خفيفة لطيفة !!! الله يرحمها نادية مرته لابو عصام كان عندها السل ...


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## Mycobacteria

## $\checkmark$ In general:

- rod-shaped, obligate aerobe, facultative intracellular bacteria that do not form spores.
- Non motile , not capsulated
- 3 types of species that cause diseases in humans:

1. Mycobacterium tuberculosis complex $\rightarrow 11$ members
2. Mycobacterium leprae $\rightarrow$ a causative agent of leprosy
3. Non-Tuberculous (NTM) Mycobacteria $\rightarrow$ environmental mycobacterium

## Mycobacterium tuberculosis

$\checkmark$ General information:

- Called $\rightarrow$ White plaque , consumption [ weight loss ]
$\checkmark$ Includes:
M. tuberculosis (principle ) ,M.africanum (Africa ) , M. microti (micrometer ) , M. pinnipedii (اناناس) , M. suricate (as a top secret ) , M. mung(mango ) , M. oryx ( larynx ), M.canetti ( قناتي، ههااي بمزح بس احفظوها) , M. caprae ( red carpet ) , Mycobacterium bovis , Mycobacterium dassie ( الايسي سهلة) .
$\checkmark$ Morphology $\rightarrow$ Acid fast bacilli, The growth rate is much slower than that of most bacteria.
$\checkmark$ Transmission $\rightarrow$ airborne infectious disease
$\checkmark$ Diagnosis $\rightarrow$ The Gold standard diagnosis is culture
- not definitive : CBC (Rise on WBCs), X-ray (You can see the Ghori complex Hilar lymph node )
- Definitive : culture
- We can also Tuberculin skin test [purified protein derivative, Type 4 hypersensitivity reaction]+Interferon-gamma release assays [Positive IGRA test : >25]


## $\checkmark$ Treatment $\rightarrow$

- depends on whether the individual is in the latent or active stage
- This treatment is given for about (6-12) months
- a mixture of multiple drugs, with an intensive initial 2-month phase followed by a slower 4 to 6 months continuation phase
- anti-tuberculosis drugs:

Isoniazid , rifampin, pyrazinamide , (either ethambutol or streptomycin)
$\checkmark$ Prevention $\rightarrow$ BCG vaccination
$\checkmark$ Clinical manifestation $\rightarrow$ weight loss, haemoptysis, dyspnea
$\rightarrow$ Primary (active) happens in the middle and lower lobes while Reactivation happens in the apex of the lobe
$\rightarrow$ We have ghon focus and ghon complex

- granuloma formation occurs in the node
-If calcification happen then we called it ghon focus
-if ghon focus affect drainge lymphnode we called it Ghon complex
$\rightarrow$ If the patient has a resistance for isoniazid and rifampin, we call this case a multi-drug resistance.
$\rightarrow$ Isoniazid preventive therapy (IPT) is the recommended treatment for latent TB

| Culture | Pathogenesis | Cell wall | Virulence factors | Epidemiology |
| :---: | :---: | :---: | :---: | :---: |
| 3 types: <br> -Semisynthetic agar media: Middlebrook 7H10 and 7H11(Selective medium- colonies that are white, creamy, fuzzy) <br> -Inspissated egg media: LöwensteinJensen(Inspissated egg media and malachite green dye is addedwhich inhibits the growth of most contaminants but permit only Mtb.) <br> -Broth media: <br> Middlebrook 7H9 and <br> 7H12 <br> -A typical mycobacterium colony, its unique in a way.It's described as raised, rough and CLUMPED | -Mycobacteria are in droplets when infected persons cough, sneeze, or speak. <br> -Inside the alveoli, the host's immune system responds by release of cytokines and lymphokines that stimulate monocytes and macrophages. <br> -Mycobacteria begin to multiply within macrophages <br> -The cells form a barrier shell, called a granuloma | It has: <br> -plasma membrane <br> - 2 layers: <br> An inner layer composed of PG+AG+MA (covalently linked together) And outer layer | -Lipoarabinomannan <br> -Secretion system <br> -sulfatides <br> -trehalose <br> dimycolates(Mycolic <br> acids) $\rightarrow$ Cord Factor | - Latent TB : (Living dormantly )doesn't show symptoms and signs, , reactivate and cause the disease. <br> - ACTIVE TB: <br> 1)primary active disease <br> 2)secondary-from reactivation of latent TB <br> $\rightarrow$ Examples on countries with high rates: South Africa, Switezerland and the Soviet Union countries. <br> $\rightarrow$ Pulmonary TB is the most common. <br> $\rightarrow$ Spread Lymphatic vs hematogenous (Miliary). |

## Additional information

$\checkmark$ Side effects of these drugs[isoniazid, rifampin, pyrazinamide \& ethambutol/ streptomycin] : Hepatotoxicity, nephrotoxicity , ototoxicity
$\checkmark$ Primary Infection and Reactivation Types of Tuberculosis:

- An acute exudative lesion develops and rapidly spreads to the lymphatics and regional lymph nodes. The exudative lesion in tissue often heals rapidly.
- In primary infections, the involvement may be in any part of the lung but is most often at the base.
- The reactivation type is usually caused by tubercle bacilli that have survived in the primary lesion
- The reactivation type almost always begins at the apex of the lung, where the oxygen tension (PO2) is highest.
- Positive TB depending on the diameter of the induration: If- induration size > 15 mm ( normal healthy individual ) -Induration size > 10 mm (intermediate risk group like health care providers ) -Induration size > 5 mm (HIV patient ) [ which makes sense as we don't expect patient with HIV to have large induration due to compromised immunity].


## nontuberculous mycobacteria

-The most common type of nonchromogens is mycobacterium tuberculosis
classified by two criteria:

1. according production of pigment: [produce in ]
$>$ Photochromogens $\rightarrow$ in presence of light
$>$ Scotochromogens $\rightarrow$ either presence or absence of light
$\rightarrow$ Nonchromogenic $\rightarrow$ neither in presence nor absence of light
2. according rate of growth
> Rapidly growing
> Slowly growing

## EXAMPLE

1. M. ulcerans $\rightarrow$ Photochromogens + Slowly growing (Cause skin and soft tissue infection)
2. M. marinum $\rightarrow$ Photochromogens + Slowly growing(Cause Aquatic Granuloma / In pateints who work with fish)
3. M. kansasii $\rightarrow$ Photochromogens + Slowly growing(Cause Pulmonary disease)
4. M. scrofulaceum $\rightarrow$ Scotochromogens + Slowly growing(cause lymph node inflammation Without lung infection)
5. M. avium complex $\rightarrow$ Nonchromogenic, Slowly growing (common in AIDS)
6. M. chelonae-abscessus $\rightarrow$ Rapidly growing(Causes skin infection0
7. M. fortuitum Complex $\rightarrow$ Rapidly growing(Causes Pulmonary infection)
