## Lecture



## FOLLICULAR CARCINOMA

- Women, 40-60 years
- > common in iodine deficient regions
- Solitary cold nodule
- Hematogenous spread to bone, lung and liver
- 50\% die within 10 years
- Capsular and vascular invasion is the distinguishing feature from F. adenoma


## Vascular invasion



## Capsular invasion

## ANAPLASTIC CARCINOMA

- <than 5\%
- Undifferentiated carcinoma
- Very aggressive, 100\% mortality
- > than 65 years
- $25 \%$ have hx of previous welldifferentiated thyroid carcinoma



## MEDULLARY CARCINOMA:

- Arise from C cells (parafollicular cells) that secretes Calcitonin (increase level and hypocalcemia)
- 70\% sporadic, 30\% familial (MEN 2A\&B)
- RET receptor tyrosine kinase mutations
- Sporadic 50-60 years; familial younger
- Multicentric, contain amyloid
- RET + ve family members require prophylactic thyroidectomy



## PARATHYROID

 GLAND:- PTH secreted by Chief cells.
- Controlled mainly by free $\mathbf{C}^{+2}$ level in serum less than trophic hormones
- Hyper, Hypo and tumors (rare mass effects)
- Functions of PTH:
- Reabsorption of Ca from renal tubules
- Excretion of PO4 into urine
- Vit D conversion to active form
- Stimulates osteoclast activity on bone resorption


## HYPERPARATHYROIDISM:

- Primary, secondary and tertiary
- Osteitis fibrosa cystica, Brown tumor of bone, nephrolithiasis, nephrocalcinosis and metastatic calcifications
- Primary HPT:
- Adenomas (85-95\%, Hyperplasia (510\%), carcinoma (1\%)
- Mutations: Cyclin D1 gene on chromosome 1 or MEN1 mutations



## CAUSES OF HYPERCALCEMIA:

## Increased PTH

Hyperparathyroidism
Primary (adenoma > hyperplasia)* Secondary ${ }^{\dagger}$
Tertiary ${ }^{\dagger}$
Familial hypocalciuric hypercalcemia

Decreased PTH
Hypercalcemia of malignancy
Osteolytic metastases
PTH-rP-mediated
Vitamin D toxicity
Immobilization
Drugs (thiazide diuretics)
Granulomatous diseases (sarcoidosis)

## Hyperparathyroidism classification

Different causes and features of hyperparathyroidism - raised parathormone (PTH).

|  | primary | secondary | tertiary |
| :---: | :---: | :---: | :---: |
| pathology | Hyperfunction of parathyroid cells due to hyperplasia, adenoma or carcinoma. | Physiological stimulation of parathyroid in response to hypocalcaemia. | Following long term physiological stimulation leading to hyperplasia. |
| associations | May be associated with multiple endocrine neoplasia. | Usually due to chronic renal failure or other causes of Vitamin D deficiency. | Seen in chronic renal failure. |
| serum calcium | high | low / normal | high |
| serum phosphate | low / normal | high | high |
| management | Usually surgery if symptomatic. Cincacalcet can be considered in those not fit for surgery. | Treatment of underlying cause. | Usually cinacalcet or surgery in those that don't respond. |

NICE have issued guidance for the use of cinacalcet in what they call refractory secondary hyperparathyroidism which is classified as tertiary hyperparathyroidism in this tblable. http://www.nice.org.uk/TAll7

## Hypoparathyroidism

## $\downarrow$ PTH $=\downarrow$ Calcium



## Causes

- Thyroid surgery
- Parathyroid surgery
- Autoimmune
- Infiltrative
- Familial
- Idiopathic


## Hypocalcemia

- Tetany
- Chvostek sign (Contraction of facial muscles after tapping facial nerve)
- Trousseau sign (Induction of carpal pedal spasm)
- Paresthesias (Fingertips/perioral)
- Prolonged QT interval


## MULTIPLE ENDOCRINE NEOPLASIA SYNDROMES(MEN):

- Inherited disorders, proliferative of multiple endocrine organs
- Youngerage groups
- Synchronous or meta-chronous in multiple organs
- Often muti-focal in the same organ
- Often preceded by asymptomatic hyperplasia
- More aggressive than their sporadic counterparts

Chromosome 11: MEN1 tumor suppressor gene encodes protein Menin

Chromosome 10: RE/protooncogene, +ve test, prophylactic thyroidectomy


- MEN I (3 Ps)
-Pituitary, - Parathyroid, - Pancreatic
- MEN 2A (1M,2Ps)
-MTC
-Pheochromocytoma -Parathyroid
- MEN 2B (2Ms,1P) -MTC,
- Marfanoid
habitus/Mucosal neuroma -Pheochromocytoma
Good luck

