

Pathology of Lower Female Genital Tract

Nisreen Abu Shahin, MD Associate professor of pathology University of Jordan, School of Medicine



NON-NEOPLASTIC (MORE COMMON):

Condylomas, Lichen Simplex Chronicus, and Lichen sclerosus are all not precancerous

LICHEN SCLEROSUS
LICHEN SIMPLEX CHRONICUS
CONDYLOMA ACCUMINATUM

NEOPLASTIC (LESS COMMON):

DYSPLASIA (VIN) VULVAR CANCER

Pathology of Lower Female Genital Tract

• Vulvar Diseases:

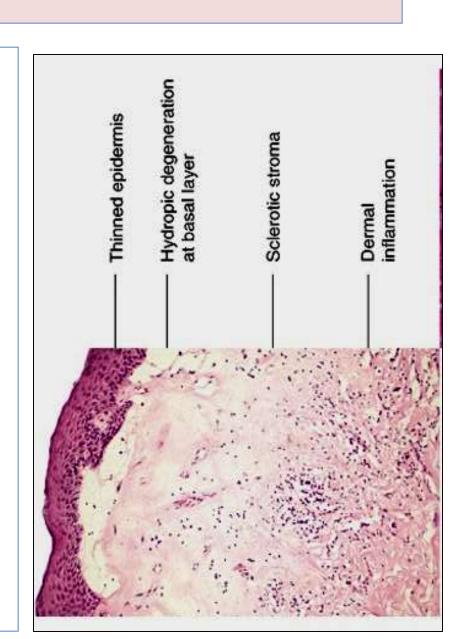
- Include non-neoplastic and neoplastic diseases.
- The neoplastic diseases are much less common.
- Of the neoplastic disorders, <u>squamous</u> cell carcinoma is the most common.

Non-neoplastic Vulvar Diseases

- Lichen sclerosus
- Lichen Simplex Chronicus
- Condyloma accuminatum

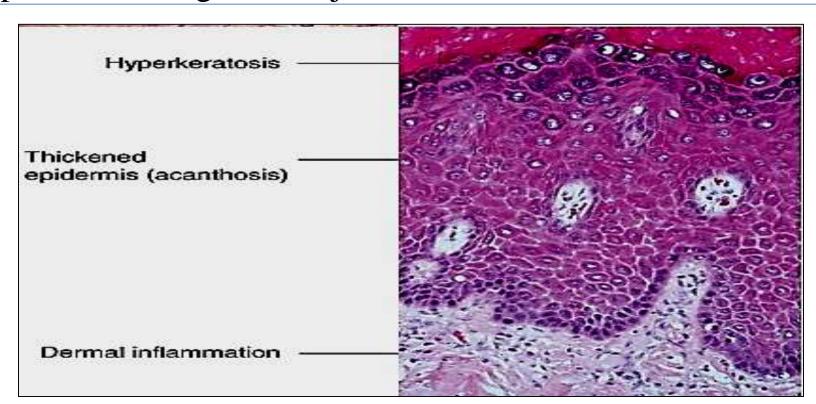
Lichen sclerosus

- postmenopausal women.
- white plaques; thinned out skin
- Microscopically: thinning of epidermis, disappearance of rete pegs, hydropic degeneration of basal cells
- pathogenesis: uncertain,(?)autoimmune
- is not pre-malignant by itself



Lichen Simplex Chronicus

- end result of many inflammatory conditions
- Clinical term: leukoplakia (whitish plaque)
- epithelial thickening, hyperkeratosis, epithelium shows no atypia.
- no increased predisposition to cancer, however, maybe present at margins of adjacent cancer.



cauliflower appearance

Condylomas

- Anogenital warts
- Infection by HPV (HPV type 6 and HPV type11, mainly)
- koilocytosis (perinuclear
 cytoplasmic vacuolization +
 nuclear pleomorphism).
- HPV types isolated from cancers differ from those found in condylomas.
- Condyloma is **not** precancerous by itself.

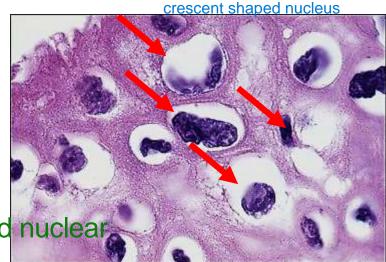
Low risk HPV is anogenital warts (condylomas)

more common, not pre malginant

white= space = cytoplasmic and nuclear changes



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Neoplastic Vulvar Diseases

- 1- Vulvar Intraepithelial Neoplasia (VIN)
- 2- Invasive Carcinoma of Vulva:

Types include:

Squamous Cell Carcinoma (most common); adenocarcinomas; melanomas; basal cell carcinomas

melanomas are precancerous vulvar lesion

HPV & Female Genital Diseases

- A common sexually transmitted infection of genital tract.
- Many different types of HPV including low risk and high risk types (risk here is for malignancy).
- Low risk HPV → anogenital warts (condylomas)
- High risk types → intraepithelial dysplasia and invasive cancers in all parts of lower female genital tract (vulva; vagina; and cervix) as well as male genital tract.
- Condylomas are similar in all these organs.
- Intraepithelial dysplasia and invasive cancers produced by HPV are similar in pathogenesis and morphology in all these locations.

HPV & Female Genital Diseases

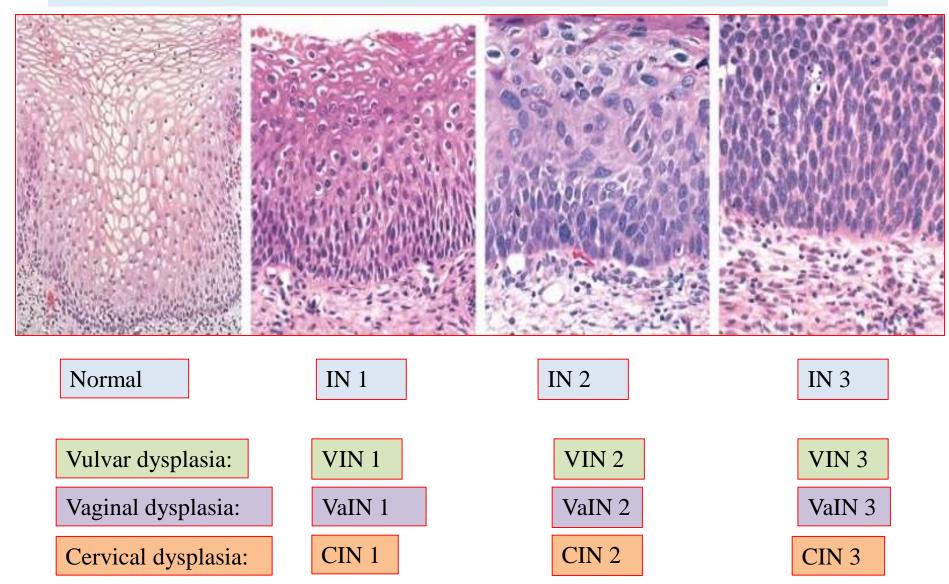
- high-risk HPV types (16, 18, 45, and 31) account for majority of precancerous lesions and invasive anogenital cancers
- peak age of **intraepithelial** neoplasia is about 30 years, whereas invasive cancer is about 45 years (progression to invasion needs 10-15 yr).
- HPV can be detected by molecular methods in nearly all precancerous lesions and invasive anogenital neoplasms.

- **High** risk HPV (especially HPV 16 and 18) usually integrate into the host genome and express large amounts of certain viral proteins called **E6** and **E7** proteins, which block or inactivate tumor suppressor genes *p53* and *RB*, respectively → accumulation of **mutations** and DNA damage eventually leads to **malignancy**
- recently introduced <u>HPV vaccine</u> used in USA and Europe is effective in preventing HPV infections and hence cervical cancers and other anogenital HPV-related cancers.

Intraepithelial Neoplasia (IN)- concepts:

- High risk HPV causes mutations in cells
- Dysplasia is graded depending on extent of epithelial involvement:
- *IN I: Mild dysplasia (<third of full epithelial thickness)
- *IN II: Moderate dysplasia (up to 2/3 of full epithelial thickness)
- *IN III: Severe dysplasia in full epithelial thickness (is equivalent to carcinoma in situ)
- Same concept and similar morphology in all lower genital tract organs.

Dysplasia = increased N/C ratio, nuclear enlargement, hyperchromasia, and abnormal nuclear membranes



High-grade Intraepithelial Neoplasia and Carcinoma of Ano-genital Organs Less common, high risk for progression to carcinoma

- high grade IN= IN II or IN III.
- IN III = carcinoma in situ
- may be multiple foci, or it may coexist with an invasive lesion.
- IN may be present for many years before progression to cancer.
- ?genetic, immunologic, environmental influences (e.g., cigarette smoking or superinfection with new strains of HPV) determine the course.

Vulvar Squamous cell carcinoma SCC

there are two biologic forms:

1- Basaloid or poorly differentiated SCC

- * most common (90%)
- * relatively younger
- ❖ HPV-related
- HPV lesions also in vagina and cervix.
- Poorly differentiated cells

2- Well-differentiated SCC

- Less common
- ❖ older women (60-70s).
- **❖** Not HPV-related
- Maybe found <u>adjacent</u> to lichen simplex or sclerosus
- well to moderately differentiated cells



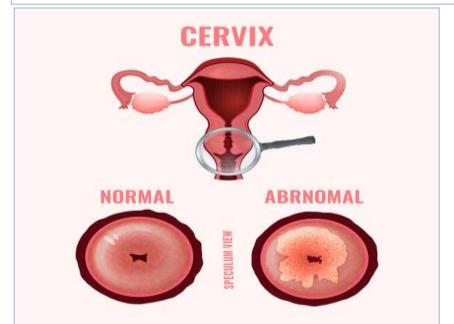
Cervical Diseases

PAP SMEAR TEST

CERVICAL CANCER

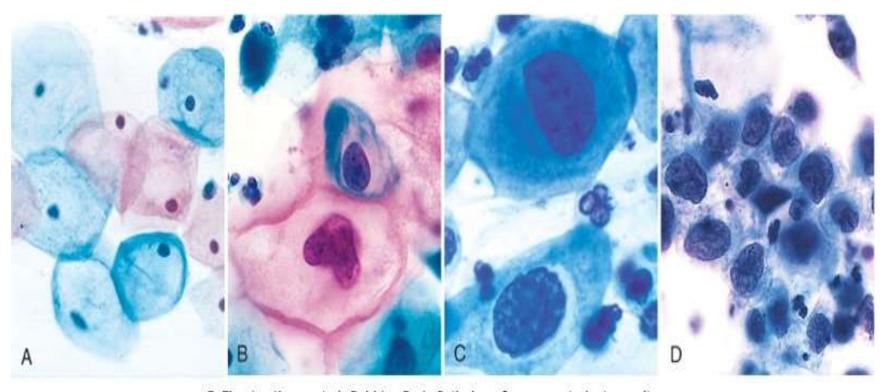
Cervical Carcinoma

- Used to be the most frequent cancer in women
- Papanicolaou (Pap) cervical smear: a screening test for detection of HPV related lesions of the uterine cervix.
- Cervical cancer incidence dropped (early detection of preinvasive and early cancer). It helped reduce cervical ca mortality by 99%.





Cervical Pap smear pictures



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Normal

CIN I

CIN II



Cervical Cancer

- Types: most common are SCC (75%), followed by adenocarcinomas and adenosquamous carcinomas (20%), and neuroendocrine carcinomas (<5%).
- SCC now has peak incidence at 45 years, almost 10 to 15 years after detection of their precursors: cervical intraepithelial neoplasia

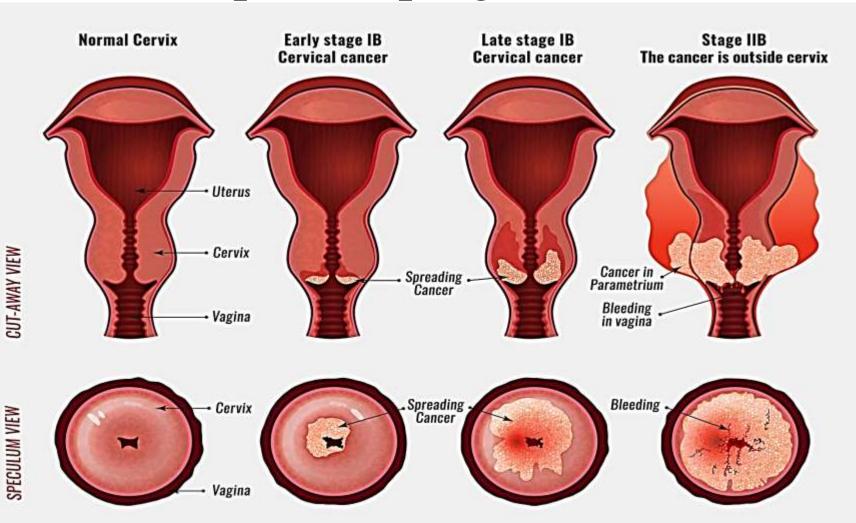
(CIN)

ADDITIONAL INFO:

Grading CIN depends on extent and severity of cytologic atypia

invasion and metastasis

Cervical cancer stage is one of the most important prognostic factors



Clinical Aspects of Cervical Cancers

- CIN: treatment by laser or cone biopsy
- Invasive cancer: surgical excision
- 5-year survival drops with increased stage:
- Pre-invasive (CIN) \rightarrow 100%;
- stage $1 \rightarrow 90\%$;
- stage $2 \rightarrow 82\%$;
- stage $3 \rightarrow 35\%$;
- and stage $4 \rightarrow 10\%$.
- Radiotherapy and Chemotherapy in advanced cases



Uterine Pathology

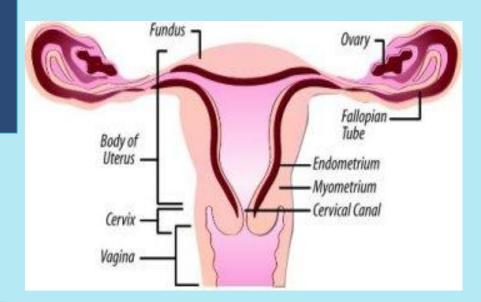
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Endometrium

- **Endometritis**
- Adenomyosis
- **Endometriosis**
- Endometrial Polyps
- Endometrial Hyperplasia
- Endometrial Carcinoma

Myometrium

- Leiomyoma
- Leiomyosarcoma



ENDOMETRITIS

- Inflammation of the endometrium.
- Causes:

- Can occur following invasive surgery in the uterus and is not always associated with sexually transmitted infections.
- 1- infections pelvic inflammatory disease (PID)
- 2-miscarriage or delivery

Septic abortion may be followed by acute endometritis

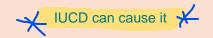
- 3- intrauterine device (IUCD).
- acute or chronic
- fever, abdominal pain, menstrual abnormalities,
 infertility and ectopic pregnancy due to damage to the fallopian tubes.
- Rx: removal of cause, antibiotics, D&C. Dilatation and curettage

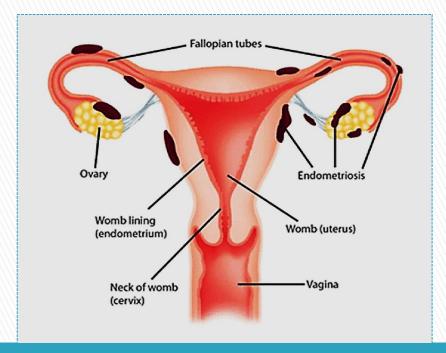
ADENOMYOSIS

- endometrial stroma, glands, or both embedded in **myometrium**.
- ▶ Thick uterine wall, enlarged uterus.
- Derived from stratum basalis > no cyclical bleeding.
- menorrhagia, dysmenorrhea (due to enlarged uterus, uterine contractions are exaggerated)

ENDOMETRIOSIS

- endometrial glands and stroma outside the uterus (not cancer!).
- ▶ 10% in reproductive yrs; ↑ infertility.
- dysmenorrhea, and pelvic pain, pelvic mass filled with blood (chocolate cyst).
- Multifocal in pelvis (ovaries, pouch of Douglas, uterine ligaments, tubes, and rectovaginal septum).
- Sometimes distant sites (e.g. umbilicus, lymph nodes, lungs, ...)





Common locations of endometriotic lesions

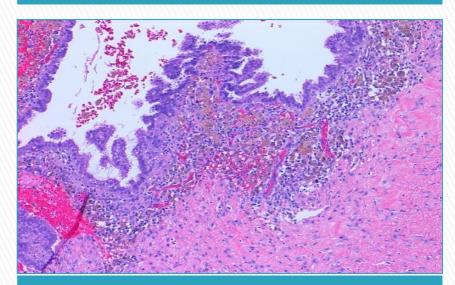


Intraoperative view of endometriosis



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"Chocolate" cyst in an ovary



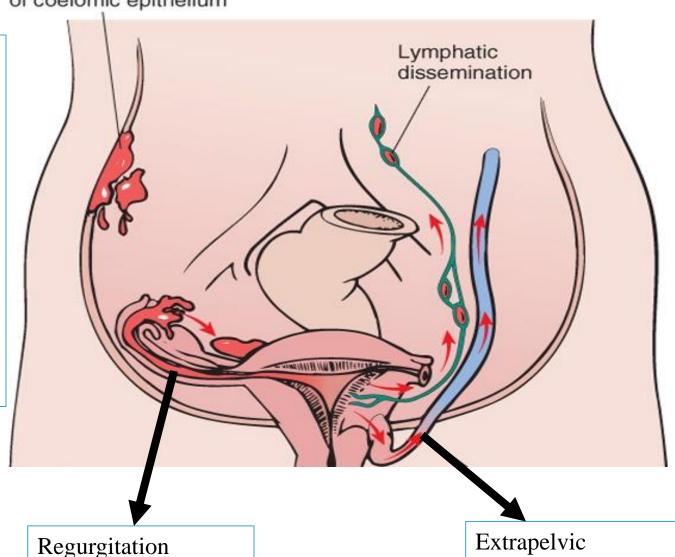
Microscopic view of endometriosis

ENDOMETRIOSIS- Pathogenesis

- ▶ 4 theories:
- > Regurgitation theory. (most accepted). Menstrual backflow through tubes and implantation..
- > Metaplastic theory. Endometrial differentiation of coelomic epithelium.
- > Vascular or lymphatic dissemination theory. explain extrapelvic or intranodal implants.
- Extrauterine stem/progenitor cell theory, proposes that circulating stem/progenitor cells from bone marrow differentiate into endometrial tissue

Metaplastic differentiation of coelomic epithelium

Conceivably, all pathways are valid in individual instances.



Regurgitation through fallopian tube

dissemination through pelvic veins

ENDOMETRIOSIS

- contains <u>functionalis</u> endometrium, so undergoes <u>cyclic bleeding</u>.
- Consequences: fibrosis, sealing of tubal fimbriated ends, and distortion of the ovaries.
- Diagnosis; 2 of 3 features: endometrial glands, endometrial stroma, or hemosiderin pigment.

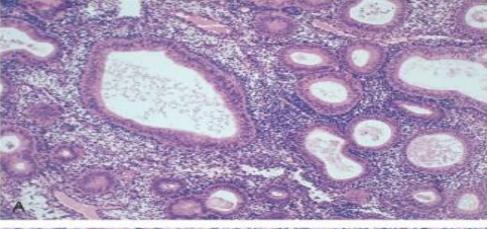
particle representing an iron storage complex that is formed by the breakdown of hemoglobin or an abnormal metabolic pathway of ferritin

Endometrial Hyperplasia

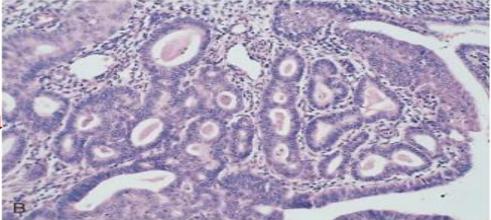
- ▶ prolonged or marked excess of estrogen relative to progestin → exaggerated proliferation → may progress to cancer
- Infertility; Prolonged estrogen replacement therapy; Estrogen-secreting ovarian tumors.
- severity is based on architectural crowding and cytologic atypia, ranging from:
- 1- typical hyperplasia
- 2- Atypical hyperplasia (20% risk of cancer). highest risk to develop endometrial carcinoma



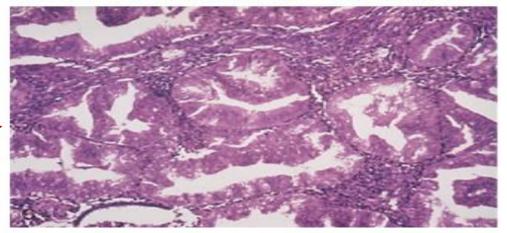
Simple hyperplasia



Complex Hyperplasia



Atypical Hyperplasia



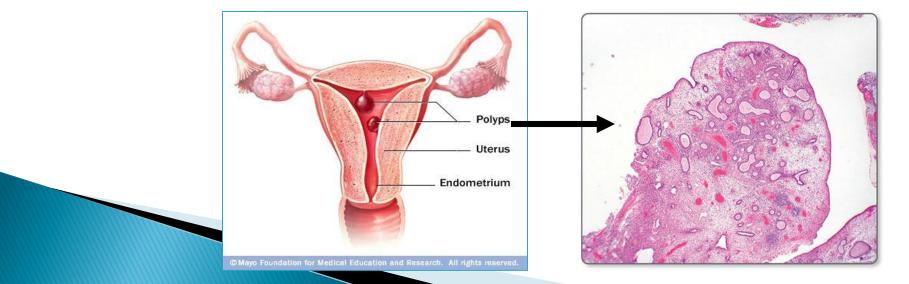
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TUMORS OF THE ENDOMETRIUM

Benign Endometrial Polyps

wide base, sessile or pedunculated

- endometrial dilated glands, with small muscular arteries and fibrotic stroma.
- no risk of endometrial cancer.



Endometrial Carcinoma

- **the most common cancer in female genital tract.**
- ▶ 50s and 60s.
- two clinical settings:
- 1) perimenopausal women with estrogen excess
- 2) older women with endometrial atrophy.
- These scenarios are correlated with differences in histology:
- 1-type I cancers: prototype is called *endometrioid*
- 2- type II cancers: prototype is <u>serous carcinoma</u>, respectively.

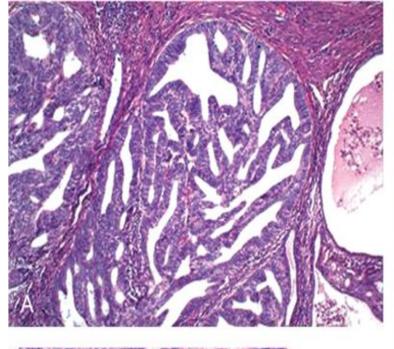
Endometrioid Carcinoma

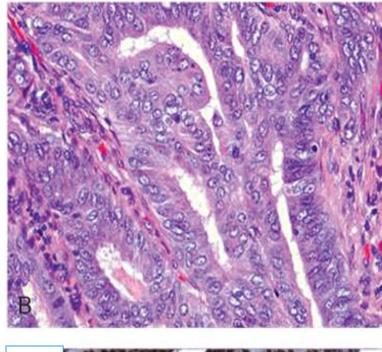
- similar to normal endometrium.
- risk factors: Obesity; Diabetes; Hypertension; Infertility; Prolonged estrogen replacement therapy; Estrogensecreting ovarian tumors.
- <u>precancerous</u> lesion is atypical endometrial hyperplasia
- Mutations in DNA mismatch repair genes and *PTEN*
- **Prognosis:** depends on stage. (5-year survival in stage I= 90%; drops to 40% in stages III and IV.)

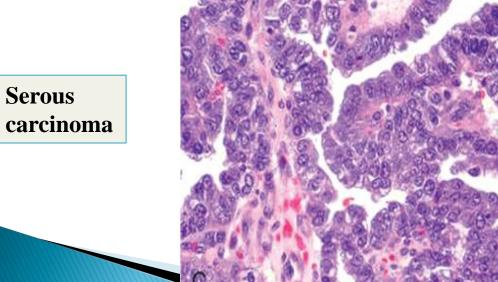
Serous Carcinoma

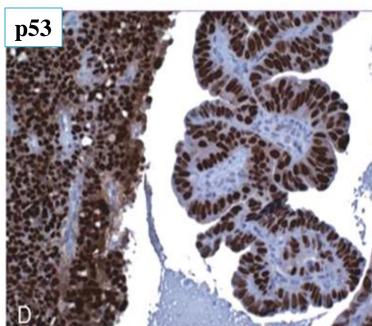
- ▶ No relation with endometrial hyperplasia
- **▶** Not hormone-dependent
- Mutations in *p53* tumor suppressor gene.
- Prognosis: depends on operative staging with peritoneal cytology. Generally worse than endometrioid ca.

Endometrioid carcinoma









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Tumors of the myometrium

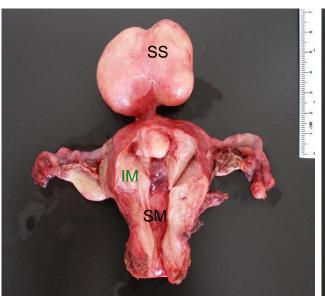
- ▶ Lieomyoma = fibroids
- Benign tumor of smooth muscle cells
- most common benign tumor in females (30% 50% in reproductive life).
- Estrogen-dependent; shrink after menopause.
- circumscribed, firm gray-white masses with whorled cut surface.

ADDITIONAL INFO: BRCA gene exists in hereditary ovarian cancer hereditary uterine cancer.
Breast cancer hereditary fallopian cancer
Tumor suppressor gene

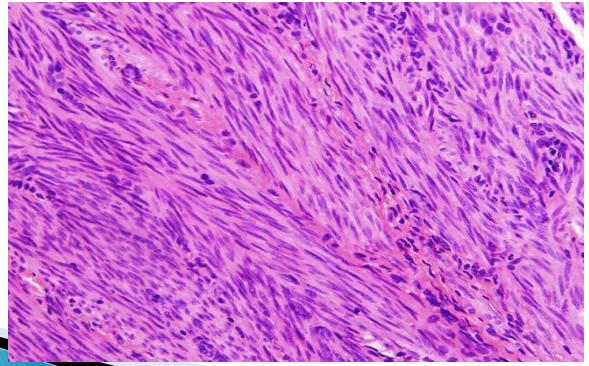
Leiomyomas

- ▶ Location: (intramural), (submucosal), or (subserosal).
- may develop hemorrhage, cystic change or calcification.
- Clinically: asymptomatic or symptomatic;
 menorrhagia; a dragging sensation, anemia, etc...
- leiomyomas almost **never** transform into sarcomas, and the presence of multiple lesions <u>does not</u> increase the risk of malignancy.



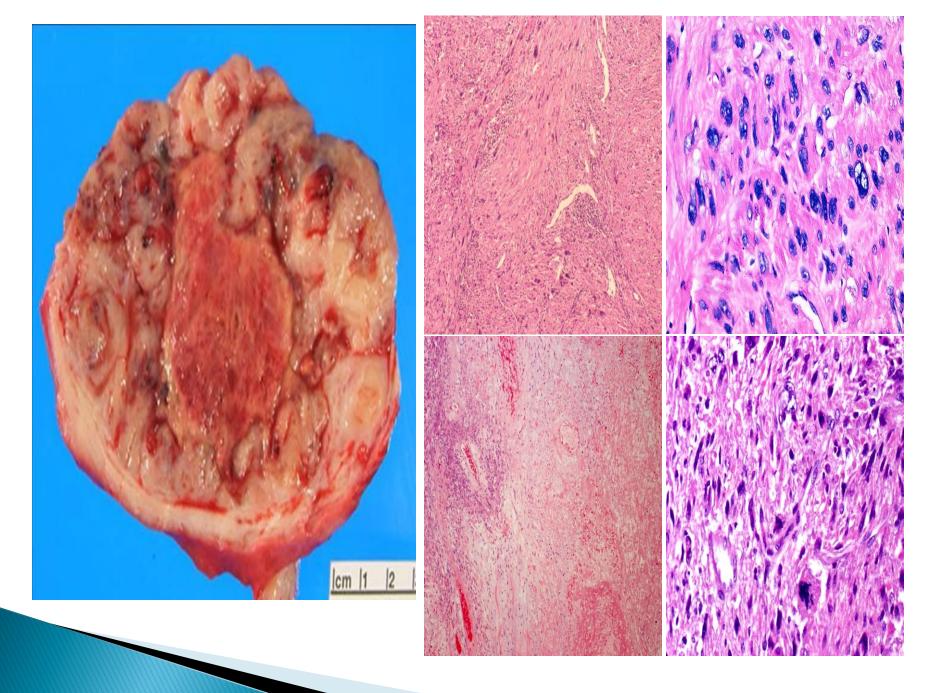






Lieomyosarcoma

- Malignant counterpart of leiomyoma.
- <u>not</u> from preexisting leiomyomas.
- hemorrhagic, necrotic, infiltrative borders.
- diagnosis: coagulative necrosis, cytologic atypia, and mitotic activity.
- Recurrence common, and metastasize, 5-year survival rate 40%.





Ovarian and Fallopian Tube Pathology

ADDITIONAL INFO: Stein-Leventhal syndrome, also called polycystic ovary syndrom

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Topics covered in this lecture:

Ovarian neoplasms:

- Classification
- Serous tumors
- Mucinous tumors
 - Teratomas
 - Clinical aspects

Fallopian tube diseases:

- Ectopic pregnancy
- Tubal malignancies

Ovarian Neoplastic Diseases

- 5th most common cancer in women.
- 5th leading cause of cancer death in women.
- 3 Origins of primary ovarian tumors:
 - 1- epithelium
 - 2- germ cells
 - 3- sex cord/stromal cells.
- Each of these cell types gives rise to a variety of tumors
- Secondary tumors of the ovary are metastatic malignancies that spread to the ovaries.

Epithelial Ovarian Neoplasms

- Account for the majority of ovarian tumors
- •in their malignant forms, account for 90% of ovarian cancers

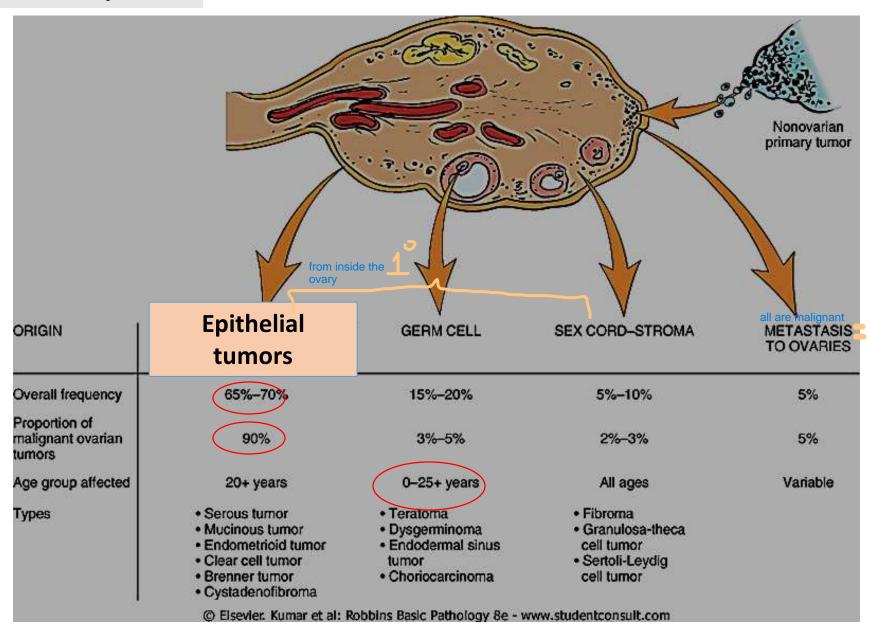
The most common ovarian malignant diseases are derived from Surface epithelial cells

- Previously were thought to arise from coelomic epithelium that covers the ovarian surface
- Recent studies have shown that they actually arise from the fimbriated end of fallopian tube or epithelial cysts in the cortex of ovary.

Germ cell and sex cord—stromal cell tumors

- less frequent
- constitute 20% to 30% of ovarian tumors
- collectively responsible for less than 10% of malignant tumors of the ovary (so many pf them are benign)

Ovarian Neoplasms



Ovarian neoplasms - Pathogenesis:

- •Risk factors:
- nulliparity
- •family history (Only 10%)

Note: OCPs may <u>reduce</u> risk.



Ovarian Epithelial Neoplasms-Pathogenesis:

- Sporadic cases
- **BRCA** 1 and 2 mutations: 10% of sporadic cases
- *p53* (50%)

percentages are NOT required

- HER2/NEU over-expression (35%)
- K-RAS protein over-expression (30%) (mucinous)
- Familial cases
- BRCA1 and 2

SURFACE EPITHELIAL TUMORS-types:

- represents the highest proportion of malignant ovarian tumors
- The most common ovarian neoplasms are derived from surface epithelial stromal cells

- 1- Serous
- 2- Mucinous
- 3- Endometrioid
- 4- Clear cell
- •5- Brenner

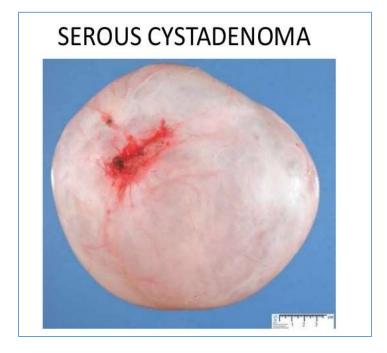
 All types include benign, borderline, and malignant tumors

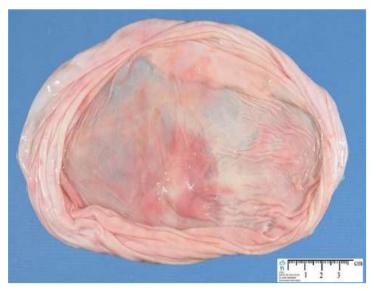
1- Serous Tumors

- the most frequent ovarian tumors.
- Include: 60% benign, 15% borderline, and 25% malignant.
- the most common malignant ovarian tumors (60%)
- Genetics:
- **BRAF** and **K-RAS** mutations → borderline & low grade serous carcinomas
- **p53** and **BRCA1** mutations → High-grade serous carcinomas

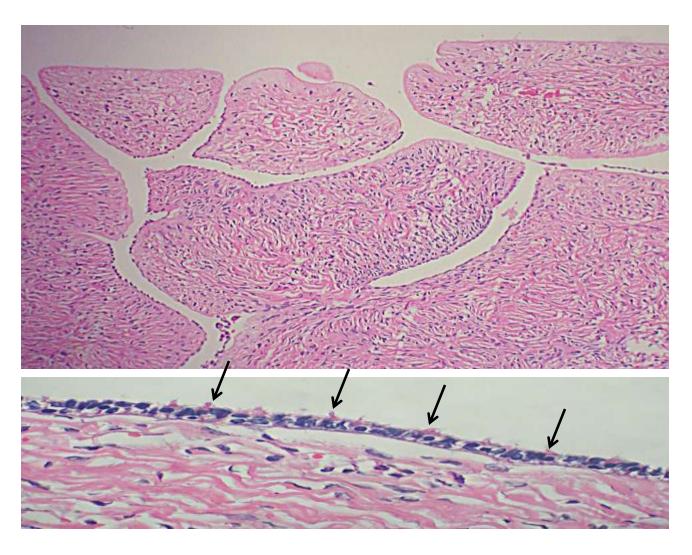
Benign serous tumors: Morphology

- Benign serous tumors:
- cystic; large; (30 cm).
- May be bilateral.
- filled with a clear serous fluid
- **single layer** of columnar epithelium. Some cells are <u>ciliated</u>.
- Psammoma bodies (laminated calcified concretions) are common in tips of papillae of <u>all</u> serous tumors



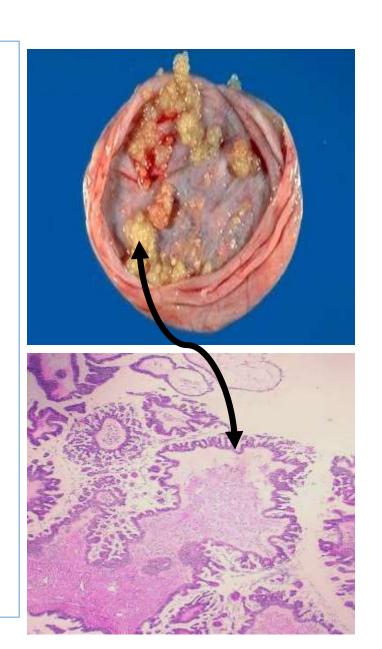


Benign serous tumors:



Borderline Serous Tumors

- Complex architecture
- Mild cytologic atypia
- No stromal invasion
- May have peritoneal implants
- can recur and some can progress to carcinoma
- Prognosis: intermediate between benign and malignant types
- (survival with peritoneal metastases 75%)



Malignant Serous Tumors-There are two types of ovarian serous carcinomas:

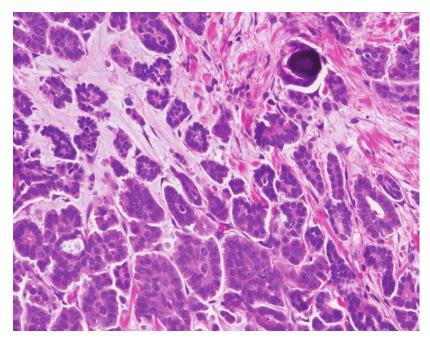
- low-grade serous carcinoma:
- arise from borderline lesions
- progress slowly to become invasive carcinoma
- Differentiated morphology
- mutations in KRAS+ BRAS

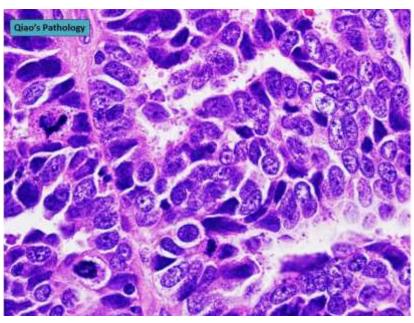
high-grade serous carcinoma:

- develop rapidly
- many arise form fallopian tube via serous tubal intraepithelial carcinoma, rather than ovarian coelomic epithelium.
- mutations in TP53
- Anaplasia of cells and <u>invasion</u> of the stroma.
- prognosis poor, depends on stage at the time of diagnosis.

Low grade serous carcinoma

High grade serous carcinoma

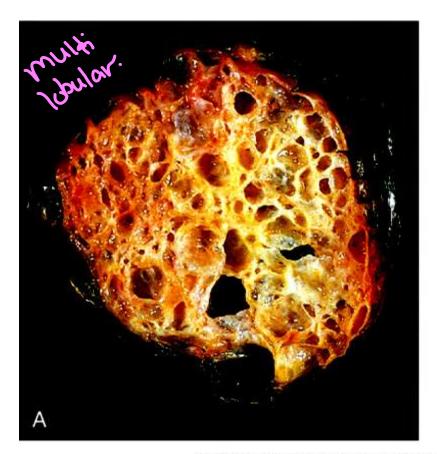




2- Mucinous ovarian tumors

- mucin-secreting cells.
- •80% benign; 10% borderline; **10**% **malignant** (cystadenocarcinoma)
- Usually large and multilocular.
- •psammoma bodies **not** found
- stage is major determinant of prognosis

Mucinous ovarian tumors





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Germ Cell Tumors

Germ cell tumors are rare. Germ cell tumors account for about 2 to 4 percent of all cancers in children and adolescents younger than age 20

- Types according to differentiation:
- dysgerminoma (differentiation to oogonia)
- Embryonal carcinoma (differentiation to primitive embryonal tissue)
- yolk sac tumor(differentiation to endodermal sinus)
- choriocarcinoma (differentiation to placental tissue)
- Teratoma (differentiation to multiple tissue types).

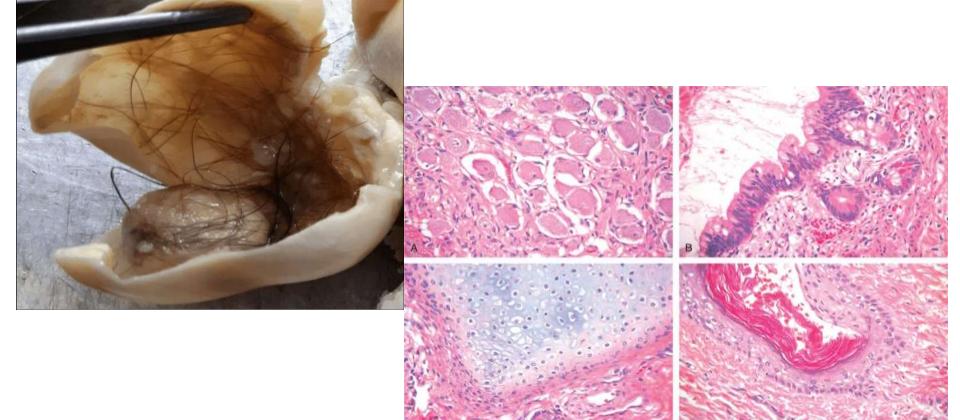
Benign (Mature) Cystic Teratoma

- totipotential germ cells form mature tissues of all three germ cell layers
- 15% -20% of ovarian tumors
- Many discovered incidentally
- 90% unilateral
- cyst filled with sebaceous secretion and hair; bone and cartilage; epithelium, or teeth.
- •> 90% are benign mature cystic teratomas
- <u>immature</u> (malignant variant) is rare.
- torsion (10% to 15% of cases)

the immature teratoma is a Benign tumor found in prepubertal adolescents and young woman

ADDITIONAL INFO: In polycystic ovary syndrome, estrogen levels are elevated, increasing the risk of Endometrial cancer

Benign (Mature) Cystic Teratoma



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Clinical Correlations for All Ovarian Tumors

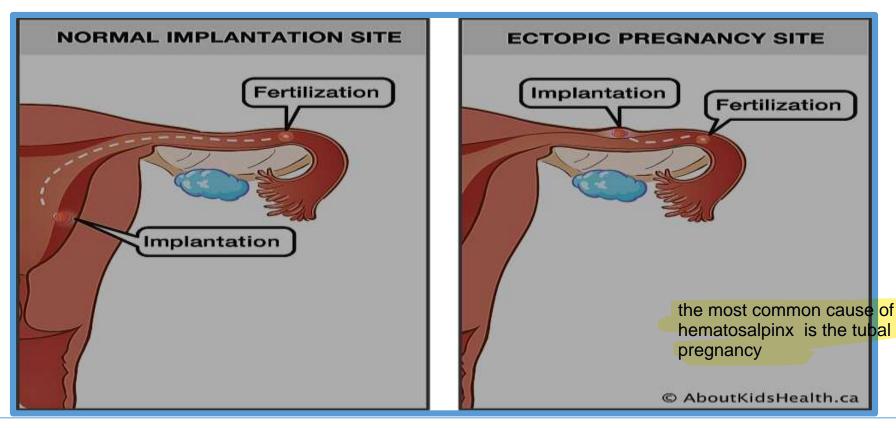
- Clinical presentation of all is similar:
- <u>Abd. pain</u>, <u>gastrointestinal</u> complaints, <u>urinary</u>
 <u>frequency</u>; rarely <u>torsion</u> producing severe abdominal pain mimicking an "acute abdomen."
- Ascites (in Fibromas and malignant serous tumors).
- Functioning ovarian tumors: Estrogens or androgens.
- Treatment: surgery + chemotherapy + radiotherapy
- Outcome of ovarian cancers remains unsatisfactory
- Malignant tumors are usually discovered in advanced stages
- survival minimally improved since 1970s.
- No early Screening methods are yet available

Pathology of the Fallopian tubes

ECTOPIC PREGNANCY

- implantation of the fertilized ovum outside uterus
- Incidence: 1%
- 90% of cases ocurr in fallopian tubes
- other sites: ovaries, abdominal cavity
- Predisposing factors: tubal obstruction (50%) PID; tumors; endometriosis; IUCD..
- In 50%: no anatomic cause can be demonstrated.

Normal versus ectopic pregnancy



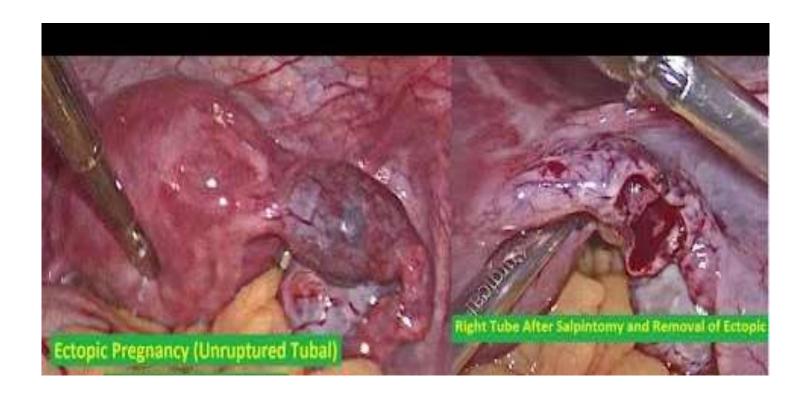
Early: development of embryo and placental tissue

Later: placenta burrows through tubal wall causing intratubal hematoma (hematosalpinx) and intraperitoneal hemorrhage.

Rupture: intense abdominal pain (acute abdomen), often followed by shock.

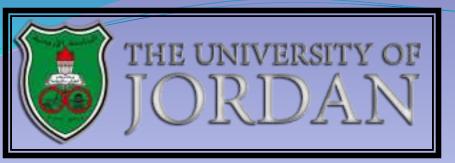
Prompt surgical intervention is necessary.

Ectopic pregnancy- Management



Tubal malignancies

- most common histologic type is serous carcinoma.
- may be the origin for many ovarian high-grade serous carcinomas
- serous tubal intraepithelial carcinoma (STIC) in fimbriated ends of fallopian tubes.
- STICs have mutations in TP53 in 90% of cases
- increased in women with BRCA mutations
- Because of their access to peritoneal cavity, fallopian tube carcinomas frequently spread to omentum and peritoneal cavity at time of presentation (advanced).



Trophoblastic diseases

ADD INFO :trophoblast cells;

are cells forming the outer layer of a blastocyst, which provides nutrients to the embryo, and develops into a large part of the placenta

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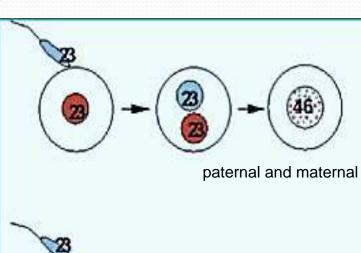
Hydatidiform Mole



- 2 forms of abnormal gestational processes, result from abnormal fertilization:
- 2 types:
- **complete mole**: an empty egg is fertilized by two spermatozoa (or a diploid sperm), yielding a **diploid** karyotype composed of entirely paternal genes
- partial mole: a normal egg is fertilized by two spermatozoa (or a diploid sperm), resulting in a triploid karyotype with a predominance of paternal genes
 An abnormal gestation containing both maternal and paternal DNA







Normal conception

- 2 sets of genes
- 1 paternal
- 1 maternal
- normal fetus

2 sperms or one diploid sperm

Complete mole

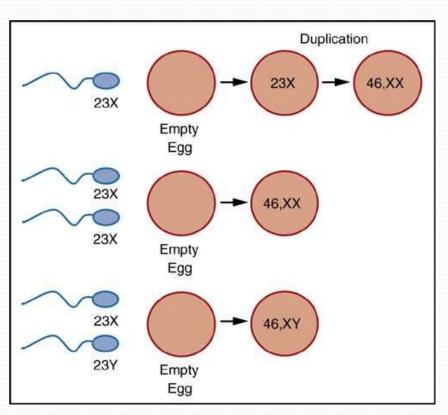
- 2 sets of paternal genes
- no maternal genes no DNA material
- no fetus

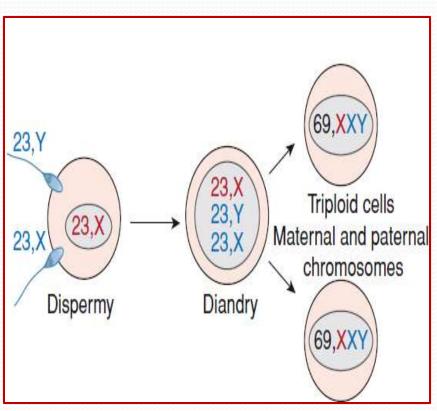
- Partial mole
 - 3 sets of genes
 - 1 maternal
 - 2 paternal
 - non-viable fetus may be early fetal development

NO MATERNAL NO FETUS

Complete mole

Partial mole

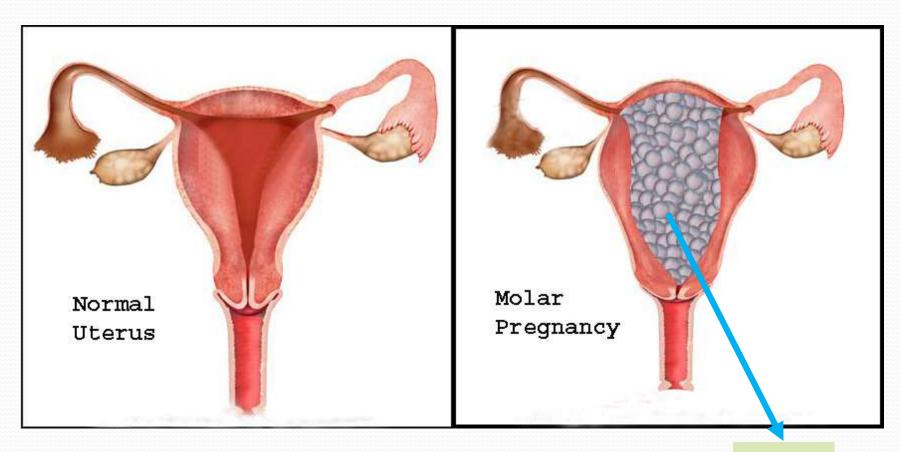




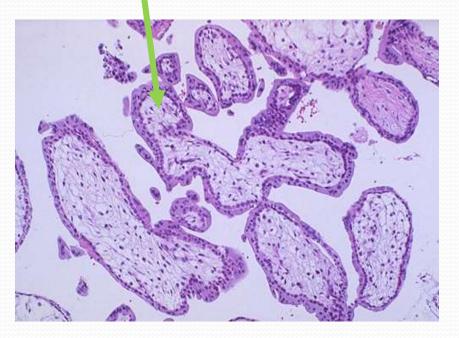
- <u>complete</u> hydatidiform mole → does <u>not</u> permit embryogenesis = <u>never</u> contains fetal parts, and the chorionic epithelial cells are diploid (46,XX or, uncommonly, 46,XY).
- <u>partial</u> hydatidiform mole → compatible with <u>early</u> embryo formation and may contain fetal parts, has some normal chorionic villi, and is almost always triploid (e.g., 69,XXY).

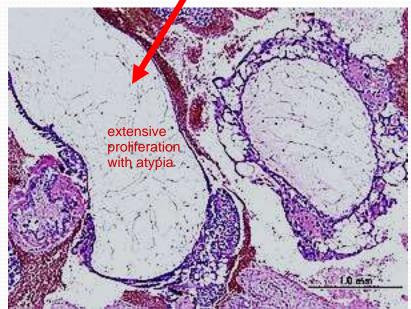


Normal uterus vs mole pregnancy



Normal Pregnancy versus Mole – histology





chorionic villi placental tissues

villi inside then a mesenchyme surrounded by trophoblasts cells





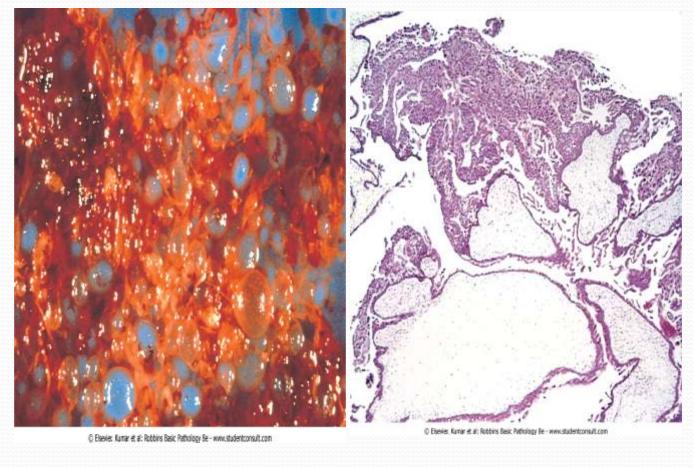
Normal Pregnancy versus Mole – Ultrasound





Vesicles
"Snow storm"

Morphology: cystically dilated chorionic villi (grapelike structures); villi are covered by varying amounts of mildly to highly atypical chorionic epithelium







Feature	Complete Mole	Partial Mole
Karyotype	46,XX (46,XY)	Triploid (69,XXY)
Villous edema	All villi	Some villi
Trophoblast proliferation	Diffuse; circumferential	Focal; slight
- Atypia	Often present	Absent
Serum hCG	Elevated	Less elevated
hCG in tissue chorionic villi	++++	+
Behavior	2% choriocarcinoma should be terminated	Rare choriocarcinoma

- incidence → 1 to 1.5 per 2000 pregnancies; higher incidence in **Asian** countries.
- Moles are most common before <u>maternal</u> age 20 years and after age 40 years
- Early monitoring of pregnancies by ultrasound → early diagnosis of hydatidiform mole.
- Clinically: Elevations of hCG in the maternal blood and absence of fetal parts by ultrasound



• Prognosis:

- complete moles:
- 80% to 90% \rightarrow no recurrence
- 10% → invasive mole (invades myometrium)
- 2% to 3% → choriocarcinoma. have a risk to develop choriocarcinoma
- Partial moles:
- better prognosis and rarely give rise to choriocarcinomas.





- very aggressive malignant tumor arises from gestational chorionic epithelium or from gonads.
- rare (1 in 30,000 preg); more common in Asian and African countries.

risk factor of molar pregnancy

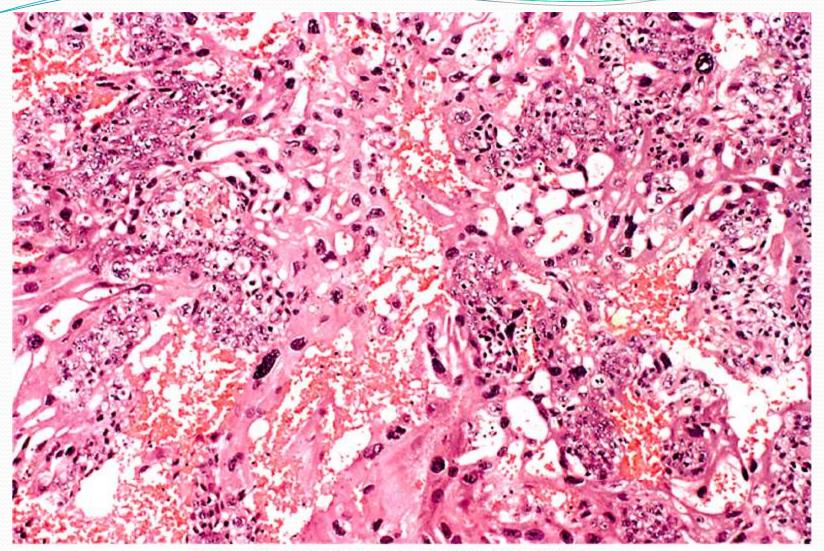
Risk greater before age 20 and after age 40.

bimodal age

• 50% arise in complete hyaditidiform moles; 25% arise after an abortion, and most of the rest in normal pregnancy

- Clinically: bloody, brownish discharge and very high titer of hCG in blood and urine.
- very hemorrhagic, necrotic masses within the myometrium
- chorionic villi are <u>not</u> formed; tumor is composed of anaplastic cytotrophoblast and syncytiotrophoblast.





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- Prognosis:
- widespread dissemination via **blood** to lungs (50%), vagina, brain, liver, and kidneys.
- Lymphatic invasion is <u>uncommon</u>
- Despite extreme aggressiveness, good response to

chemotherapy.

Poor response to chemotherapy in choriocarcinomas that arise in the gonads (ovary or testis).

