# RESPI RATORY SYSTEM

# PATHOLOGY

# WRITER:O18 sheetsCORRECTOR:Sawsan alqeamDOCTOR:Maram abdaljaleel

In this lecture, and the upcoming lecture, we will be discussing Lung Tumors.

# LUNG TUMORS

Lung cancer can be **primary** or **secondary**.

# Secondary (metastatic tumors)

Are tumors that arise outside the lungs, and spread to the lungs through the blood stream, lymphatics or even directly.

- The most common cancers that spread to the lungs are:
  - 1. Breast
  - 2. Colorectal
  - 3. Renal
  - 4. Head and neck tumors
  - 5. Testicular
  - 6. Soft tissue sarcomas (like osteosarcoma and melanoma)



Are tumors that develop/originate in the lungs.

- They can be benign or malignant.
- Roughly **95% of primary lung tumors** are carcinomas.
- The remaining 5% include:
  - 1. Carcinoids
  - 2. Mesenchymal tumors, like fibrosarcoma
  - 3. Lymphomas
  - 4. Few benign lesions

# Hamartoma

- The name "Hamartoma," which implies a developmental anomaly, is a misnomer.
- It is the most common benign tumor in the lung.
- Clono-cytogenetic abnormalities have been noted in this tumor; this makes it a benign neoplasm.



originated from a different part of the body and spread to the lungs



originated in the lungs

## Gross Appearance:

- Spherical in shape
- Small (1-4 cm)
- Discrete
- Chest Radiograph
  - Coin lesion
- Histologically/Microscopic appearance:
  - Mature cartilage admixed with fat, fibrous tissue, and blood vessels.

# **Carcinoma of the Lung**

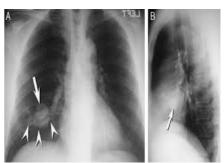


Figure 1: This radiographic image shows a coin lesion (Hamartoma)

# As we've already mentioned, 95% of primary lung tumors are carcinomas.

- It is the most important cause of cancer-related deaths in industrialized countries.
- This accounts for about 1/3 of cancer deaths in men.
- The leading cause of cancer-related deaths in women.
- Incidence of Lung Carcinoma:
  - Incidence among males: Gradually decreasing
  - Incidence among females: Increasing
    - Since 1987, the number of women dying of lung cancer each year is greater than the number of women dying of breast cancer.
    - This is related to the marked increase in the incidence of smoking in women over the past half-century.
  - The peak incidence of lung cancer is often in individuals who are in their 50's & 60's.
- Upon diagnosis:
  - More than 50% of patients already have distant metastases.
  - About ¼ of patients have **disease in the regional lymph nodes.**
- Prognosis:
  - Prognosis is dismal.
  - The 5-year survival rate for all stages of lung cancer combined is about 16%.
  - Prognosis has not changed over the last 35 years; even with the disease being localized to the lung. The 5-year survival rate is only 45%.

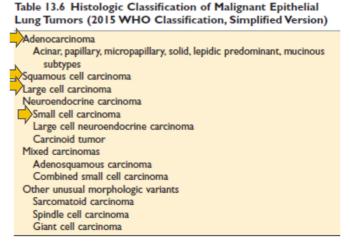
The Four Major Histological Types of Lung Carcinoma:

- 1. Adenocarcinoma
- 2. Squamous cell carcinoma
- 3. Small cell carcinoma
- A subtype of neuroendocrine carcinoma
- 4. Large cell carcinoma
- In some cases, there is a combination of histological patterns. For instance, you may find small cell carcinoma with adenocarcinoma.

The table on the right shows the **2015 WHO** classification of malignant epithelial lung tumors.

 Out of the 4 major types of cancer, squamous cell and small cell carcinomas have the strongest association with smoking.

(Adenocarcinoma is, to a lesser extent, associated with smoking).



- Adenocarcinoma:
  - Because of changes in smoking patterns in the US, adenocarcinomas have replaced squamous cell carcinomas as the most common primary lung tumor in recent years.
  - It is, by far, the most common primary tumor arising:
    - 1. In women.
    - 2. In people who have never smoked ('never-smokers').
    - 3. In individuals younger than 45 years of age.
- Lung carcinomas were previously classified into two broad groups:
  - 1. Small cell lung cancer (SCLC)
  - 2. Non-small cell lung cancer (NSCLC)
    - NSCLCs include:
      - a. Adenocarcinoma
      - b. Squamous cell carcinoma
      - c. Large cell carcinoma
      - d. Large cell neuroendocrine carcinomas

**3** | Page

- This classification has been replaced with the more recent 2015 WHO classification (the table above [13.6]).
- The reason behind the old classification is the presence of shared features between tumors of the non-small cell lung carcinoma group (NSCLCs), that are different from the shared features of the tumors of the small cell lung carcinoma group (SCLCs).
  - The following table shows the different features:

SCLC (Small Cell Lung Carcinoma)	NSCLC (Non-small cell lung carcinoma)
-Virtually, all cases will have	
metastasized by the time of diagnosis.	
- Not curable by surgery.	- More likely to be <b>resectable.</b>
<ul> <li>Best treated with systemic chemotherapy, with or without</li> </ul>	- Responds <b>poorly to conventional chemotherapy.</b>
radiation therapy.	<ul> <li>Targeted therapy (therapy that targets specific oncoproteins) has evolved for treatment of</li> <li>Adenocarcinoma and Squamous Cell Carcinoma.</li> <li>New immunotherapy approaches have been approved for the non-small cell carcinoma group and are being tested for the small cell carcinoma group.</li> </ul>

- Pathogenesis and Etiology of Lung Cancer:
  - The development of lung carcinoma relies mainly on the accumulation of genetic abnormalities after exposure to carcinogens. This results in a stepwise accumulation of driver mutations.
  - These mutations transform the benign progenitor cells in the lung into neoplastic cells possessing all of the hallmarks of cancer.
  - So, the two crucial definite factors that lead to the development of lung carcinoma are:
    - 1. Exposure to strong carcinogens
    - 2. Accumulation of genetic abnormalities (due to exposure to carcinogens)

## Predisposing genetic abnormalities:

- 1. Inactivation of tumor suppressor genes located on chromosome 3 (3p).
  - An early event in lung cancer development
- 2. Mutations in **TP53** tumor suppressor gene and **KRAS oncogene.** 
  - Occurs as a late event in lung cancer development
- 3. Mutations that activate the epidermal growth factor receptor (EGFR).
  - Stimulate *downstream pro-growth pathways*.
  - Is seen in a subset of adenocarcinomas, especially those that are associated with nonsmoker women.

As we previously stated, the development of lung cancer is based on accumulation of genetic abnormalities after exposure to carcinogens. So, what are the main carcinogens that lead to this accumulation of mutations?

# Main carcinogens:

- 1. Cigarette smoking
  - The most important carcinogen.
  - There is strong evidence supporting the fact that cigarette smoking, and, to a lesser extent, environmental carcinogens are the main culprits responsible for development of mutations.
  - About 90% of lung cancers occur in active smokers or those who stopped recently.
    - There is a linear correlation between the frequency of lung cancer and pack-years of cigarette smoking.
  - There is increased risk of developing lung cancer in:

# 1) Habitual heavy smokers

- The risk of lung cancer in habitual heavy smokers (those who smoke two packs a day for 20 years) is 60 times greater than in nonsmokers.

# 2) Women

- For unknown reasons, women are **more susceptible to carcinogens in tobacco smoke than men.**
- 3) Smoking of pipes, cigars, and passive smoking (being in close proximity to a smoker).

- Although smoking cessation decreases the risk over time, it never returns to baseline levels.
  - **How come?** The resulting genetic changes can **persist** for many years in the bronchial epithelium of a former smoker.
  - Although **11% of heavy smokers** develop lung cancer, not all individuals exposed to tobacco smoke develop cancer.
- The development of lung cancer requires accumulation of genetic abnormalities after exposure to carcinogens, which result in a stepwise accumulation of mutations (refer to page 4).
- The mutagenic effect of carcinogens is modified by hereditary (genetic) factors.

# 2. Environmental carcinogens

- Occupational exposures to some environmental carcinogens may sometimes be solely responsible for lung cancer, without the effect of smoking.
- Examples:
  - a. Uranium mines.
  - b. Work with asbestos.
  - c. Inhalation of dusts containing arsenic, chromium, nickel, or vinyl chloride.

# Asbestos and tobacco smoking

- There is a synergistic effect between asbestos and tobacco smoking.
- Exposure to asbestos in **nonsmokers** increases the risk for developing lung cancer **5**-**fold.**
- For heavy smokers who are exposed to asbestos, the risk is elevated approximately 55fold.

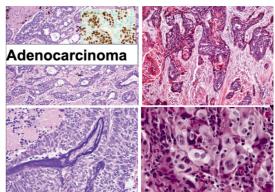
Like the adenoma-carcinoma sequence that is seen in colon cancer, for example, some invasive adenocarcinomas of the lung arise through a sequence, and start as:

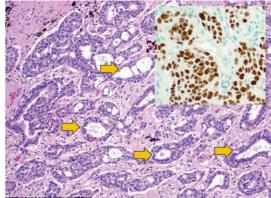
Atypical adenomatous hyperplasia  $\rightarrow$  adenocarcinoma in situ  $\rightarrow$  Invasive adenocarcinoma sequence

# Adenocarcinoma

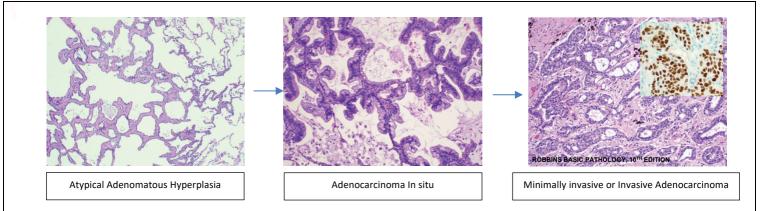
This collage shows the histological representation of four types of lung cancer. **The image on the top left is that of adenocarcinoma**.

- Location: Usually peripherally located but may also occur closer to the hilum.
- **Growth**: Slowly growing tumors.
- Size: Form smaller masses, compared to other subtypes.
- Metastasis: Tend to metastasize widely at an early stage.
- Morphology (microscopic)
  - Variety of growth patterns, including:
    - 1. Acinar (gland-forming)
    - 2. Papillary
    - 3. Mucinous
    - 4. Solid types
  - The microscopic image on the right shows many proliferating gland-like structures (Acini) surrounded by a dense desmoplastic reaction.
  - The small box on the top right corner shows **thyroid transcription factor 1 (TTF-1)**, which is **positive**. The clue for positivity, is the brown nuclear staining.
  - We use TTF1 immune stain in histopathology lab to highlight tumors of lung origin. It shows positive expression in the majority of pulmonary adenocarcinomas.





As we've already mentioned, pulmonary adenocarcinomas develop in a stepwise fashion, starting with a **precursor lesion** called **Atypical Adenomatous Hyperplasia (AAH)**. The AAH progresses to **adenocarcinoma in situ** in a stepwise fashion  $\rightarrow$  progresses into **minimally invasive or invasive adenocarcinoma**.

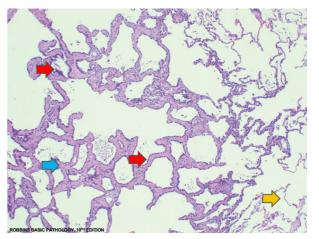


# Atypical adenomatous hyperplasia:

- Precursor lesion of adenocarcinoma.
- Appearance: well-demarcated focus of epithelial proliferation.
- **Diameter**: small lesion,  $\leq$  5mm.
- Histologically: (there is some degree of cytological atypia)
  - Composed of cuboidal to low-columnar cells.
  - Demonstrates nuclear hyperchromasia.
  - Pleomorphism.
  - Prominent nucleoli.
- Genetic analysis has shown that these lesions are monoclonal and share many molecular aberrations with adenocarcinomas (e.g., KRAS mutations).

### This following figure shows features of atypical adenomatous hyperplasia.

- Red Arrow: Proliferation of hyperchromatic (blue/purple) cuboidal epithelial lining, which lines the alveolar walls.
- Yellow Arrow: (Right side) shows almost normal alveolar walls.
- Blue Arrow: Mild underlying interstitial fibrosis.



- Adenocarcinoma in situ (AIS):
- Formerly called **bronchioloalveolar carcinoma**.
- Location: Often involves peripheral parts of the lung as a single nodule.

# Key features for diagnosing AIS:

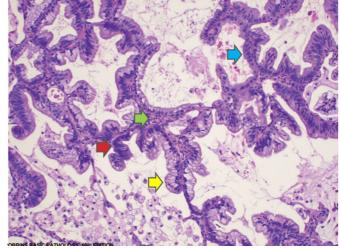
- diameter of  $\leq$  3 cm.
- Growth along preexisting structures (no destruction of underlying structures).
- Preservation of alveolar architecture.
- No destruction of alveolar architecture, or stromal invasion with desmoplasia (which is what is seen in Invasive Adenocarcinoma).
  - Destruction of the underlying structures, or the presence of desmoplastic reactions would mean/indicate invasion and infiltration.
- AIS is a **non-infiltrative tumor**.
- The tumor cells:
  - May be non-mucinous, mucinous, or mixed.
  - They grow in a monolayer along the alveolar septa, which serve as a scaffold for proliferation.

**Note:** Again, by definition, AIS does not demonstrate destruction of the alveolar structures or stromal invasion with desmoplasia. **If desmoplastic invasion and alveolar destruction is seen**, then this is a diagnostic feature of **Invasive Adenocarcinoma**.

# This figure shows the mucinous subtype of AIS (Adenocarcinoma In Situ)

- Blue arrow: Monolayered proliferation of atypical cells. These atypical cells are proliferating along the preexisting alveolar septa (again, AIS grows along preexisting structures).
- No destruction of the alveolar septa.
- No desmoplasia.
- No invasion .

(All of the mentioned features prove this isn't Invasive Adenocarcinoma)



- Green arrow: Preexisting alveolar septa.
- Red arrow: Shows atypical proliferation, with a certain degree of **nuclear enlargement** and hyper-chromasia in these proliferating cells.
- Yellow Arrow: Apical Mucin (which explains why this demonstrates the mucinous subtype of AIS).

**9** | Page

# AMBOSS

#### Adenocarcinoma [14]

#### • Characteristics

- 🔹 Glandular tumor 🏴
- Mucin-producing cells (positive mucin staining)
- Immunohistochemical makers: expression of napsin A and TTF-1
- Historical terminology
  - Bronchioloalveolar carcinoma (BAC): obsolete term for well-differentiated, noninvasive adenocarcinomas that grow along the alveolar septa.
  - Today, adenocarcinomas of the lung are rather described on a spectrum of lepidic growth.
    - Lepidic growth: noninvasive tumor growth at intact alveoli.
    - BAC has been replaced by a variety of adenocarcinoma subtypes (see "Preinvasive subtypes" and "Invasive subtypes" below)
- Preinvasive subtypes
  - Atypical adenomatous hyperplasia (AAH)
    - Atypical pneumocyte growth along alveolar walls without cytological features of carcinoma
  - Size: ≤ 5 mm
  - Pulmonary adenocarcinoma in situ (formerly BAC)
    - Small ( $\leq$  3 cm) nodule with a lepidic growth pattern
    - Lacks any component of invasion
- Invasive subtypes (classified according to the predominant histopathological growth pattern)
  - Minimally-invasive pulmonary adenocarcinoma (MIA)
  - Small (≤ 3 cm) tumor with a predominantly lepidic pattern
    - ≤ 5 mm of invasion
  - Lepidic-predominant adenocarcinoma (formerly nonmucinous BAC)
    - Tumor primarily shows intraalveolar growth
    - At least one focus of invasion > 5 mm
  - Mucinous-predominant adenocarcinoma (formerly mucinous BAC)
    - Goblet cell or columnar cell growth along alveolar septae
  - Multiple areas of invasion

#### • Additional subtypes

- Acinar
- Papillary
- Solid
- Colloid
- Fetal
- Enteric

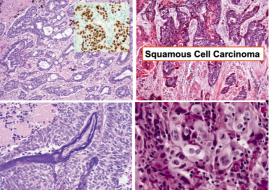


Tumor type	Location	Characteristics	Histology
		Non-small cell lung cancer (NSCLC)	
Lung adenocarcinoma	• Peripheral	<ul> <li>Most common type of primary lung cancer</li> <li>More common in women and nonsmokers</li> <li>Associated with mutations in: <sup>[13]</sup> <ul> <li>EGFR gene</li> <li>ALK gene</li> <li>KRAS gene</li> </ul> </li> <li>Common finding: hypertrophic osteoarthropathy (digital clubbing)</li> <li>Most common type of lung cancer that originates in pulmonary scars <sup>[10]</sup></li> <li>Prognosis is usually better than in other types of lung cancer</li> </ul>	<ul> <li>Glandular tumor</li> <li>Mucin-producing cells (positive mucin staining)</li> <li>Lepidic adenocarcinoma: growth along alveolar walls (alveolar thickening)</li> </ul>

- Minimally invasive adenocarcinoma:
- Size: <3 cm in diameter with an invasive component of <5 mm.</li>
- Invasive adenocarcinoma:
- A tumor of any size with an area of invasion >5 mm.

# **Squamous Cell Carcinoma**

- Second type of lung cancer.
- More common in men (unlike adenocarcinoma, which is more common in females).
- Closely correlated with **smoking** history.
  - Remember that squamous cell and small cell carcinomas have the strongest association with smoking.



- Location: Arise centrally in major bronchi and eventually spread to local hilar nodes but may disseminate outside the thorax.
- Large lesions may undergo central necrosis, giving rise to cavitations.
- Preneoplastic lesions of invasive squamous cell carcinoma:
- Squamous metaplasia or dysplasia in the bronchial epithelium.
  - Squamous cell carcinomas are preceded over years by the development of squamous metaplasia or dysplasia in the bronchial epithelium.
- This then transforms to carcinoma in situ (may last for years).
- This transforms to Squamous cell carcinoma.
- Early stages:
  - The lesion is **asymptomatic** in the beginning, and undetectable on radiographs.
  - The neoplasm reaches a symptomatic stage: When a well-defined tumor mass begins to obstruct the lumen of a major bronchus, this may be associated with distal atelectasis and infection.
- Morphology (Microscopically) Can either be:
  - 1. Poorly differentiated
  - 2. Moderately differentiated
  - 3. Well differentiated

 Range from well differentiated squamous cell neoplasms, which show keratin pearls and intercellular bridges, to poorly differentiated neoplasms, with only minimal residual squamous cell features.

The following figures show the histologic findings of precursor lesions, CIS (Carcinoma In Situ) and Invasive Squamous Cell Carcinoma.

- Goblet cell hyperplasia: One of the earliest mild changes in damaged respiratory epithelium, which results from smoking.
- 2. Basal cell hyperplasia (Reserve cell hyperplasia) Smoking-related adaptive response.
- Squamous metaplasia:
   Ciliated pseudostratified columnar epithelium is replaced by squamous epithelium.
- 4. Squamous dysplasia: Characterized by presence of:
  - a. Disordered squamous epithelium
  - b. Loss of nuclear polarity
  - c. Nuclear hyperchromasia
  - d. Pleomorphism
  - e. Mitotic figures

May progress through stages of mild, moderate, and severe dysplasia.

- 5. Severe dysplasia (CIS):
- Full thickness of squamous epithelium showing:
  - a. Cytologic atypia
  - b. Lack of basement membrane disruption
- In this stage, there is full thickness proliferation of cytologically malignant cells, without any basement membrane invasion.
- This stage happens immediately before invasive squamous cell carcinoma.





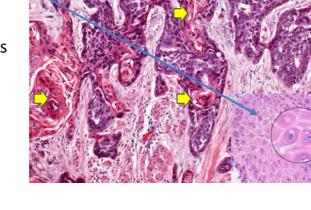
- Lesions show:
  - a. Cytologic atypia
  - b. Basement membrane invasion
- Classified, according to squamous cell differentiation and cytologic features, into:
- 1. Well differentiated
- 2. Moderately differentiated
- 3. Poorly differentiated
- Gross appearance of Squamous Cell Carcinoma involving the lung.

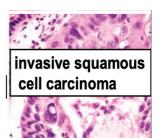
There is a pale yellow-white central area, accounting for the lung carcinoma. This starts centrally and grows to the peripheral lung parenchyma.

- Histologic findings in well-differentiated squamous cell carcinoma:
- Intercellular bridges (Desmosomes).
   The image on the bottom right (circled).
- Keratinization

Both of the mentioned findings are features of **well-differentiation**, since normal squamous epithelium shows both.

- Presence of keratin pearls (yellow arrows).

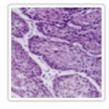




# AMBOSS

# Squamous cell carcinoma

- Characteristics
  - Solid, epithelial tumor
  - Intercellular bridges (desmosomes)
  - Keratin pearls 🏴
- Immunohistochemical markers: expression of p40, p63, CK5, or CK6<sup>[30]</sup>
- Subtypes
  - Keratinizing
  - Nonkeratinizing
  - Basaloid
  - Carcinoma in situ



Tumor type	Location	Characteristics	Histology
		Non-small cell lung cancer (NSCLC)	
ung squamous cell carcinoma (SCC)	Central	<ul> <li>Strong association with smoking [15]</li> <li>Cavitary lesions arising from a hilar bronchus</li> <li>PTHrP: hypercalcemia (see "Paraneoplastic syndromes" in "Clinical features" below)</li> </ul>	<ul> <li>Solid, epithelial tumor</li> <li>Intercellular bridges (desmosomes)</li> <li>Keratin pearls</li> </ul>

# **Clinical Cases:**

# The parts highlighted in yellow are the clues to solving the case

A 69-year-old gentleman, smoker, presented with cough and a 7 kg weight loss over the past 4 months. Physical examination shows finger clubbing. He is afebrile. CXR shows no hilar adenopathy, but there is cavitation within a 3-cm lesion near the right hilum. Labs show elevated serum calcium. Bronchoscopy shows a lesion occluding the right main bronchus (centrally located) A surgical procedure with curative intent is attempted. Which of the following neoplasms is most likely to be present in this patient?

- A) Adenocarcinoma in situ
- B) Squamous cell carcinoma
- C) Metastatic renal cell carcinoma
- D) Small cell anaplastic carcinoma

## <mark>Answer: B</mark>

# EXPLANATION:

- Of all lung cancers, SCC (Squamous Cell Carcinoma) is the most likely to produce paraneoplastic hypercalcemia.
- SCC is also strongly associated with smoking. (along with small cell carcinoma)
- These tumors can undergo central necrosis or cavitation (Page 10).
- Localized squamous cell carcinoma may be cured by surgery.

# **OPTION C (Renal Cell Carcinoma)**

 Renal cell Carcinoma is associated with hypercalcemia, but metastatic lesions are usually MULTIPLE not SOLITARY and well circumscribed.

# **OPTION D (Small cell carcinoma)**

- Never localized enough to be cured by surgery.
- Patients usually present in an advanced stage.
- May produce Paraneoplastic syndromes but is less likely associated with hypercalcemia.

# CASE 2:

A 57-year-old lady presented with chronic nonproductive cough for 4 months along with loss of appetite and a 7 kg weight loss. She does not smoke. On physical examination, no remarkable findings. Her CXR shows a right peripheral subpleural mass. A fine-needle aspiration biopsy is performed, and she undergoes a right lower lobectomy. Microscopically the proliferating cells show glandular differentiation. Which of the following neoplasms did she most likely have?

A) Adenocarcinoma

B) Bronchial carcinoid

- C) Hamartoma
- D) Squamous cell carcinoma

<mark>Answer: A</mark>

Explanation:

Glandular Differentiation: Adenocarcinomas are associated with Acinar/Gland-forming growth patterns.

Nonsmoker, Female: Adenocarcinomas are, by far, the most common primary tumors arising in women, and in people who have never smoked.

# **GOOD LUCK**

We will continue talking about **<u>lung carcinomas</u>**:

- 1. Adenocarcinoma (lecture 7)
- 2. Squamous cell carcinoma (lecture 7)

# 3. Small cell carcinoma (SCLC)

4. Large cell carcinoma

# **SCLC- Small Cell Lung Carcinoma**

They are centrally located with extension into the lung parenchyma.

By the time of diagnosis, most will have metastasis to <u>hilar and mediastinal</u> <u>nodes</u>.

In the 2015 WHO Classification, SCLC is grouped together with <u>large cell</u> <u>neuroendocrine carcinoma</u> (another very aggressive tumor that exhibit neuroendocrine morphology and expresses neuroendocrine markers).

# **MORPHOLOGY**

SCLS generally appear as pale grey tumor.

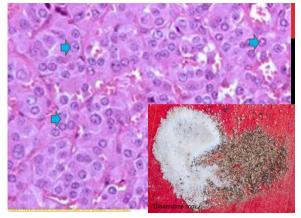
Histologically, they are composed of a relatively small tumor cells, with a round to fusiform shape, scant cytoplasm, finely granular chromatin - <u>salt and</u>

## pepper appearance.

Cells are twice the size of resting lymphocytes.

# This figure shows the histology of SCLC:

As you can see there is monomorphic proliferation of relatively small cells, with finely granular chromatin.



The appearance of finely stabled nuclei resembles **<u>salt & pepper</u>** mix.

# SCLC shows **frequent mitotic figures**.

Almost always associated with **<u>Necrosis</u>**, which can be extensive.

Fragile tumor cells with "crush artifact", especially in small biopsy specimens.

**Nuclear molding** due to **close position of tumor cells** that have scant cytoplasm.

Express **<u>neuroendocrine markers</u>**. (used to highlight the neuroendocrine differentiation in pathology lab)

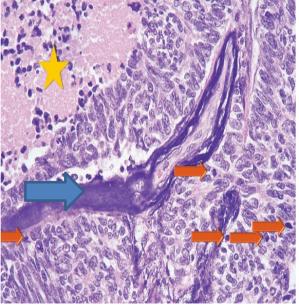
They also secrete polypeptide hormones that may result in **paraneoplastic syndromes**. (A syndrome that happens as a consequence to hormones and cytokines, released as a part of the immune response to the presence of the tumor, or from the tumor cells themselves)

This figure shows proliferation of small round/oval blue cells with salt and pepper nuclei and frequent mitotic figures.

Red arrows point to mitotic figures

Yellow star points to an area of extensive necrosis.

The blue arrow shows basophilic staining of vascular walls, due to encrustation by and from necrotic tumor cells <u>(this is</u> <u>called the Azzopardi effect).</u>



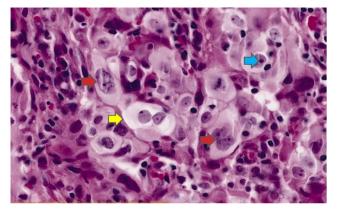
# Large cell carcinoma

They are undifferentiated, malignant epithelial tumors. (which means that the cells in this tumor don't look like the differentiated tissue, so they show no evidence of glandular or squamous differentiation like "adenocarcinoma or squamous cell carcinoma").

Lack cytologic features of small cell carcinoma and have no glandular or squamous differentiation.

Histologically, they have large nuclei, prominent nucleoli, and a moderate amount of cytoplasm.

This figure shows the histologic features in large cell carcinoma, the cells are <u>large</u> <u>in size</u>, the <u>nuclei are large and</u> <u>polymorphic</u> in size and shape with the presence of prominent nuclei. There is <u>no</u> <u>squamous or glandular differentiation</u>.



Mixed patterns are seen in about 10% of

cases (e.g., adenosquamous carcinoma, mixed adenocarcinoma, small cell carcinoma).