Anatomical snuffbox

- Depression seen on the lateral aspect of the wrist immediately distal to the radial styloid process.
- Bounded:
- laterally by tendons of the abductor
 pollicis longus, extensor pollicis
 brevis.
- Medially by tendon of the extensor pollicis longus.

floor: scaphoid and trapezium bones

Its clinical importance lies in the fact that the scaphoid bone is most easily palpated here and that the pulsations of the radial artery can be felt here









BLOOD SUPPLY OF THE HAND

Anastomoses occur between the radial and ulnar arteries via the superficial and deep palmar arches

The Deep palmar arch is formed mainly by the radial artery while the superficial palmar arch is formed mainly by the ulnar artery

3-On entering the palm, it <u>curves</u> <u>laterally *behind* (deep)</u> the palmar aponeurosis and in <u>front</u> (superficial) of the long flexor tendons forming <u>the superficial palmar arch</u>

2-Then it gives off its deep branch of which runs in **front of the FR**, and joins the radial artery to <u>complete</u> <u>the deep palmar arch</u>

> 1-Enters the hand <u>anterior</u>
> (superficial) to the <u>flexor retinaculum</u> <u>through Guyon's</u> <u>canal</u>

Superficial palmar branch of radial artery

4-The arch is

completed on

the lateral side

by the

superficial

branch of the

radial artery.

Radial artery

5-The superficial palmar arch gives off digital arteries

from its convexity which <u>pass</u> to the fingers and supply them



RADIAL ARTERY

first dorsal interosseous muscle

1-From the floor of the anatomical snuff-box <u>the radial artery leaves the dorsum</u> of the hand by turning forward <u>between</u> the two heads of the <u>first dorsal interosseous muscle</u>. 4-The deep palmar arch sends branches <u>superiorly</u> (proximally) (anastomosis around the wrist joint), <u>inferiorly (distally)</u> (join the digital branches of the superficial palmar arch.)



2-it Curves medially <u>beneath</u> the long flexor tendons and in <u>front</u> of metacarpal bones and interosseous muscles forming <u>the deep palmar</u> <u>arch</u> The location of palmar arches should be borne in mind in wounds of the palm and when palmar incisions are made



The Allen's test is a non-invasive

evaluation of the arterial patency of the hand

https://youtu.be/gdgomN6TsuE

https://youtu.be/D1tJO0RW9UM

NERVE SUPPLY OF THE HAND

Three nerves participate in the innervation of the hand

ULNAR NERVE MEDIAN NERVE RADIAL NERVE

THE MEDIAN NERVE

3- Then It immediately <u>divides</u> <u>into lateral and medial</u> <u>branches!!!</u>

2-At the lower border of the flexor retinaculum it gives off the <u>Recurrent</u> <u>muscular branch!!!</u>

> 1-The median nerve enters the hand through the carpal tunnel, deep to the flexor retinaculum

Recurrent muscular branch at lower border of FR

<u>supplies</u> thenar eminence (abductor pollicis brevis, flexor pollicis brevis, and Opponens pollicis) and 1st Lumbrical!!

> Flexor pollicis brevis — Abductor pollicis brevis —

> > Digital branch of median nerve

Recurrent branch_ of median nerve

Abductor digiti minimi

Flexor retinaculum -

This particular nerve is also called "**Million Dollar Nerve**" because injury to this nerve <u>during carpal tunnel surgery</u> can lead to a million dollar lawsuit. Injury to this nerve can lead to loss of function of the thumb.



KEN

HUB

The medial and lateral divisions of the median nerve gives off the **palmar digital nerves**

They are mostly <u>cutaneous</u> <u>branches</u> which supply the palmar aspect of the <u>lateral</u> three and a half fingers and the distal half of the dorsal aspect of each finger.

One of these branches is motor and it supplies the second lumbrical muscle.









DEEP BRANCH OF THE ULNAR NERVE

1) Runs backward between abductor digiti minimi and flexor digiti minimi.

2) It **pierces the opponens digiti minimi**, winds around the lower border of the hook of the hamate, And **passes laterally** within the <u>concavity of the deep palmar</u> <u>arch.</u>

3) lies <u>behind</u> the long flexor tendons and in <u>front</u> of the metacarpal bones and interosseous muscles.

Important

- It gives off muscular branches to

abductor digiti minimi, flexor digiti minimi, and opponens digiti minimi. all the palmar and dorsal interossei, the 3rd and 4th lumbrical muscles, adductor pollicis muscle. 20



Remember

-In forearm :

 ✓ palmar cutaneous branch (supplies skin over medial part of the palm)
 ✓ Dorsal cutaneous branch (medial third of dorsum of the hand)



RADIAL NERVE\ SUPERFICIAL BRANCH

In the wrist it divides into terminal branches <u>that</u> <u>supply</u>:

1) The <u>Skin</u> on the <u>lateral two</u> <u>thirds</u> of the **posterior** surface of the **hand**

The posterior surface over the proximal phalanges of the lateral three and a <u>half fingers</u>.

* The area of skin supplied by the nerve on the dorsum of the hand is variable.



THE DORSUM OF THE HAND

Skin

The skin on the dorsum of the hand is

- thin, hairy

- freely mobile on the underlying tendons and bones.

The sensory nerve supply to the skin on the dorsum of the hand is derived from the

- 1) <u>superficial branch of the radial</u> <u>nerve and</u>
- 2) <u>the posterior (dorsal) cutaneous</u> <u>branch of the ulnar nerve.</u>



