DOCTOR 2020 | JU



METABOLISM

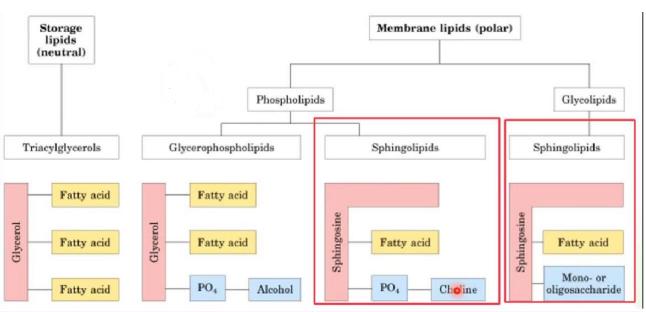
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Sphingolipids:

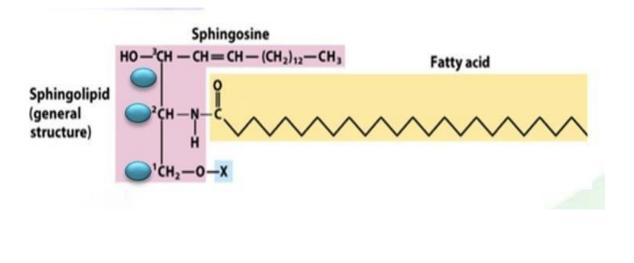


There are two types of sphingolipids: **sphingophospholipid** (Sphingomyelins) & **Sphingoglycolipids**. Both share the presence of sphingosine as their backbone and one fatty acid; however, they differ in the head group connected to sphingosine \rightarrow

- Sphingophospholipid head group: phosphocholine
- Sphingoglycolipids head group: Mono or oligosaccharide

Structure of sphingolipids

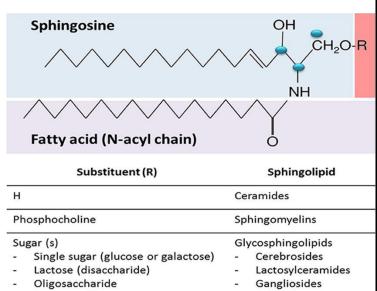
Notice that C1 is connected to an oxygen and the head group, while C2 is associated with Nitrogen connected to a fatty acid chain. Moreover, C3 is associated with an OH group and an unsaturated alkyl group containing a C=C (double bond).



Ceramides are the basic sphingolipids and the precursors with H connected to sphingosine as the head group (it will be ionized at physiological pH).

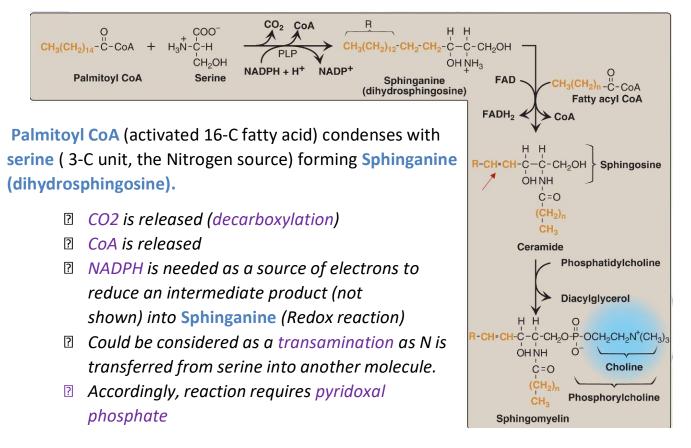
Recall: Phosphatidic acids is the basic glycerophospholipids.

Glycosphingolipids are further classifiedinto: Cerebroside (the basic type),Globosides (Lactosylceramides), Gangliosides, and Sulfatides.



- Sugar + sulfate - Sulfatides

Synthesis of sphingomyelin



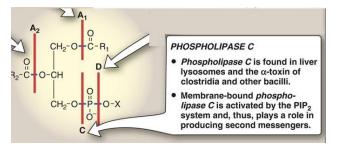
Then another activated fatty acid in the form of Fatty acyl CoA is transferred to Sphinganine **,specifically to the serine portion**. Moreover, FAD is Reduced to FADH2 to oxidize the Palmitoyl (forming the double bond), and by this **Ceramide** is produced.

Phosphorylcholine from phosphatidylcholine is transferred to the ceramide, producing **sphingomyelin** and DAG.

Deficiency of sphingomyelinase

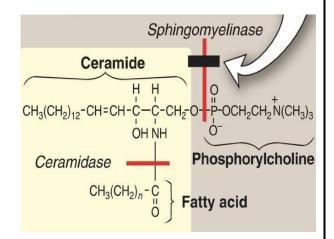
Just like any other molecules in our bodies, sphingomyelin should be degraded and renewal from time to time.

Sphingomyelin degradation is carried by the enzyme **sphingomyelinase** (similar to phospholipase C, as it cleaves the head group right before the phosphate group, releasing **phosphorylcholine** and converting Sphingomyelin into ceramide).



Any factor that will affect the degradation process will cause a disease, one of these diseases is **Niemann-Pick Disease** (one of Lysosomal storage diseases, discussed later).

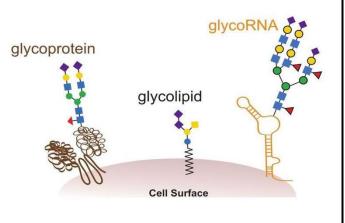
- Results from Sphingomyelinase deficiency
- Enlarged liver and spleen with lipids
- Mental retardation in infants
- Two types: type A and type B
- **Type A** is very severe, where there is **no enzymatic activity at all**, resulting in intellectual disabilities, neurodegeneration, and death in early childhood.



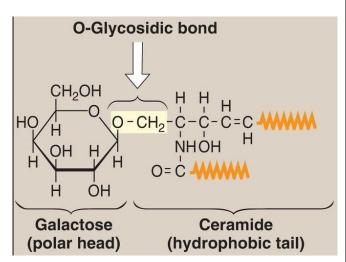
- **Type B**, gene is mutated and defective; however, **not 100% deficiency**, thus symptoms are less severe.
- Common among Ashkenazi Jews (middle eastern Jews).

Glycosphingolipids (glycolipids)

Many molecules could be glycosylated for many purposes for example, proteins are glycosylated to form glycoproteins; moreover, RNAs can be glycosylated to form glycol RNA. However, we are concerned with **glycolipids**.



- They are made of ceramide (precursor)
- They are located in the outer leaflet of the plasma membrane (adhesion, recognition, and signaling)
- A sugar(s) is attached to ceramide by an **O-glycosidic bond.**
- The number and type of carbohydrate moieties present determine the type of glycosphingolipid.

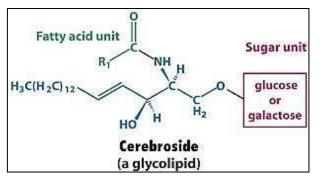


Types of glycolipids

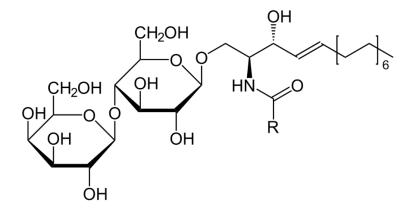
Glycolipids are either Neutral glycosphingolipids or Acidic glycosphingolipids

Neutral glycosphingolipids: (head group doesn't have a charge at physiological pH)

• Cerebrosides are the simplest; they are either <u>glucocerebrosides</u> or galacto<u>cerebroside</u>

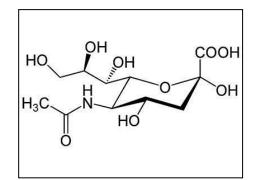


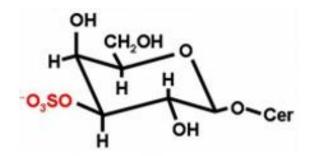
 Globosides (ceramide oligosaccharides), in which neutral oligosaccharides are added as ahead group for example, Lactosylceramide



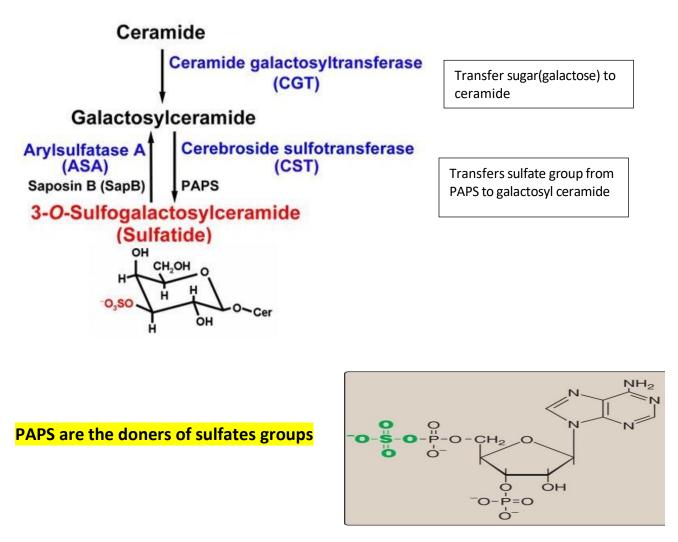
Acidic glycosphingolipids

-They are negatively charged at physiologic pH due to attachment of N-acetylneuraminic acid ([NANA], a sialic acid, in gangliosides or by sulfate groups in sulfatides.





Sulfatides



Gangliosides

They are designated as **G** (for ganglioside) plus a **subscript** (M, D, T, or Q) to indicate **number of sialic acid molecules**: 1 (mono), 2 (di), 3 (tri), or 4 (quatro), and then **numbers** to indicate <u>indirectly</u> the number of sugar residues subtracted from 5:

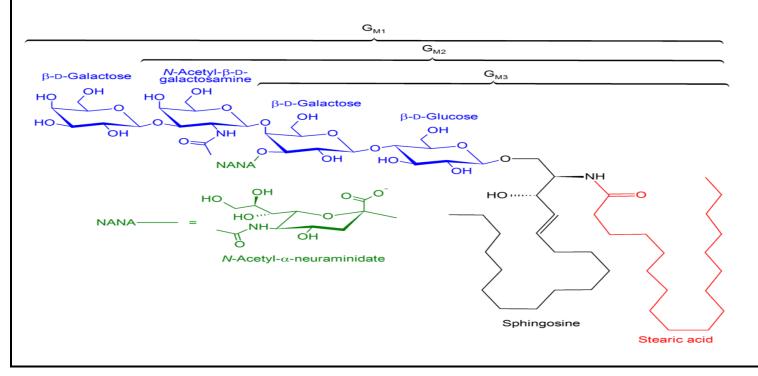
- GM1 contains 5–1 = 4 sugar residues
- 3 33 Sialidase B4 α3 α R4 Sialidase **B4** R4 **B4** ß B ß β · Cer er Cer LacCer GM3 GM₂ GM1 GD1a GalNAc Cer = Ceramide Gal Sia Glc
- GD3 contains 5–3 = 2 sugar residues

Further elaboration: **GM1**

G = Ganglioside.

M= Mono = One molecule of Sialic acid (NANA).

1 => 5-1 = 4 = 4 sugars are present in the molecule (indirect indication).

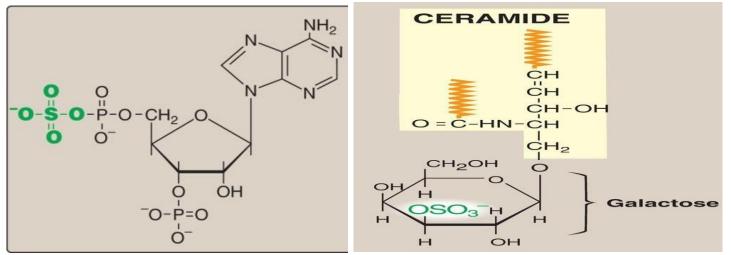


Synthesis of glycosphingolipids I

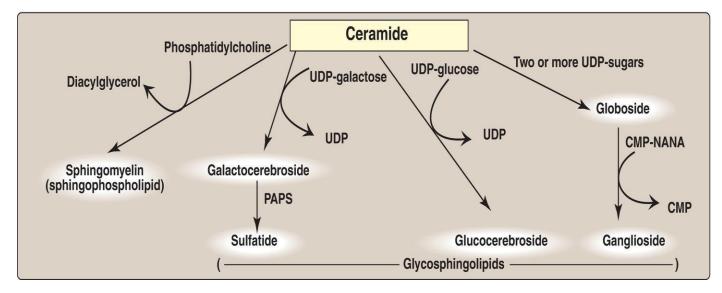
- Synthesis of glycosphingolipids occurs primarily in the Golgi apparatus by sequential addition of glycosyl monomers transferred from UDP-sugars to the acceptor molecule by glycosyltransferases (Ex: Ceramide glycosyl transferase)
- A sulfate group from the sulfate carrier 3'-phosphoadenosine-5'-phosphosulfate ([PAPS], is added by a sulfotransferase to the 3'-hydroxyl group of the galactose in a galactocerebroside, forming the sulfatide (galactocerebroside 3-sulfate).

PAPS

Galactosyl-ceramide



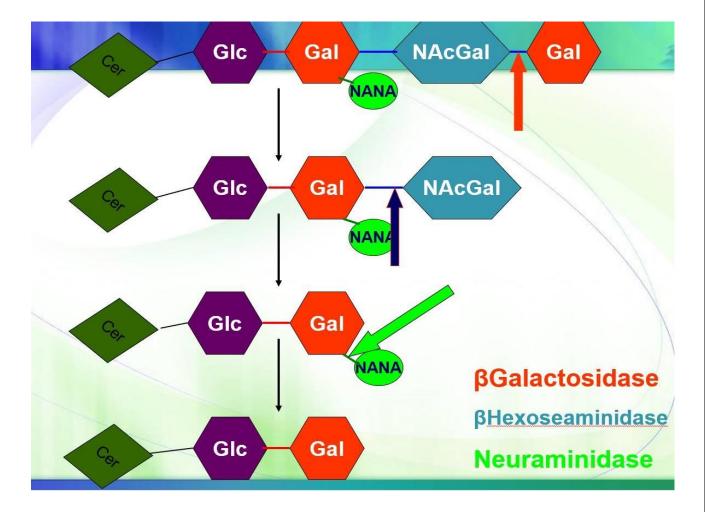
• The following figure summarizes the synthesis of different Sphingolipids:-



Note :- All the sugars incorporated in Glycolipids must be activated by UDP. However NANA is activated by a molecule of CMP.

Degradation of glycosphingolipids

- Degradation (Renewal) of Glycosphingolipids is achieved by internalization by phagocytosis (Macrophages) into phagosomes that fuse with the lysosomes thus forming Phagolysosomes that contain hydrolytic enzymes.
- The lysosomal enzymes hydrolytically and irreversibly remove the sugars **sequentially** starting with the last one added and ending with the first one added.
- Defect in the degradation of glycosphingolipid, as well as glycosaminoglycans and glycoproteins, causes lysosomal storage diseases. (Ex: Sphingolipidoses)



Notice for the previous figure that :

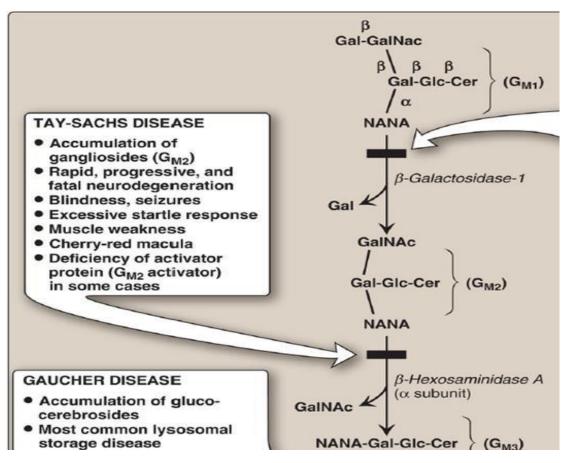
- 1- Galactose is cleaved by Beta-galactosidase
- 2- N-acetyl-Galactosamine (NAcGal) is cleaved by Beta-hexosaminidase
- 3- Sialic acid (NANA) is cleaved by Neuraminidase

Sphingolipidoses: Genetic disorders related to defective degradation of sphingolipids

- The rate of biosynthesis of the accumulating lipid is normal
- usually, **only a single sphingolipid type accumulates** (the substrate for the deficient degradative enzyme accumulates in the involved organs).
- The disorders are **progressive and can be fatal.**
- There is extensive phenotypic variability in patients due to :-
 - ✓ The Particular defective gene that causes the disorder (the clinical type)
 - ✓ Locus heterogeneity: the types of mutations (the degree of damage or change within the gene) within the gene that produce the defective enzyme. *To further elaborate*: individual (A) has a certain mutation in gene (1) that leads to 10% deficiency in the degradative enzyme activity while individual (B) has a different mutation on the same gene (1) that leads to complete loss of enzymatic activity. This phenotypic variability is known as Locus heterogeneity.
- They are genereally autosomal-recessive disorders (carried on autosomal chromosomes not sex chromosomes), (except for Fabry disease, which is X linked). The incidence of the sphingolipidoses is low in most populations, except for Gaucher and Tay-Sachs diseases, which, like Niemann-Pick disease, show a high frequency in the Ashkenazi Jewish population.
- Bottom line : Severity depends on both the type of the enzyme deficient as well as nature of the mutation that happened in that gene.
- Despite being generally Autosomal recessive disorders, in some cases heterozygosity (one mutated gene, one healthy gene) may be associated with some symptoms in some selective patients.
- Now let's examine some of the clinically important diseases (The doctor said that the symptoms aren't as important, so focus on what accumulates and what enzyme is being deficient. There are also other conditions that the doctor didn't explain).

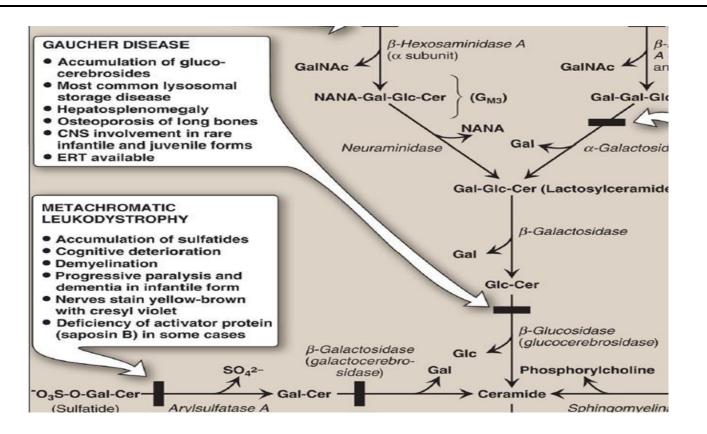
1- TAY-SACHS disease:

- Characterized by accumulation of Gangliosides (Gm2) due to defective enzymatic activity of Beta-Hexosaminidase A which leads to inability to cleave the N-acetyl Galactosamine.
- Rapid , progressive and fatal neurodegeneration.
- Blindness and seizures



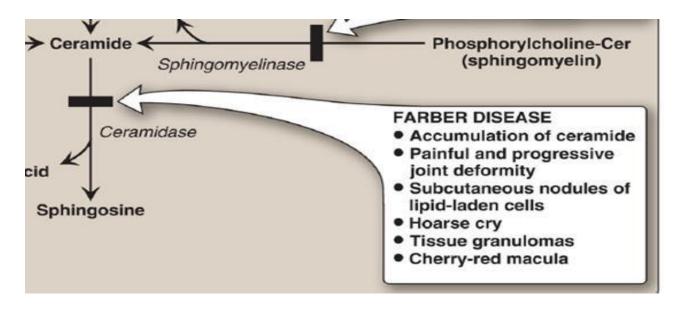
2- Gaucher's disease:

- Characterized by accumulation of glucocerebroside due to defective enzymatic activity of Beta-glucosidase, also known as Glucocerebrosidase which leads to inability to cleave Glucose.
- Most common lysosomal storage diseases.
- Hepatomegaly as well as neural defects.
- Enzyme replacement Therapy can be used (ERT).

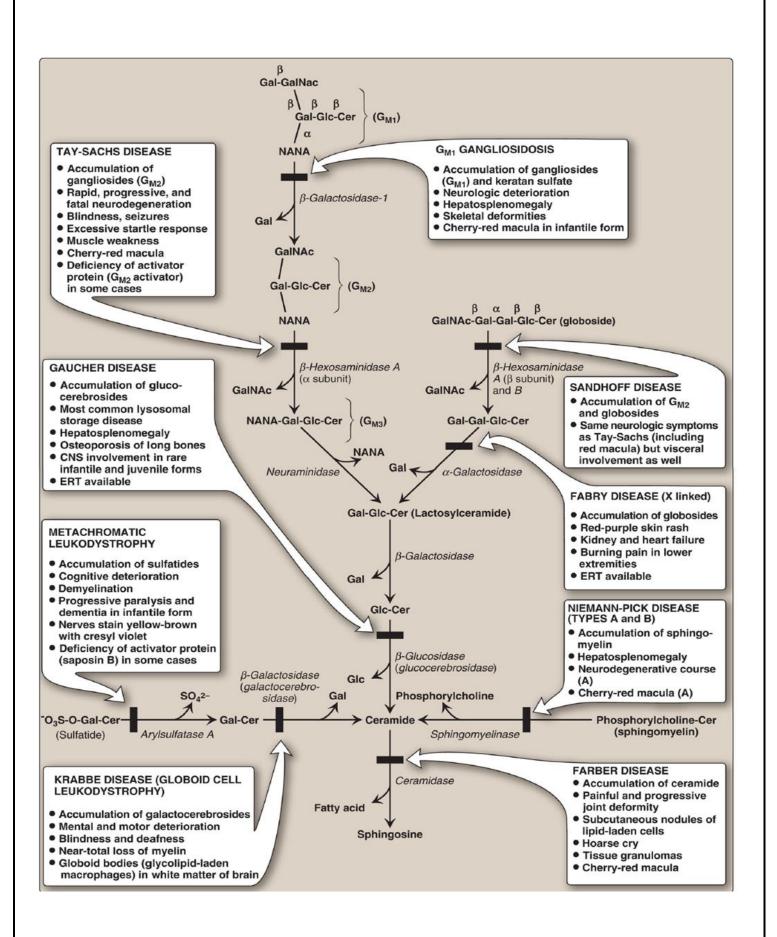


3- Farber's disease:

- Characterized by the accumulation of ceramide due to defective enzymatic activity of Ceramidase which leads to inability to convert ceramide back to sphingosine.
- Painful and progressive joint deformity.



Remember: All lysosomal storage diseases are Autosomal recessive Expect for Fabry's disease which is X-linked



Diagnosis and treatment

- Diagnosis:
 - Measure enzyme activity in cultured fibroblasts or peripheral leukocytes
 - Analyzing DNA using Next generation sequencing or genome analysis.
- Treatment:
 - Recombinant human enzyme replacement therapy although limited as it is hard for supplied enzymes to reach and enter the target cells. Used in Gaucher disease and Fabry disease (expensive)
 - Bone marrow transplantation: Used in Gaucher disease as the cells that are usually affected are macrophages which are derived from the bone marrow. Therefore, we can transplant a healthy bone-marrow and in other cases, we can use gene therapy to edit stem cells in the bone marrow.
- Substrate reduction therapy done by reducing the amount of substrate of the deficient enzymes which may help to some extent.
 - Gaucher disease: Pharmacologic reduction of glucosylceramide.

The End