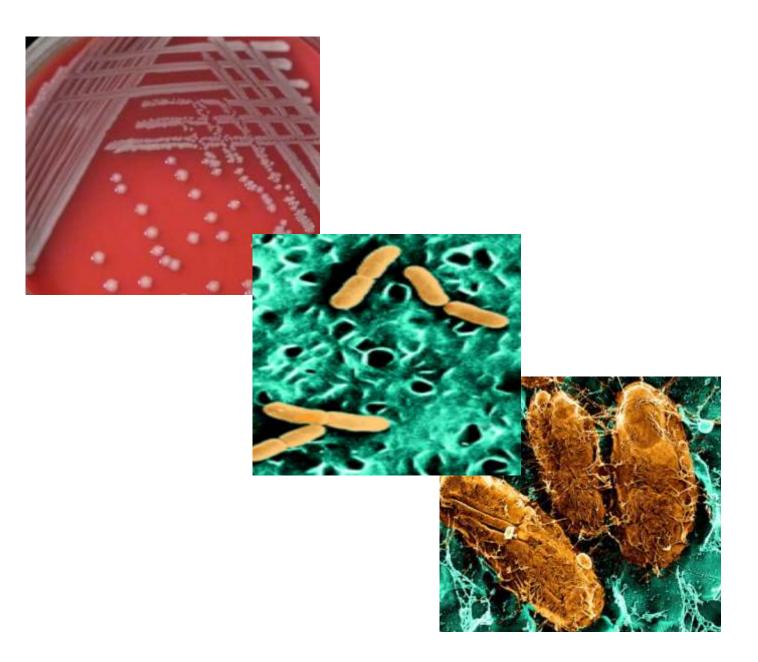
# Microbiology of Urogenital system

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Lecture 6

Genital infections encompasses a variety of clinical entities, including:

- Bacterial vaginosis
- Gonorrhoea
- Chlamydia
- Syphilis
- Chancroid

- Trichomoniasis
- Vulvovaginal candidiasis
- Genital warts
- Genital herpes
- Human immunodeficiency virus.

# SEXUALLY TRANSMITTED AND SEXUALLY TRANSMISSIBLE MICROORGANISMS

BACTERIA VIRUSES OTHER<sup>a</sup>

Transmitted in Adults Predominantly by Sexual Intercourse

Trichomonas

Pthirus pubis

vaginalis

Neisseria gonorrhoeae HIV(types 1 and 2) Chlamydia Human T cell lymphotropic trachomatis virus type 1 Herpes simplex virus Treponema pallidum Haemophilus ducreyi type 2 Klebsiella (Calym-Human papillomavimatobacterium) rus (multiple genital granulomatis genotypes) Hepatitis Bvirus<sup>b</sup> Ureaplasma Molluscum contagiosum urealyticum Mycoplasma virus

genita lium

#### Ulcerative genital infections

- Genital ulceration reflects a set of important STIs, most of which sharply increase the risk of sexual acquisition and shedding of HIV.
- PCR testing of ulcer specimens demonstrated **HSV** in 62% o patients, **Treponema** pallidum (the cause of syphilis) in 13%, and **Haemophilus ducreyi** (the cause of chancroid) in 12–20%.
- In Asia and Africa, chancroid was once considered the most common type of genital ulcer, PCR testing of genital ulcers now clearly implicates genital herpes was by far the most common cause of genital ulceration.



FIGURE 35-7

Lymphogranuloma venereum (LGV): striking tender lymphadenopathy occurring at the femoral and inguinal lymph nodes, separated by a groove made by Poupart's ligament. This 'signof-the-groove" is not considered specific for LGV, for example, lymphomas may present with this sign.



FIGURE 78-2 Primary syphilis with a firm, nontender chancee.



FIGURE 35-6 Genital herpes. A relatively mild, superficial ulcer is typically seen in episodic outbreaks. (Courtesy of Michael Remington, University of Washington Virology Research Clinic.)

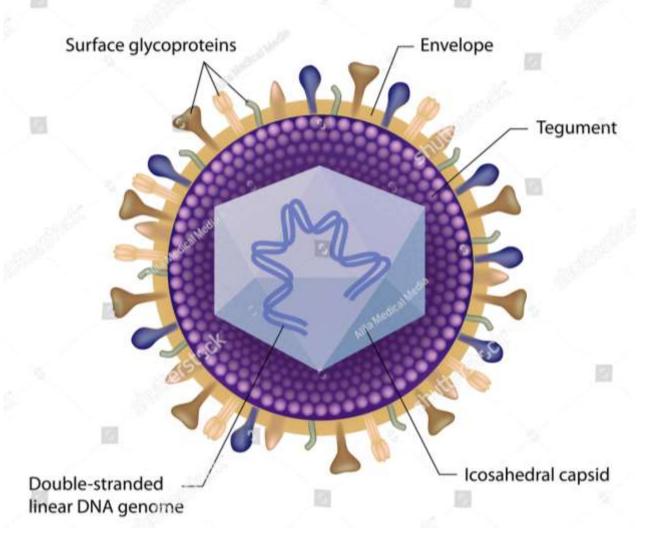


FIGURE 35-5 Chancroid: multiple, painful, punched-out ulcers with undermined borders on the labia occurring after autoinoculation.

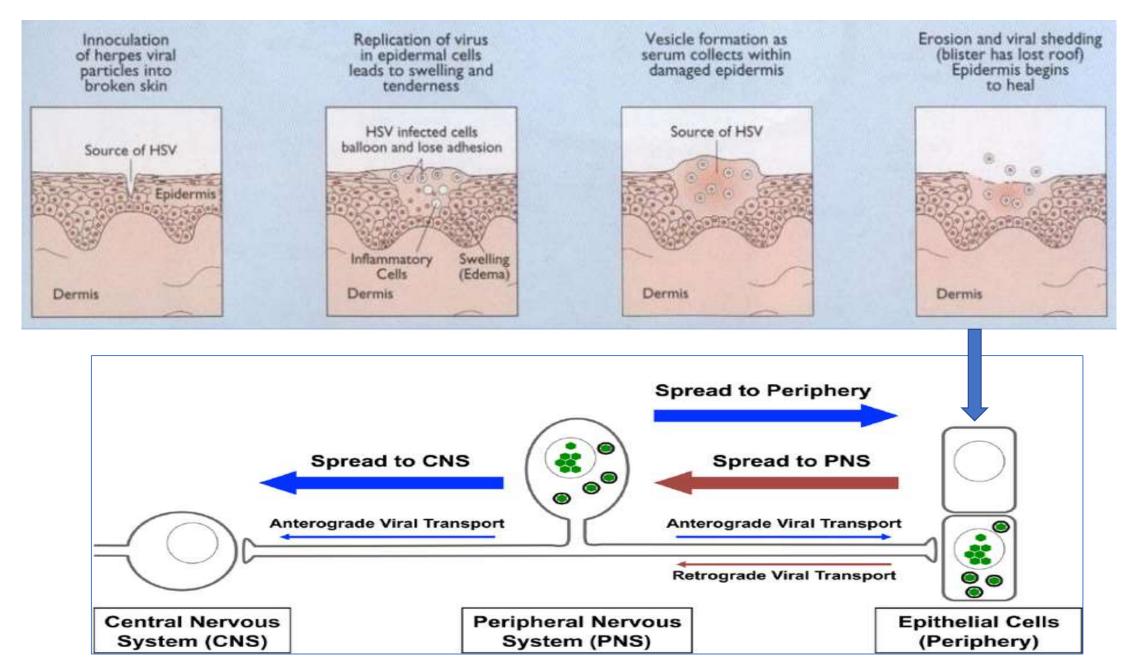
Ulcerative genital infections / Genital herpes / epidemiology

- Genital herpes is a common sexually transmitted disease, affecting more than 400 million persons worldwide
- In the United States, nearly **one in five adults** (approximately 50 million persons) has **HSV-2** infection, with 1 million new infections occurring each year.
- It is characterized by lifelong infection and periodic reactivation

#### Herpes Simplex Virus

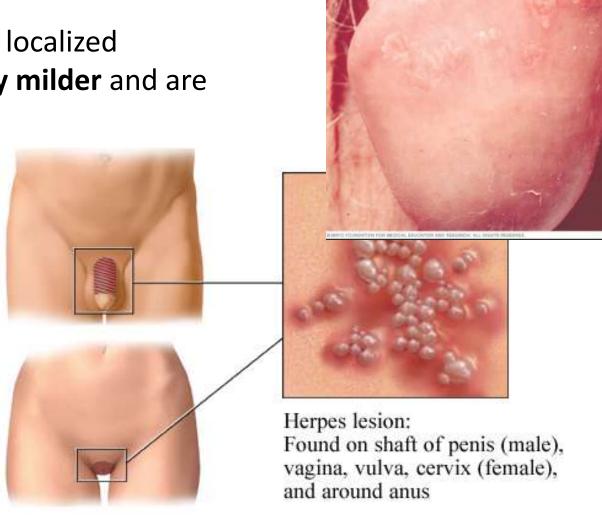


Ulcerative genital infections / Genital herpes / pathophysiology



Ulcerative genital infections / Genital herpes/ signs and symptoms

- A visible outbreak consists of **single or clustered vesicles** on the genitalia that **ulcerate before resolving**.
- Primary infections may cause malaise, fever, or localized adenopathy, **Subsequent outbreaks are usually milder** and are caused by reactivation of latent virus.
  - Patients with HSV-1 infection average zero to one recurrence per year, whereas HSV-2 recurs four to five times annually
  - Asymptomatic viral shedding is common, occurring on 10% to 20% of all days, and facilitates viral transmission.



Ulcerative genital infections / Genital herpes/ Diagnosis and treatment

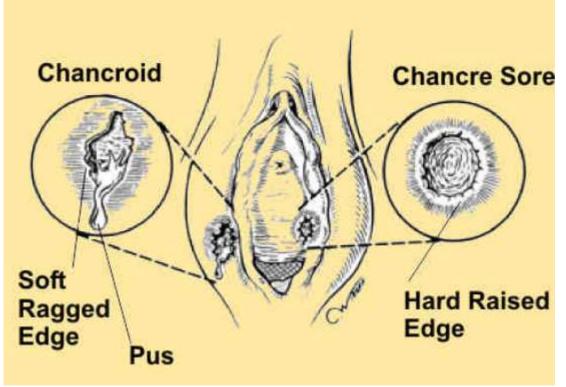
- Viral culture from vesicular fluid and ulcerated lesions are useful for definitive diagnosis
- PCR- based viral detection is rapid and specific. And so is Viral antigen detection.
- Systemic antiviral drugs especially acyclovir, valacyclovir, and famciclovir can partially control the signs and symptoms of genital herpes when used to treat first clinical and recurrent episodes or when used as daily suppressive therapy.
- These drugs do not eradicate latent virus nor affect the risk, frequency, or severity of recurrences after the drug is discontinued.
- **Symptomatic treatment** saline bathing, analgesia, and topical local anaesthetic agents (e.g. 5% lidocaine) ointment for painful micturition.



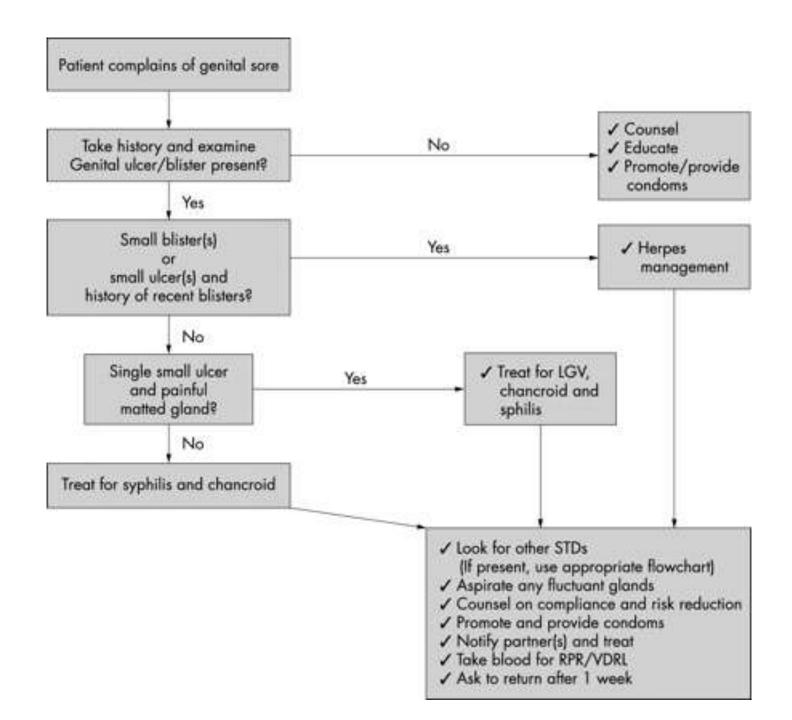
#### Ulcerative genital infections / Chancroid

- Chancroid is a sexually transmitted disease (STD)
  caused by the Gram negative bacterium
  Haemophilus ducreyi and is characterised by
  necrotising genital ulceration
- Painful, erythematous papules develop on the external genitalia develop into pustules, and then erode into sloughy, non- indurated haemorrhagic ulcers
- Single dose oral azithromycin or ciprofloxacin and intramuscular ceftriaxone regimens offer advantages in terms of improved patient compliance.





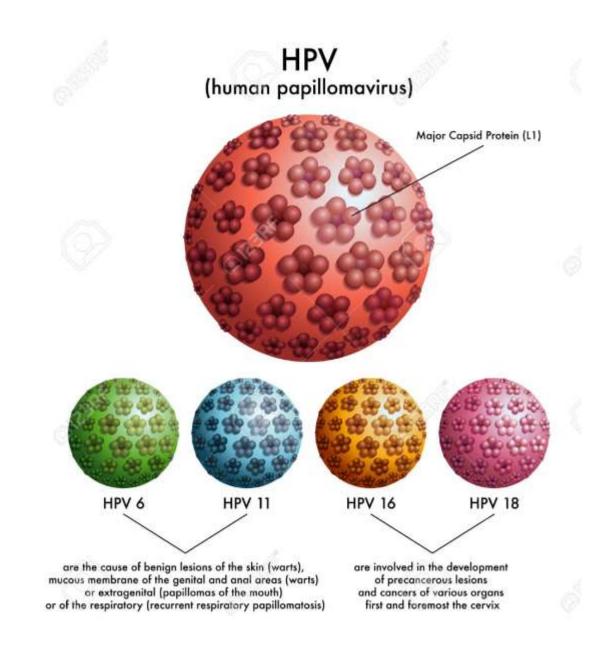
 WHO recommended syndromic management for genital ulceration includes therapy for both chancroid and syphilis.



	<b>Genital Herpes</b>	<b>Primary Syphilis</b>	Chancroid	LGV
Diagnostic clue	Painful, vesicular lesions→multi- superficial ulcer	Painless, indurated border	Extremely painful deep ulceration, ragged undermined edge	painless ulcer, heal within a few days " Groove sign "
Treatment	Acyclovir	Benzathine pen G  alternative  Doxycycline Tetracycline Erythromycin	Ceftriaxone Ciprofloxacin Erythromycin Azithromycin	Doxycycline Erythromycin

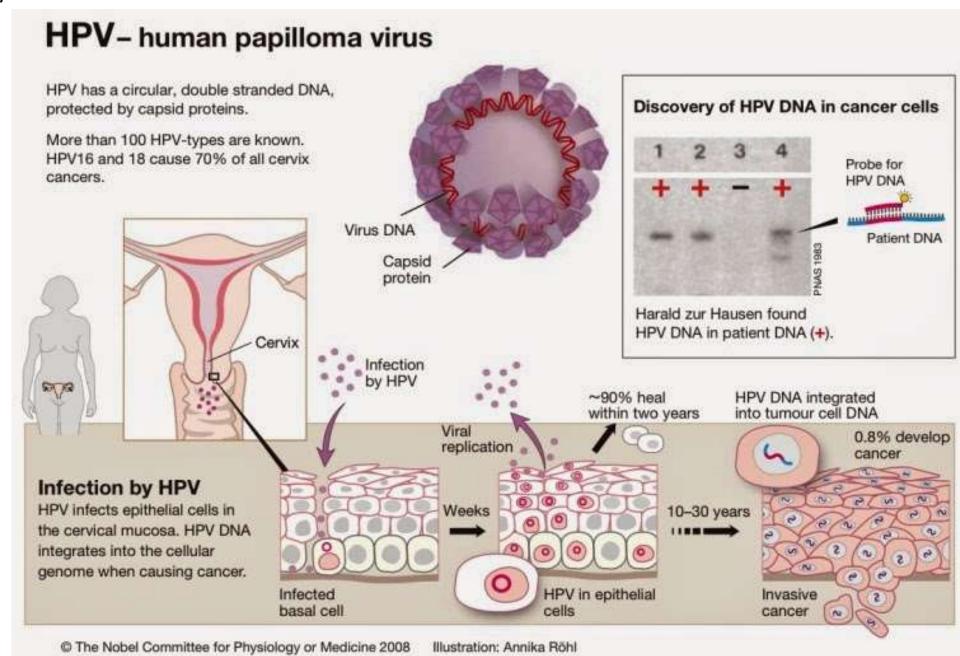
#### Genital warts/ etiology and epidemiology

- Genital warts are a sexually transmitted infection caused by certain types of human papillomavirus (HPV)
- Genital warts are a common cause of morbidity, with estimates of up to 50% of the population HPV at some point in their lifetime
- 90% of cases are related to HPV subtypes 6 and
   11.
- HPV Subtypes 16 and 18 are associated with squamous cell carcinoma.
- Women tend to be affected more than men in most settings.



Histopathologicaly, the hallmark of an HPV-infected cell is the development of morphologically atypical keratinocytes known as koilocytes.

These are enlarged cells with eccentric, pyknotic nuclei that are often surrounded by a perinuclear halo



#### Genital warts/ Signs and symptoms

- On average, physical symptoms begin approximately 2 to 3 months after initial contact, Many studies estimate the rate of subclinical HPV infection to be as high as 40%
- Approximately 30 percent of all warts will regress within the first four months of infection.
- Significant risk factors for long-term wart persistence include host immunosuppression, infection with high-risk HPV subtypes, and an older patient age
- Lesions are rarely considered to be painful; however, they are often associated with severe discomfort, burning, and pruritis





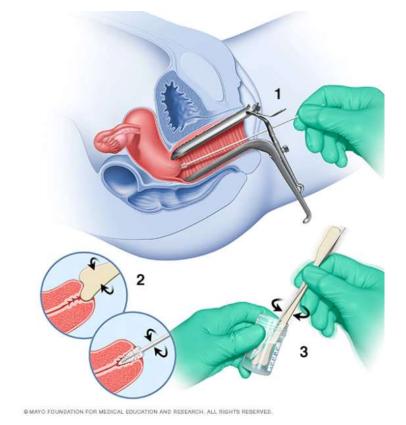
Female genital warts



Severe case of genital warts around the anus of a female

#### Genital warts/ prevention

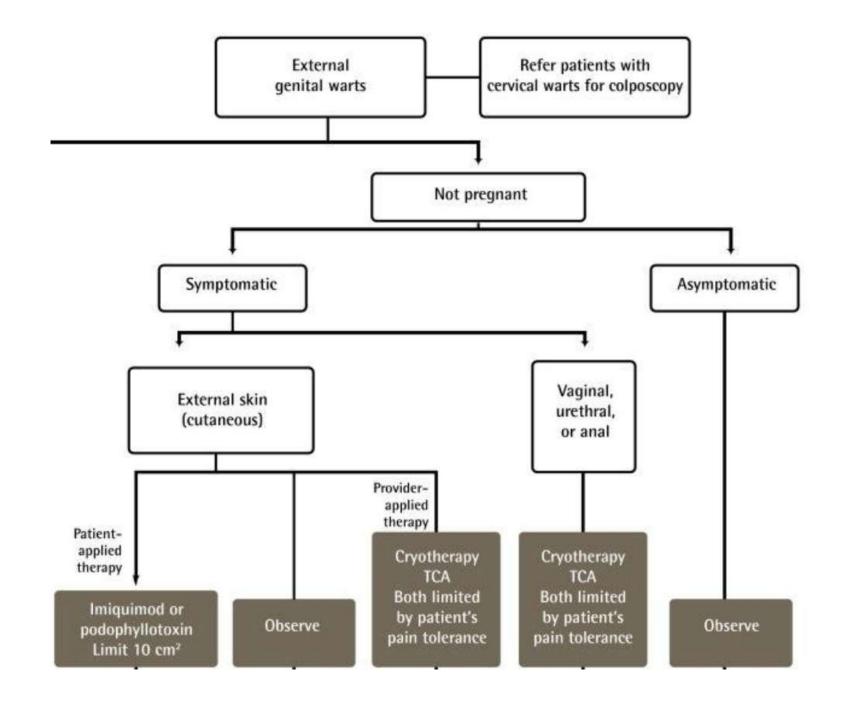
- A vaccine known as Gardasil protects against four strains of HPV that cause cancer, and is used to prevent genital warts
- These vaccines are most effective if given to children before they become sexually active
- Pap tests, can help detect vaginal and cervical changes caused by genital warts or the early signs of cervical cancer



Pap test



#### Genital warts/ treatment



#### Pelvic inflammatory disease (PID)

- The term pelvic inflammatory disease usually refers to infection that ascends from the cervix or vagina to involve the endometrium and/ or fallopian tubes and ovaries.
- Infection can extend beyond the reproductive tract to cause peritonitis and pelvic abscess.
- Other than primary infections from STDs, infection can also be **secondary** to invasive **intrauterine surgical procedures** (e.g. termination of pregnancy).
- Rarely, infection is not related to specific sexually transmitted pathogens, and originates from another focus of infection.

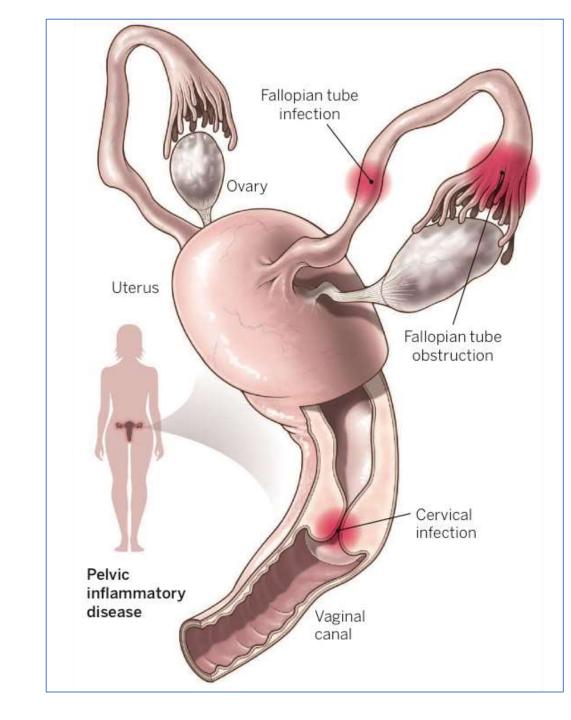
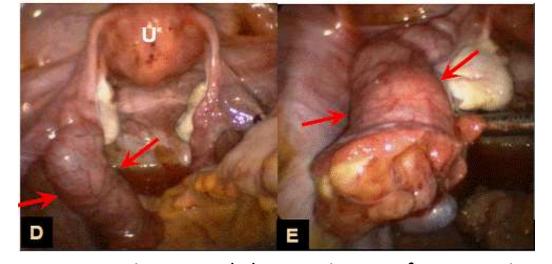


Table 1. Clinical Classification of Pelvic Inflammatory Disease and Likely Microbial Causes.			
Clinical Syndrome	Causes		
Acute pelvic inflammatory disease (≤30 days' duration)	Cervical pathogens (Neisseria gonorrhoeae, Chlamydia trachomatis, and Mycoplasma genitalium)  Bacterial vaginosis pathogens (peptostreptococcus species, bacteroides species, atopobium species, leptotrichia species, M. hominis, Ureaplasma urealyticum, and clostridia species)  Respiratory pathogens (Haemophilus influenzae, Streptococcus pneumoniae, group A streptococci, and Staphylococcus aureus)  Enteric pathogens (Escherichia coli, Bacteroides fragilis, group B streptococci, and campylobacter species)		
Subclinical pelvic inflammatory disease	C. trachomatis and N. gonorrhoeae		
Chronic pelvic inflammatory dis- ease (>30 days' duration)	Mycobacterium tuberculosis and actinomyces species		

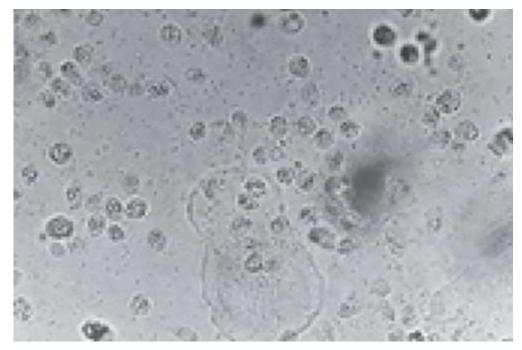
- The hallmark of the diagnosis is pelvic tenderness (cervical motion tenderness, adnexal tenderness, or uterine compression tenderness) combined with inflammation of the lower genital tract; women with pelvic inflammatory disease often have very subtle symptoms and signs
- Fever can occur, but systemic manifestations are not a prominent feature of PID.
- The abrupt onset of severe lower abdominal pain during or shortly after menses has been the classic symptom used to identify acute PID.
- Clinical diagnosis is often imprecise and more tests are needed to confirm diagnosis.

#### Pelvic inflammatory disease/ Diagnosis

- Although laparoscopy has been considered the standard for the diagnosis of pelvic inflammatory disease, it has high interobserver variability and is invasive.
- Transcervical endometrial aspiration with histopathological findings of increased WBCs is more commonly used to confirm the diagnosis of pelvic inflammatory disease
- MRI has high sensitivity, reveals thickened, fluid-filled tubes
- All patients with suspected PID should undergo cervical or vaginal NAATs for N. gonorrhoeae and C. trachomatis infection

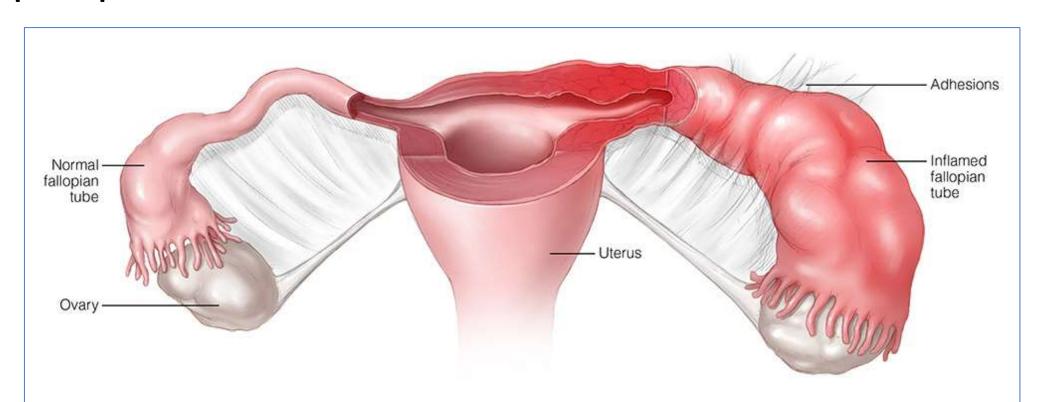


Laparoscopy image and close-up image of same patient show sausage-shape dilated right fallopian tube (arrow)



increased numbers of white cells (≥1 per vaginal epithelial cell)

- Infection results in fibrinous or suppurative inflammatory damage along the epithelial surface
  of the fallopian tubes and the peritoneal surface of the fallopian tubes and ovaries, which
  leads to scarring, adhesions, and possibly partial or total obstruction of the fallopian tubes
- Can result in long-term reproductive disability, including **infertility**, **ectopic pregnancy**, and **chronic pelvic pain**.



• The treatment of pelvic inflammatory disease is **empirical** and involves the use of **broad-spectrum combination** regimens of antimicrobial agents to cover likely pathogens.

## Table 2. First-Line Antimicrobial Treatment Recommended by the Centers for Disease Control and Prevention (CDC) for Pelvic Inflammatory Disease.\*

#### Outpatient regimen for mild-to-moderate pelvic inflammatory disease

Doxycycline (100 mg orally twice daily for 2 wk) with or without metronidazole (500 mg orally twice daily for 2 wk), plus one of the following:

Ceftriaxone (250 mg intramuscularly in a single dose)

Cefoxitin (2 g intramuscularly) with probenicid (1 g orally) concurrently in a single dose

Other parenteral third-generation cephalosporin (cefotaxime or ceftizoxime)

Inpatient regimen for moderate-to-severe pelvic inflammatory disease with or without tubo-ovarian abscess†

One of the following:

Cefotetan (2 g intravenously every 12 hr) plus doxycycline (100 mg orally or intravenously every 12 hr)

Cefoxitin (2 g intravenously every 6 hr) plus doxycycline (100 mg orally or intravenously every 12 hr)

Clindamycin (900 mg intravenously every 8 hr) plus gentamicin (3 to 5 mg per kilogram of body weight intravenously once daily)

<sup>\*</sup> Complete treatment information, including alternative regimens and additional considerations, is available at the CDC website.<sup>33</sup>

<sup>†</sup> Transition to oral therapy can usually be initiated within 24 to 48 hours after clinical improvement, and oral therapy should be continued to complete 2 weeks of therapy.

### **Further reading:**

Oxford handbook of infectious diseases and microbiology-

Part4: Clinical syndroms

Chapter 18: Sexually transmitted infections

Harrison's Infectious Diseases 3rd Edition
 SECTION III Infections in organ systems
 Chapter 35