DOCTOR 2020 | JU



VIROLOGY

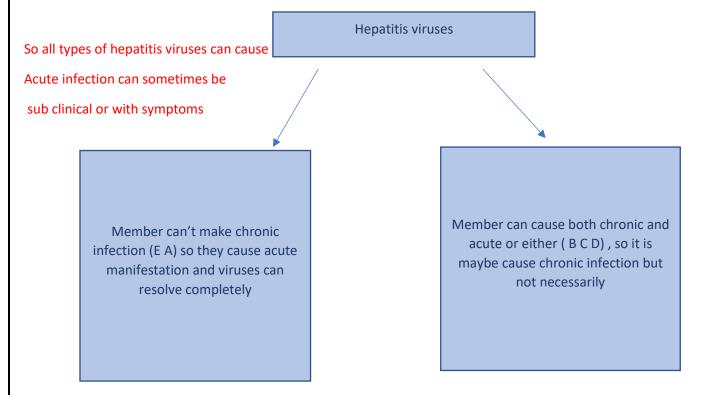
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We have 5 viruses mainly associated with hepatitis (ABCDE) however other viruses can cause liver inflammation like yellow fever virus, cytomegalovirus, Epstein-Barr virus, herpes simplex virus, rubella virus, and the enteroviruses so it can cause hepatitis but it can't consider a member of hepatitis viruses because infection does not primary in liver.

Hepatitis D&E are less clinically important in Jordan.



** D is defective virus need B virus help

The age here most important factor to determine if the viral infection (CB) can lead to chronic infection or not, also it is important in determining a clinical manifestation

Adults	Children
More than 90% who infected with hepatitis B they have acute infection + symptomatic + the body can get rid of virus completely	Especially when their age (less than1 year) in most cases will lead to chronic infection
Developed immune system so most infection led to symptoms * Jaundice and lead in most cases to icteric hepatitis (liver inflammation + Jaundice) see the picture in next page	Immune system non developed completely so less symptoms appear also maybe in most cases be asymptotic and anicteric hepatitis (no Jaundice) As rule in hepatitis the symptoms appear because of immune response not because viral pathogenesis

**** But that doesn't mean all infected children with B, C lead to chronic infection and the same thing in adult we have small percentage (less than 10%) of adults can have chronic infection.

Chronic infection/ acute infection more in hepatitis C than B

Drugs & Diseases > Gastroenterology > Hepatitis A Q&A

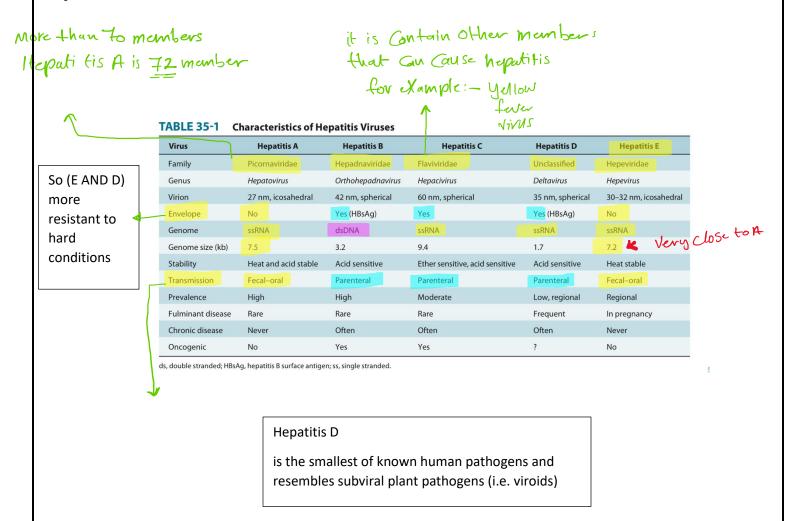
How is the icteric phase of hepatitis A virus (HAV) infection characterized?

Updated: May 08, 2019 | Author: Richard K Gilroy, MBBS, FRACP; Chief Editor: BS Anand, MD more...

References



In the icteric phase, dark urine appears first (bilirubinuria). Pale stool soon follows, although this is not universal. Jaundice occurs in most (70%-85%) adults with acute HAV infection; it is less likely in children and is uncommon in infants. The degree of icterus also increases with age. Abdominal pain occurs in approximately 40% of patients. Itching (pruritus), although less common than jaundice, is generally accompanied by jaundice.



Especially virus A large outbreaks can happen when we have fecal contamination of water takes place, so the Seroprevalence (is the number of persons in a population who test positive for a specific disease based on serology specimens) for hepatitis A and E is high in contaminated places(developing countries) so the children A & E infected in childhood, when they become adults most of them will be seropositive

** hepatitis A infection will Lead to Life long immunity لذلك إعادة التعرض للفيروس لن تسبب الإصابه

So if there's a contaminated water in developing countries the adults will be protected لانهم من الأساس تعرضو للفيروس و هم الأساس تعرضو للفيروس و هم صغار فما رح يكون فيه زي وباء

Unlike developed countries (good hygienic conditions) adult not exposed to viruses in their childhood so that results in outbreaks

** From an epidemiological side virus E more important because we have a vaccine for A virus even in developed countries we have a lot of people are protected from A because a vaccination rather than previous exposure

Both viruses A&E have ssRNA positive sense genome. (very similar in size)

Transmission for B C D viruses.....

- Needle stick injuries (are wounds caused by needles that accidentally puncture the skin.) and that happen mainly by recapping needle https://youtu.be/bEeAo2jCJjw
- It is dangerous issues between 10 people 3 infected by Hepatitis B by the Needle stick injuries
- 2) Blood transfusion (it is rarely)
 because we test blood donor to
 insure that is not hold (hepatitis B,
 HIV, hepatitis C and Treponema
 pallidum bacteria which cause
 syphilis *this bacteria transmitted
 sexually and get indication about the
 behavior for this donor)
- Injection drug use (needle sharing) is common between drug abuser متعاطى المخدرات
- 4) Vertical transmission from mother to child in all state maybe occur *prenatal, postnatal and neonatal And remember vertical infection is associated with higher portion of chronic infection الصاب الأطفال
- Sexual transmission especially in hepatitis B (hepatitis C more common in males homosexual)
- Most common of mood transmission in hepatitis C & D is injection drug use
- Hepatitis B virus is the only virus in hepadnaviridae family that can cause disease to humans.

Hepatitis A virus

 Naked virus (more resistant so it can live in surfaces like water or food items for long time*2 weeks or more)

- ssRNA
- o Transition of this virus associated in many countries (developed countries mainly)with consumption of seafood(raw (مو مطبوخة) like shellfish(the virus live in it (because they can get it from contaminated water) and it is hard to get rid of it.
- Occupation periods (short 10-50 (extreme) * than in most cases just maybe take 2-3
 weeks and it is similar to hepatitis E.....when virus enters the body (by contaminated
 food or water) then to GI tract small intestine to liver try to initiate inflammation
- No antiviral drug to hepatitis A, we provide supportive therapy
- o 1% from cases in acute infection result in Complete disruption of liver function like detoxification ——-lipid soluble accumulation ——
 Hepatic encephalopathy is a nervous system disorder brought on by severe liver disease. When the liver doesn't work properly, toxins build up in the blood. These toxins can travel to the brain and affect brain function, also it happen in all hepatitis viruses in 1% and it is called Fulminant hepatic failure (FHF) is defined as severe acute liver failure in a patient with no preexisting liver disease, with encephalopathy developing within 2 weeks of the first manifestation of liver disease.

One of the earliest marker to indicate liver injury is elevated PT.

- Acute infection symptoms for all hepatitis viruses
- Prodromal fever * a prodrome is an early sign or symptom (or set of signs and symptoms)
 that often indicates the onset of a disease before more diagnostically specific signs and
 symptoms develop
- 2) Nonspecific body in all over the body like anorexia and generalize weakness, myelogenous and Arthralgia describes **joint stiffness**

Start liver enzyme raise (because the virus replication in hepatic cell that contains enzyme when this enzyme starts leaking to blood here there is a distraction of hepatic cell) * one of this enzyme ALT (Alanine aminotransferase) in cytosol also AST (in mitochondria) show a problem in lever

*Note ...ALT/AST high —-hepatitis virus, AST/ALT high——-alcoholic liver disease because a detoxification for alcohol happened in mitochondria.

- 3) Distinct symptom— Jaundice is a condition in which the skin, whites of the eyes and mucous membranes turn yellow because of a high level of bilirubin because of
- *Excess production hemolysis of RBC because the bilirubin come from heme group
- *Less excretion ——because of problems in lever like viral hepatitis
- 4) obstructive Jaundice in hepatitis b (in adults, acute hepatitis)

Note** bilirubin metabolism to get rid of it happen in

- 1) 2/3 GI tract
- 2) 1/3 rental secretion

In hepatitis there is a problem in excretion by GI tract so we will have bale stools and all excretion will be by renal secretion resulting dark color urine

Why are stools pale in hepatitis?

Cirrhosis of the liver and hepatitis **reduce or eliminate bile salts that help the body digest food** and absorb nutrients. Gallstones or sludge in the gallbladder reduce the amount of bile that reaches your intestines. Not only may this cause pain, but it can also turn your stool yellow.

Note: from epidemiologic perspective, due to highly hygienic behaviors in our Jordanian population the percentage of positive serotype in adults get shifted (less children get exposed to contaminated food or water), so we must be aware of the importance of vaccination to avoid the outbreak of hepatitis viruses.

هيك بتكون خلصت المحاضره في أشياء الدكتور ما شرحها زي Structure and Composition و غيره

فلازم ترجعو للكتاب