis

Brainstem stroke/ encephalitis

- Acute myelopathy
 - •Spinal cord infarction/haemorrhage
 - •Acute transverse myelitis
 - Acute poliomyelitis

Peripheral neuropathy

- •Guillain-Barré syndrome
- •Diphtheritic neuropathy
- •Heavy metals (thallium)
- •Acute intermittent porphyria
- •Vasculitic neuropathy
- •Lymphomatous neuropathy

Differential diagnosis of acute flaccid paralysis

Disorders of neuromuscular transmission

- Myasthenia gravis
- Botulism

Disorders of muscle

- •Hypokalaemia / Periodic paralyses
- •Hypophosphataemia
- •Inflammatory myopathy
- •Acute rhabdomyolysis
- •Trichinosis

	UMN		LMN				
	↑tone No wasting ↑reflexes ↑plantars		↓tone Muscle wasting ↓reflexes ↓plantars				
	Brain Cord		Nerve			NMJ	Muscle
			Root	Neuropathy	Mononeuro pathy		
Distribution	Hemi-body	Symmetrical	asymme trical	Symmetrical	patchy	Ocular, bulbar, limb girdle	Symmetric al
Pattern of weakness	Pyramidal pattern	Pyramidal pattern	Myotom al pattern	Length dependent	Patchy	Fatiguab le	Limb girdle
Gait	Circumductin g gait	Spastic diplegia		Foot drop/ high steppage	asymmetric al	Waddle / trendele nberg	trendelenb erg
Sensory involvement	Contralateral sensory inattention	Truncal sensory level	Dermat omal	.ength dependent	Correspon ding	No	No

Immunotherapy IVIg = PE = IVIg+PE

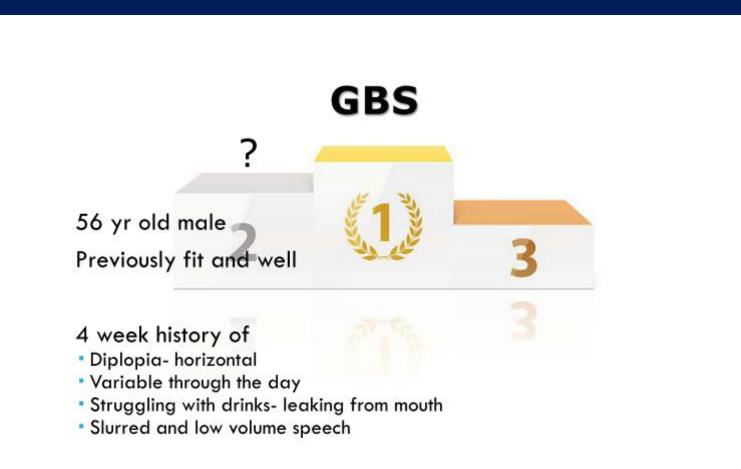
Treatment of GBS: Plasma exchange vs IVIg Overall: No difference in efficacy Indications for treatment: first 2 weeks of disease Bulbar disorders Respiratory dysfunction ■ Inability to walk without assistance Probably indicated: Milder weakness; Early in disease

course

Supportive Management

- Careful monitoring of vital capacity (VC) with intubation for those with a VC of <15 ml/kg or which is rapidly dropping</p>
- Twenty five per cent of GBS patients require ventilatory support during their illness, which may be predicted if there is rapid progression of limb weakness, facial or bulbar weakness or dysautonomia.
- Cardiac monitoring throughout the acute stages.
- Venous thromboembolism prophylaxis with compression stockings and low molecular weight heparin is recommended for non-ambulant patients

Acute Flaccid Paralysis



Admitted to hospital

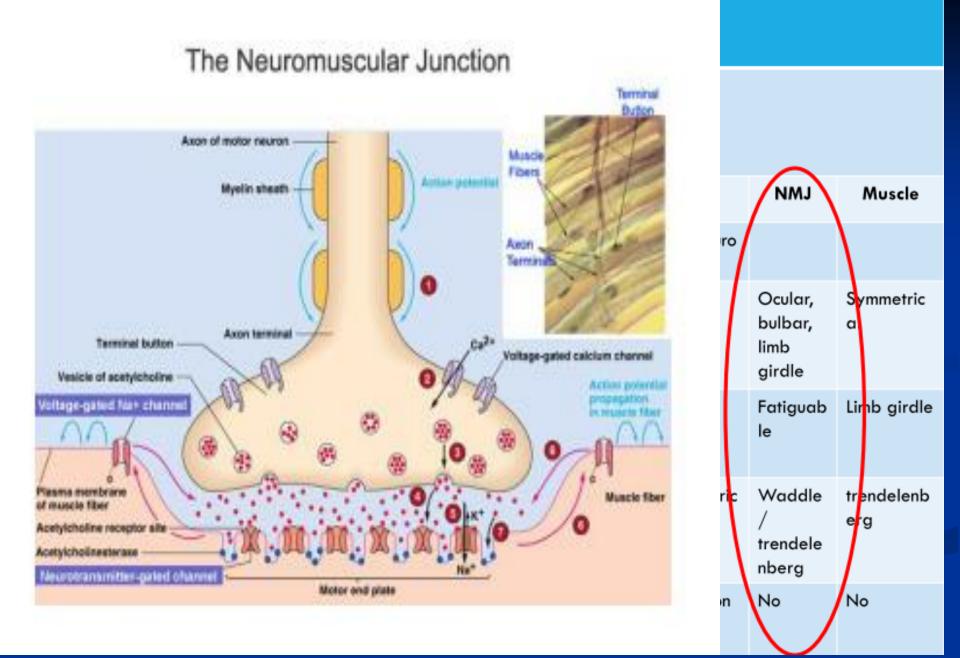
Whilst in hospital

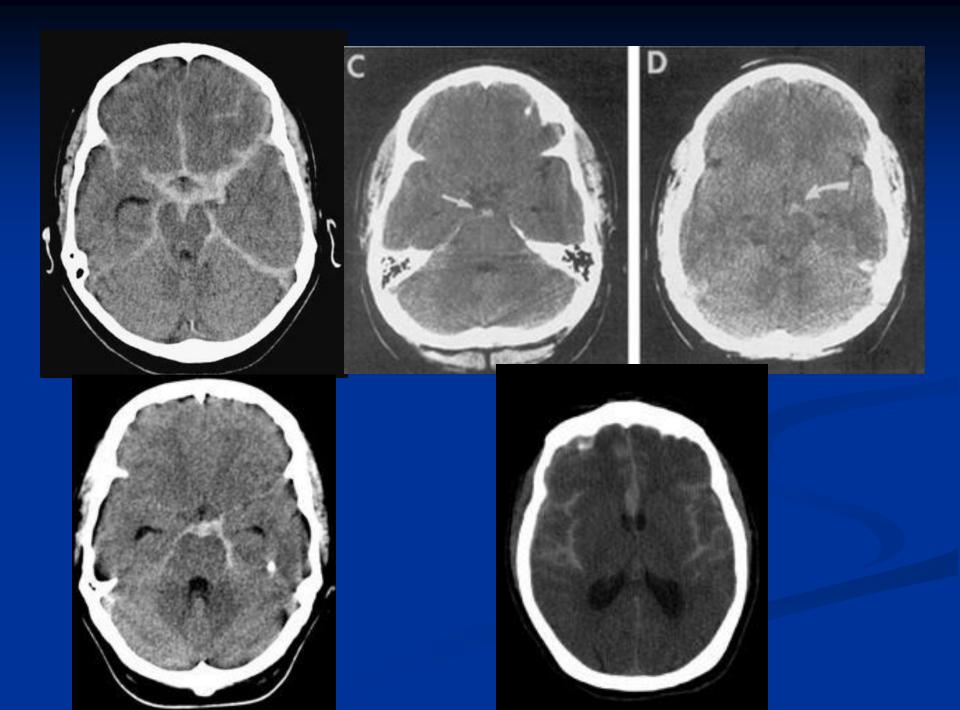
- Weakness of neck- head drop
- Weakness of arms: SAD/ WE, FE)
- Difficulty breathing, but CXR normaltaken to the ICU
 - Low FVC, VC and borderline PEFR
 - Needed ICU as tiring, confused
- Noted to using accessory muscles and accessory muscle use

Exam

- Ptosis
- Complex ophthalmoplegia
- Facial weakness
- Fatiguable dysarthria
- Neck flex/ext weakness
- Fatiguable UL weakness
- Intact reflexes
- Normal sensory exam

MRI Brain normal





Classic Symptoms of Subarachnoid Hemorrhage

- Sudden, unusually severe or "thunderclap" headache
- Loss of consciousness
- Pain in neck, back, eye or face
- Nausea, vomiting, photophobia

Classic Signs of Subarachnoid Hemorrhage Abnormal vital signs Respiratory changes, hypertension, cardiac arrhythmias Meningism Focal neurologic signs may be present ■ III nerve palsy – IC/PCA aneurysm Paraparesis – ACA aneurysm Hemiparesis, aphasia – MCA aneurysm Ocular hemorrhages

Subarachnoid Hemorrhage

- Warning leaks in 50%
- CT misses up to 10% small leaks
- Suspect if:
 - $\blacksquare > 35$ years
 - no previous HA
 - no fading of HA
 - came on with exertion
 - altered LOC or neuro deficits
 - stiff neck

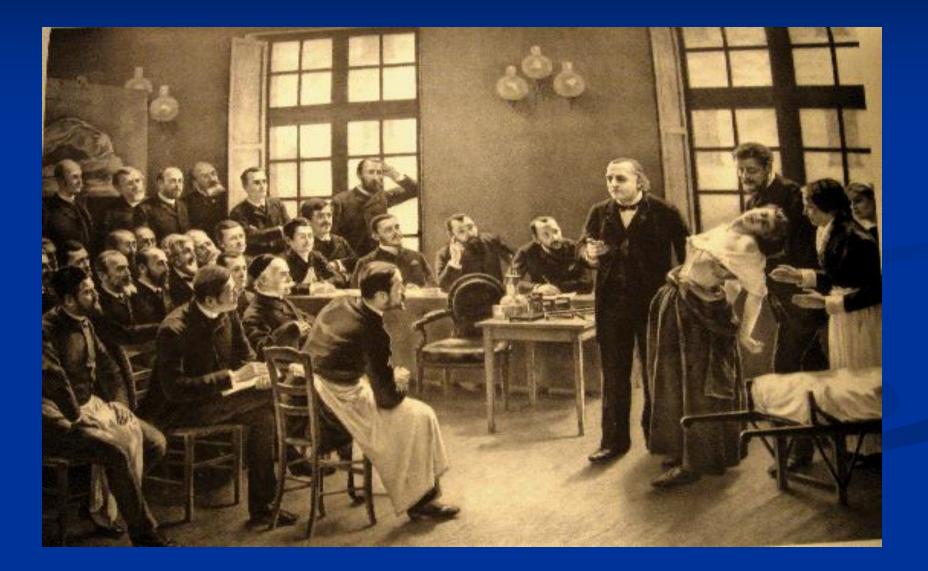
"Thunderclap" Headache

25% associated with SAH
"Warning" headache

followed by SAH in 5% to 60%

Expansion or dissection of unruptured aneurysm
Cerebral venous thrombosis
Exertional / coital headache

Who are they?



Status Epilepticus

Definition of SE

If the patient has a prolonged (>5 min.) seizure or repetitive (3 or more/hr) seizures without recovery between episodes, he is considered to be in SE and the Rx protocol initiated.

Dizziness/vertigo

Doctor, l'm dizzy...



Doctor, I'm dizzy...

This is the doctor!





Brain scan needed in acute vertigo:

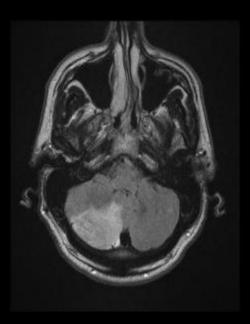
- Intact head impulse test
- New onset (occipital) headache
- Any central symptoms or signs
- Acute deafness

HINTS test is more sensitive than MRI for brainstem infarction.

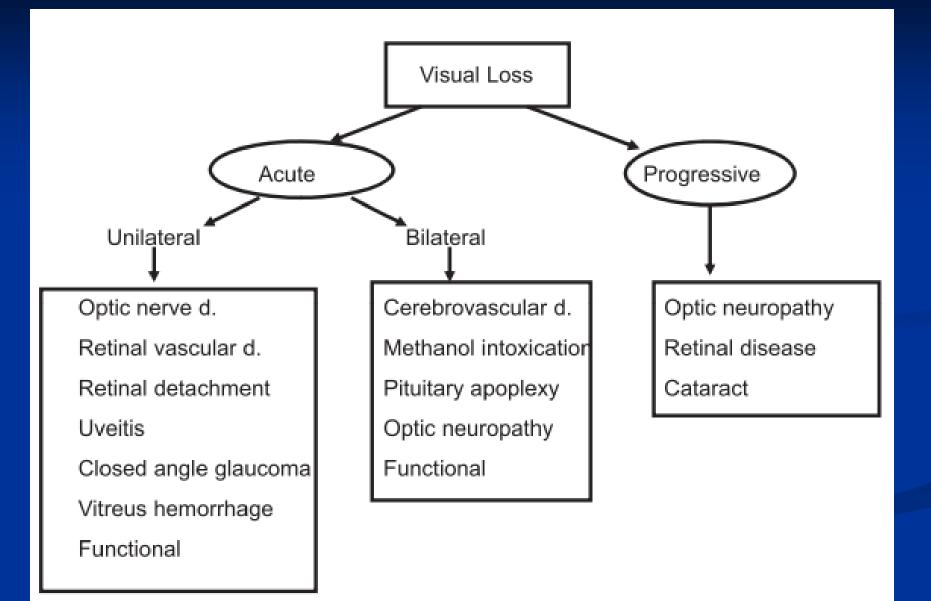
Head Impulse test Nystagmus Test of Skew

- Acute vertigo middle age man
- Headache Red flag!
- Normal head thrust Red flag!!





 "Stroke victim died on Christmas Day after paramedics diagnosed him with ear infection" Daily Mail, 24 March 2011

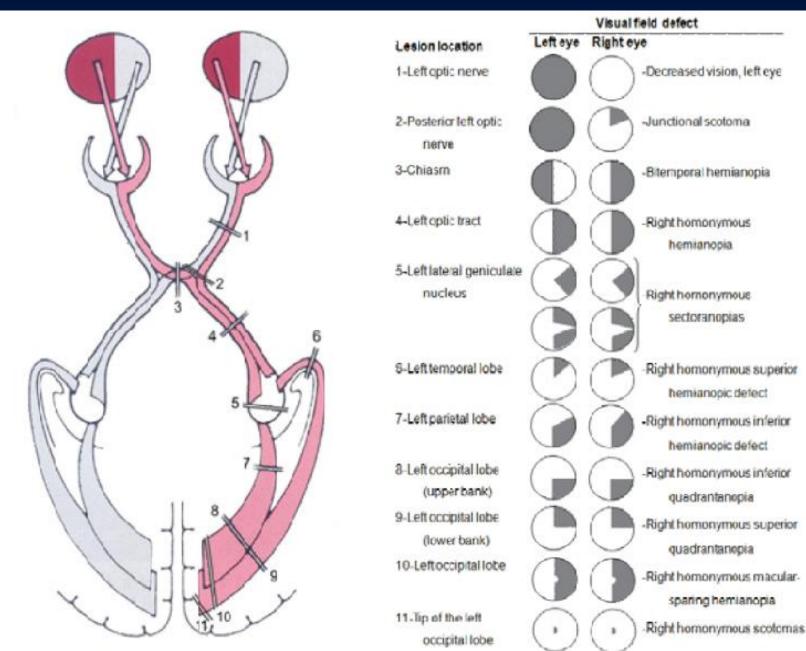


Neurological causes of sudden loss of vision

- Optic nerve/chiasm (MS, NMOSD, MOGAD)
- Papilledema/high ICP (IIH)
- AAION (Giant cell arteritis)
- **NAAION**
- Bilateral occipital lobe pathology (infarcts, PRES)
- Functional/psychogenic

Retrochiasmal pathology ??

Anatomy of Visual Pathways



The End !