

2021

BONES OF THE GLUTEAL REGION

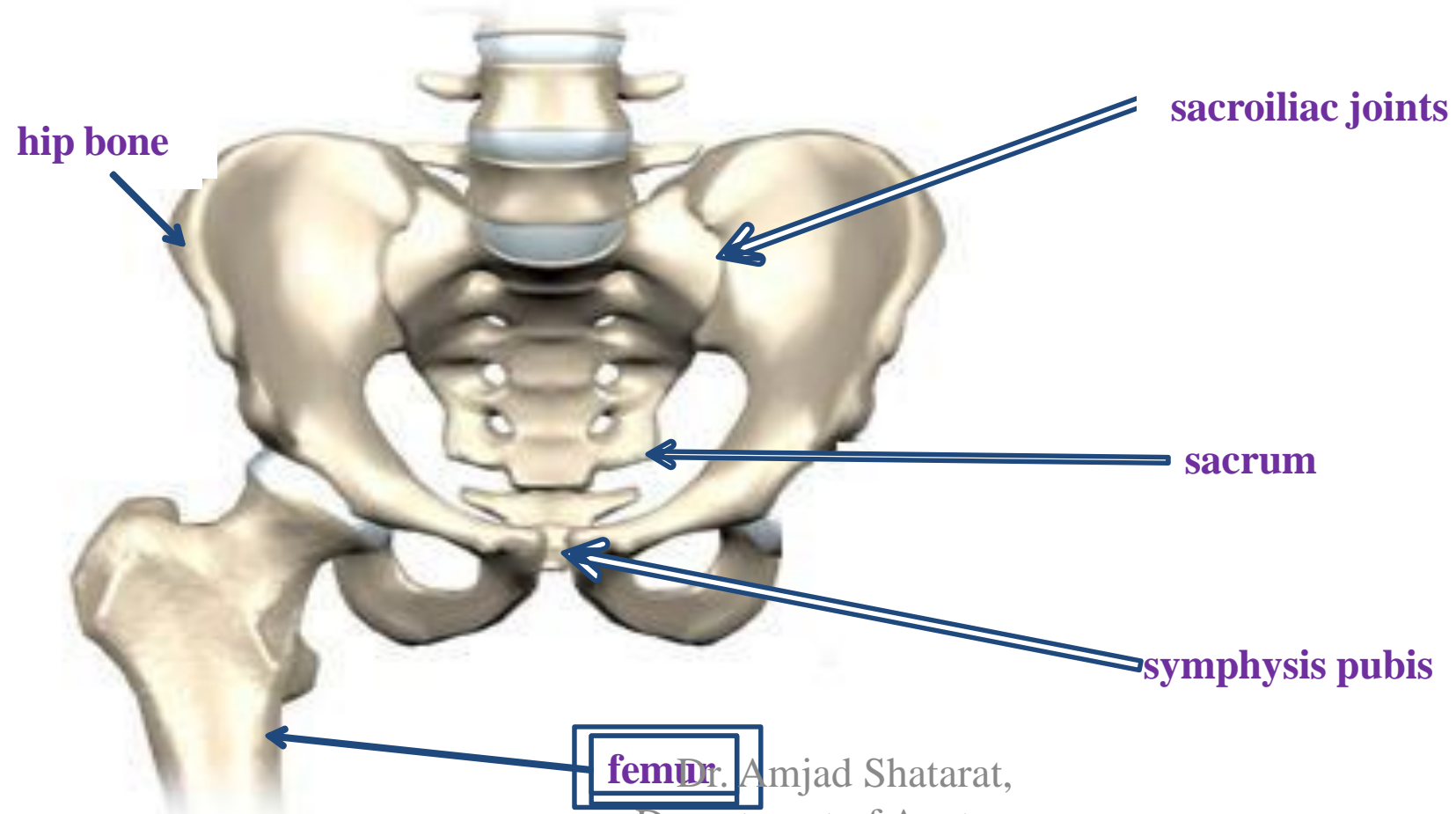
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The pelvic girdle

The hip bones articulate with the **sacrum**

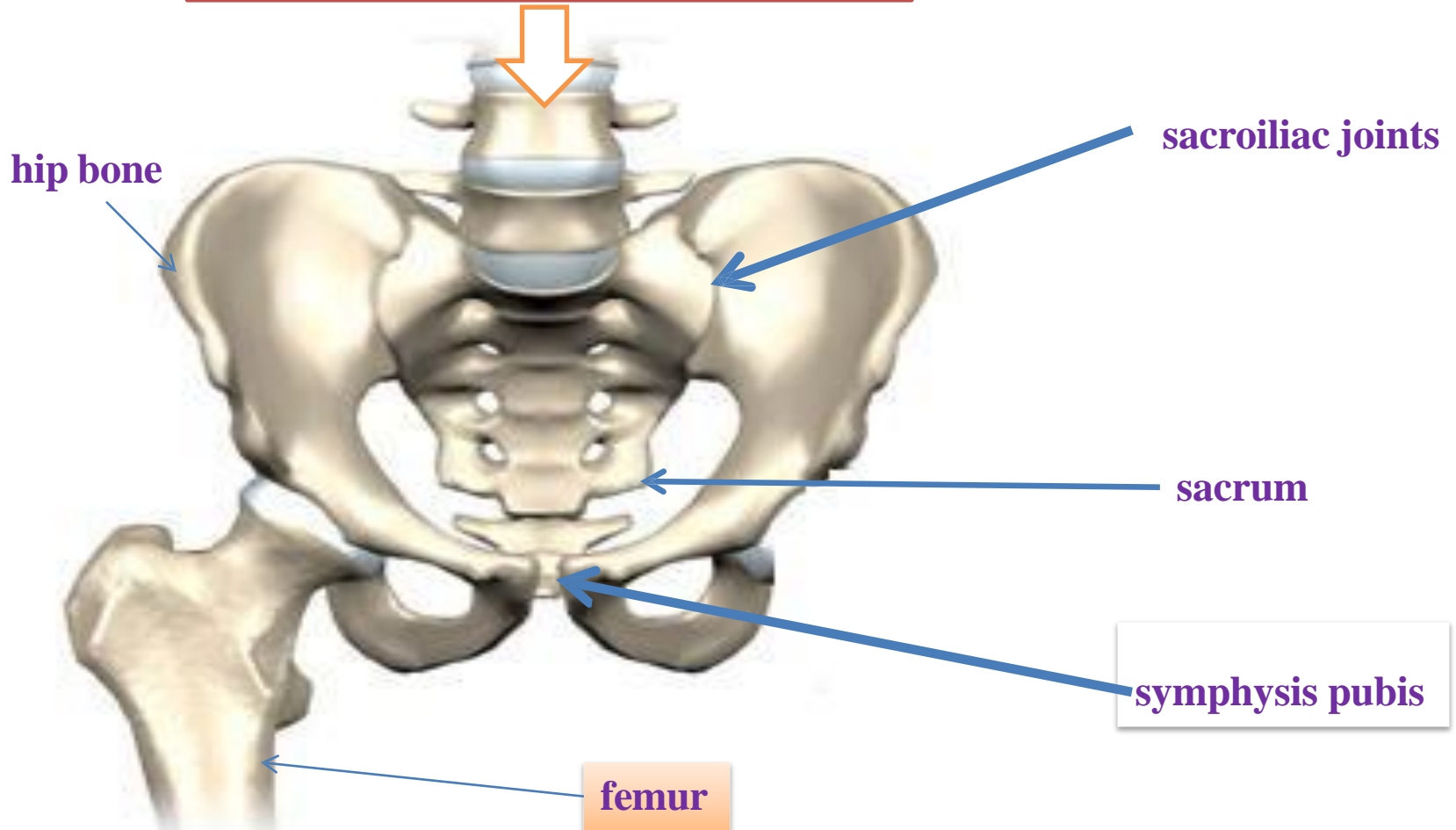
at the **sacroiliac joints posteriorly**

while **anteriorly** they articulate with one another at the **symphysis pubis**



The 2 hip bones with the sacrum form the pelvis

Now look! where does the pelvis look?
It is looking right at you! Never upwards



During your first practical session, make sure to have a look at the anatomical position of the pelvis

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THE HIP BONE

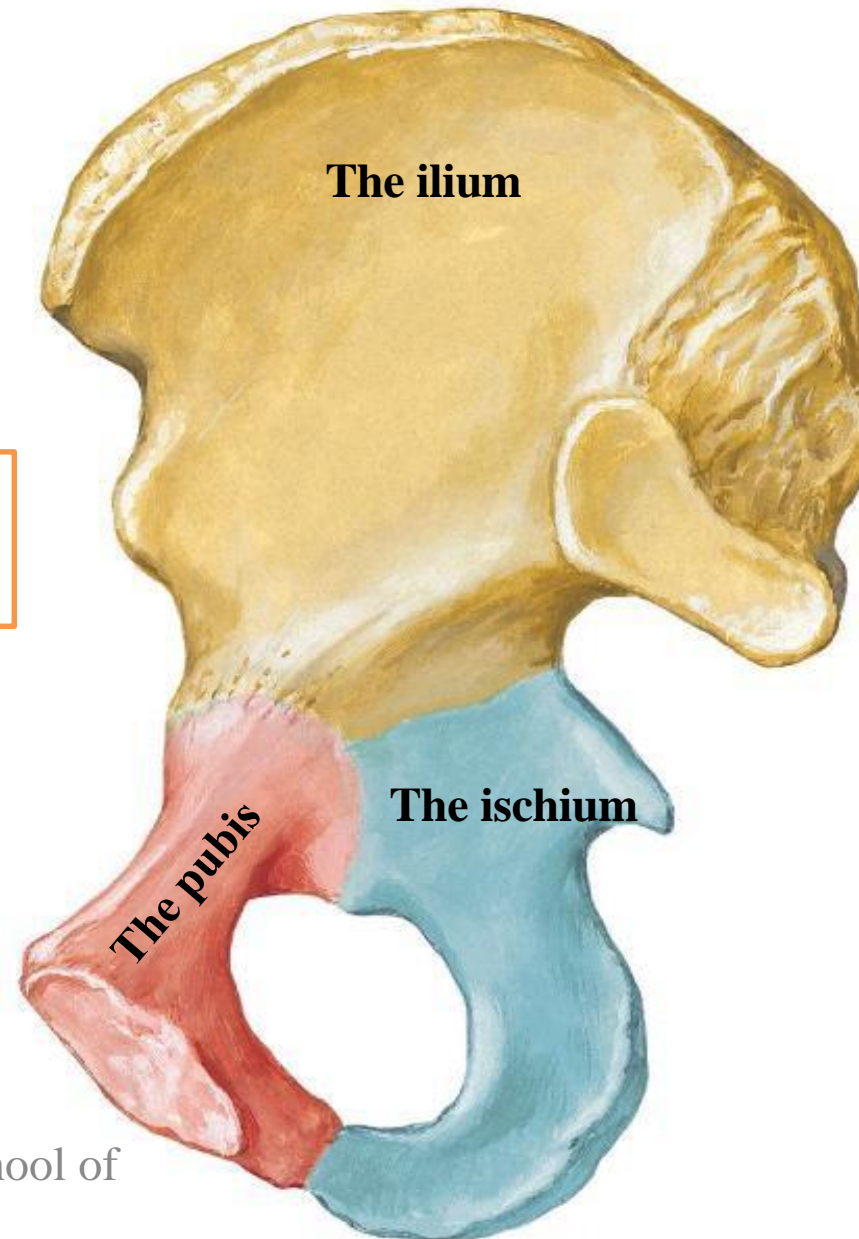
Hip (Coxal) Bone
Medial View



The hip bone is made of:

- 1 The ilium: superior in position
- 2 The ischium: postero-inferior in position
- 3 The pubis: antero-inferior in position

However!!!!!!!



The ilium , ischium and pubis

meet one another by means of

triradiate (Y-shaped)

cartilage at the Acetabulum.

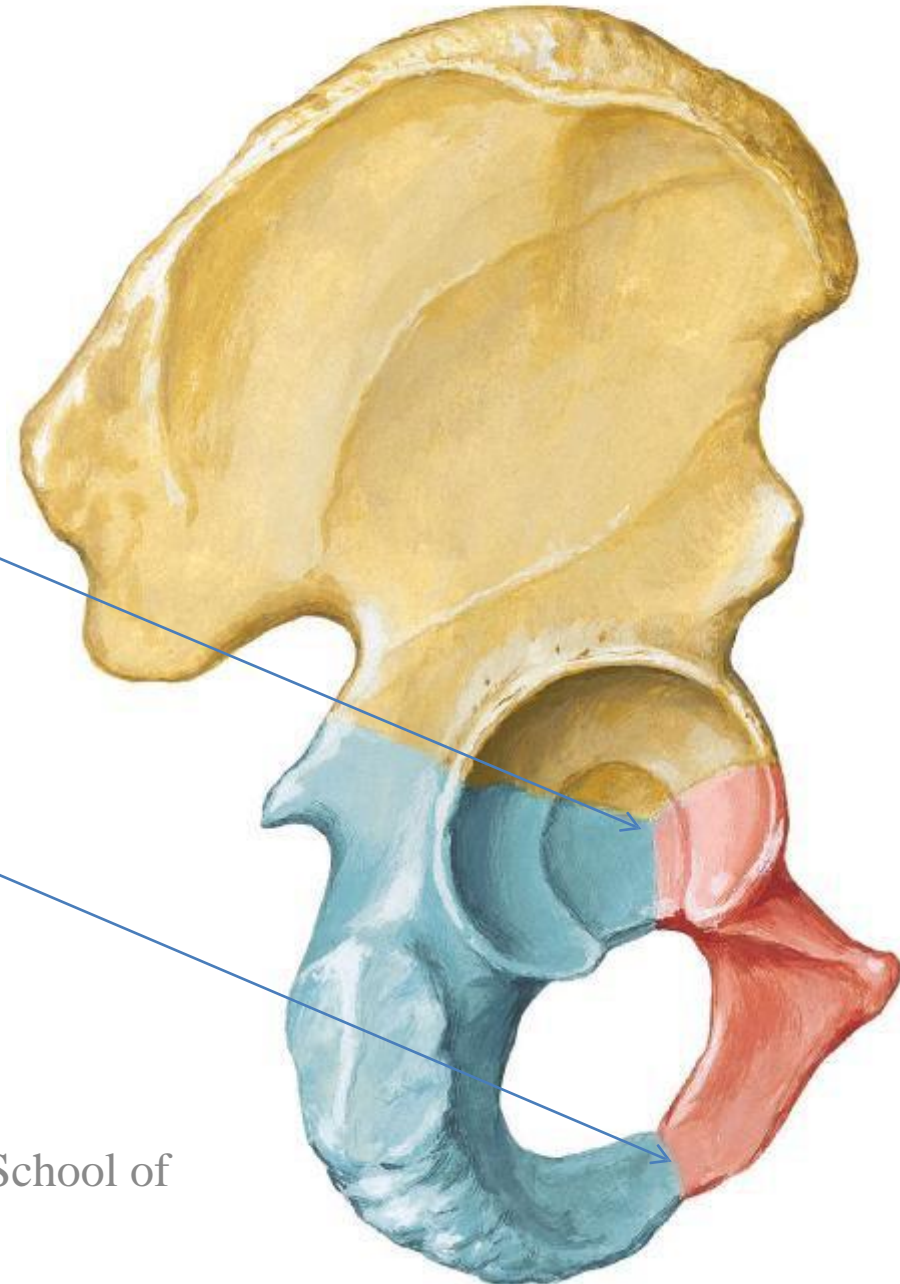
While *the inferior ramus of the pubis meets with the ramus*

of the ischium by

cartilaginous union

Ossifies near the age of 7 years

What is the idea here?



at puberty the triradiate cartilage starts to ossify and near the age of 17 the triradiate cartilage will be replaced by bony union



All three bones are connected to each other by **triradiate** cartilage

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Anteroposterior radiograph of the pelvis of a boy aged 7.

Read only

1. Ilium. 2. Part of triradiate growth cartilage. 3. Superior femoral epiphysis. 4. Cartilaginous growth plates. 5. Ossifying greater trochanter. 6. Ischium. 7. Pubis. 8. Cartilage between pubic and ischial rami.

1-The Ilium

Hip (Coxal) Bone
Lateral View

Two parts:

- 1- Ala
- 2- Body

Right hip bone

Superior border

Is made by the iliac crest

Anterior border

Begins at the anterior superior iliac spine (A.S.I.S)

and ends at the anterior inferior iliac spine (A.I.I.S)

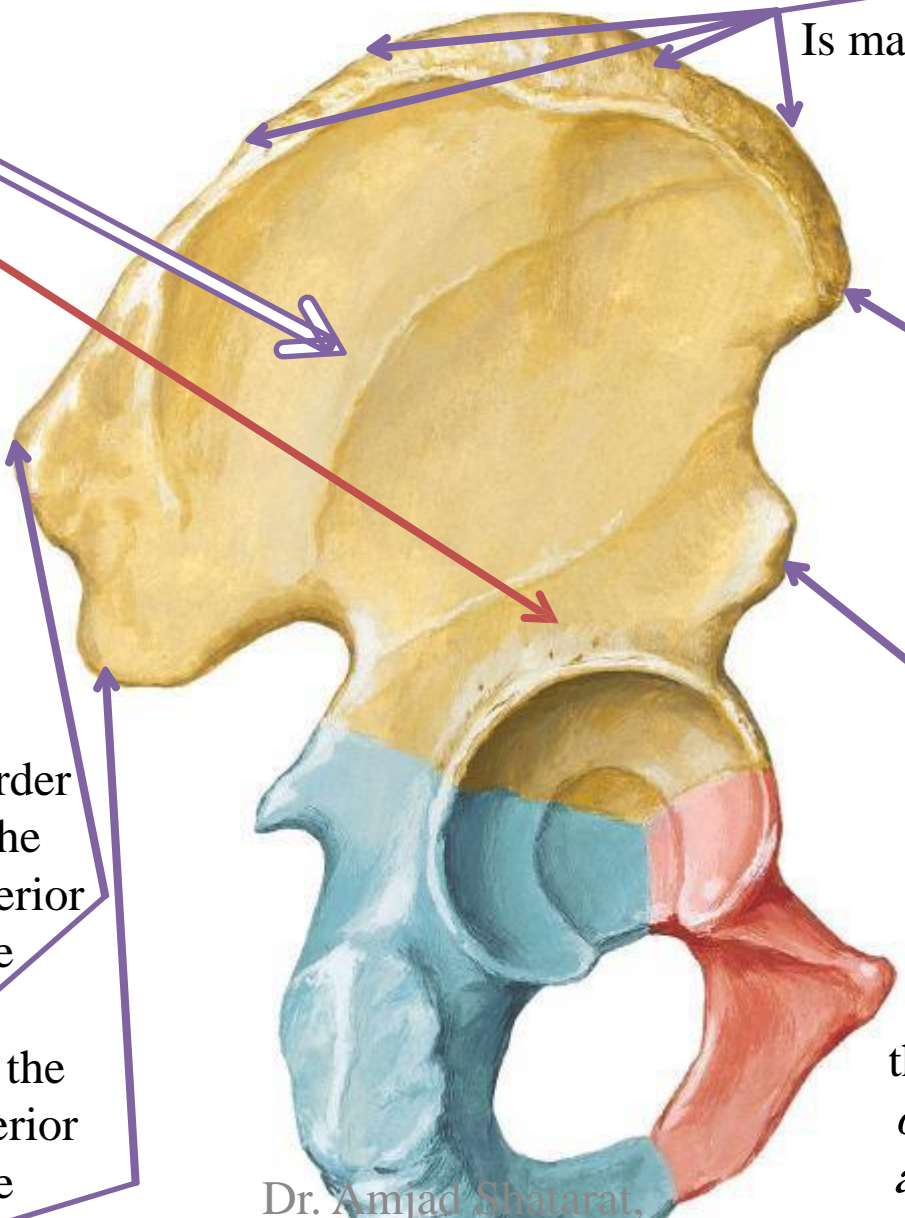
the anterior superior spine of the ilium is easily felt and may be visible in the thin subject

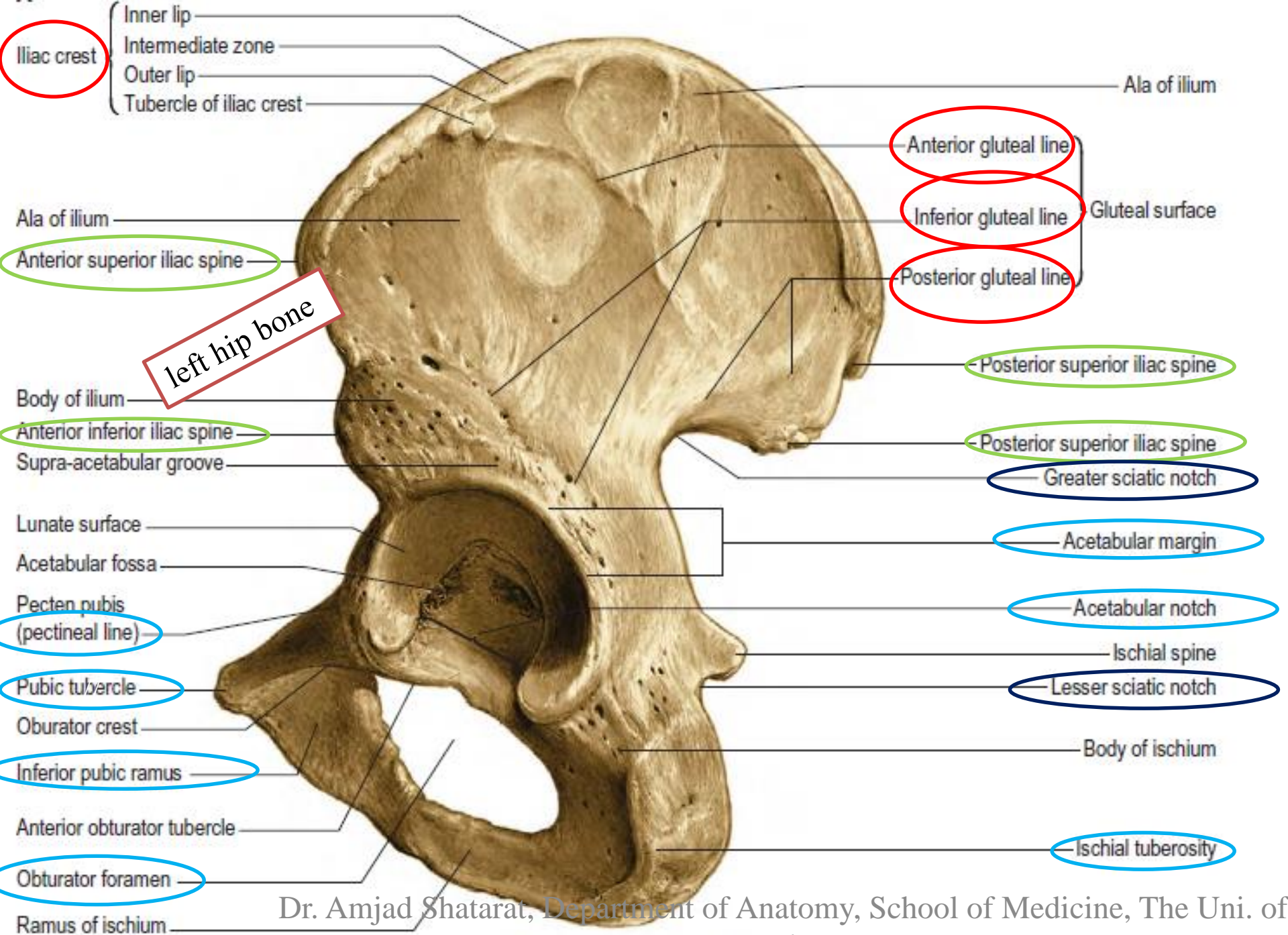
Three surfaces

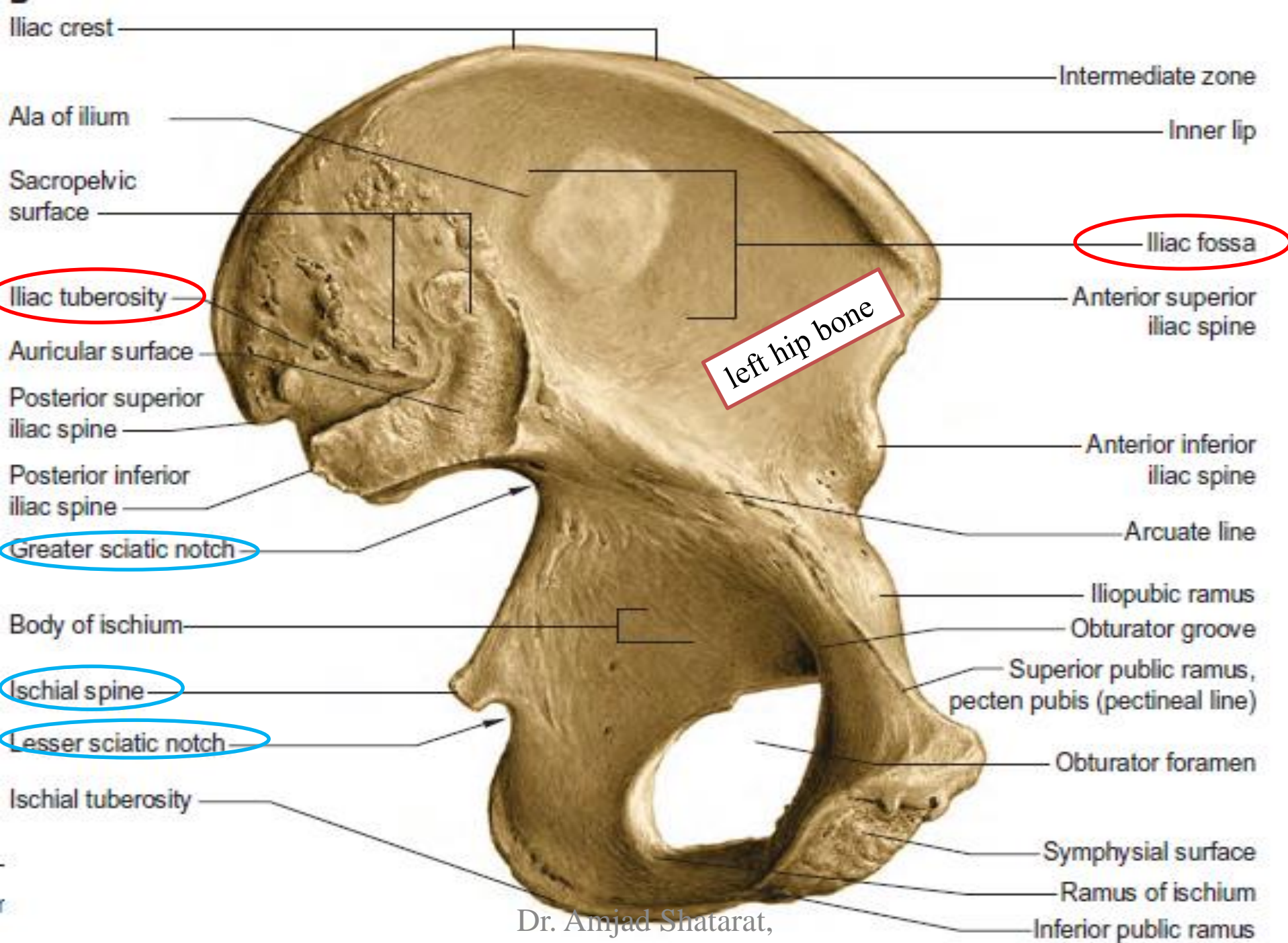
- 1-gluteal surface
- 2-iliac fossa
- 3-sacropelvic surface

Posterior border
Begins at the posterior superior iliac spine (P.S.I.S)

And ends at the posterior inferior iliac spine (P.I.I.S)







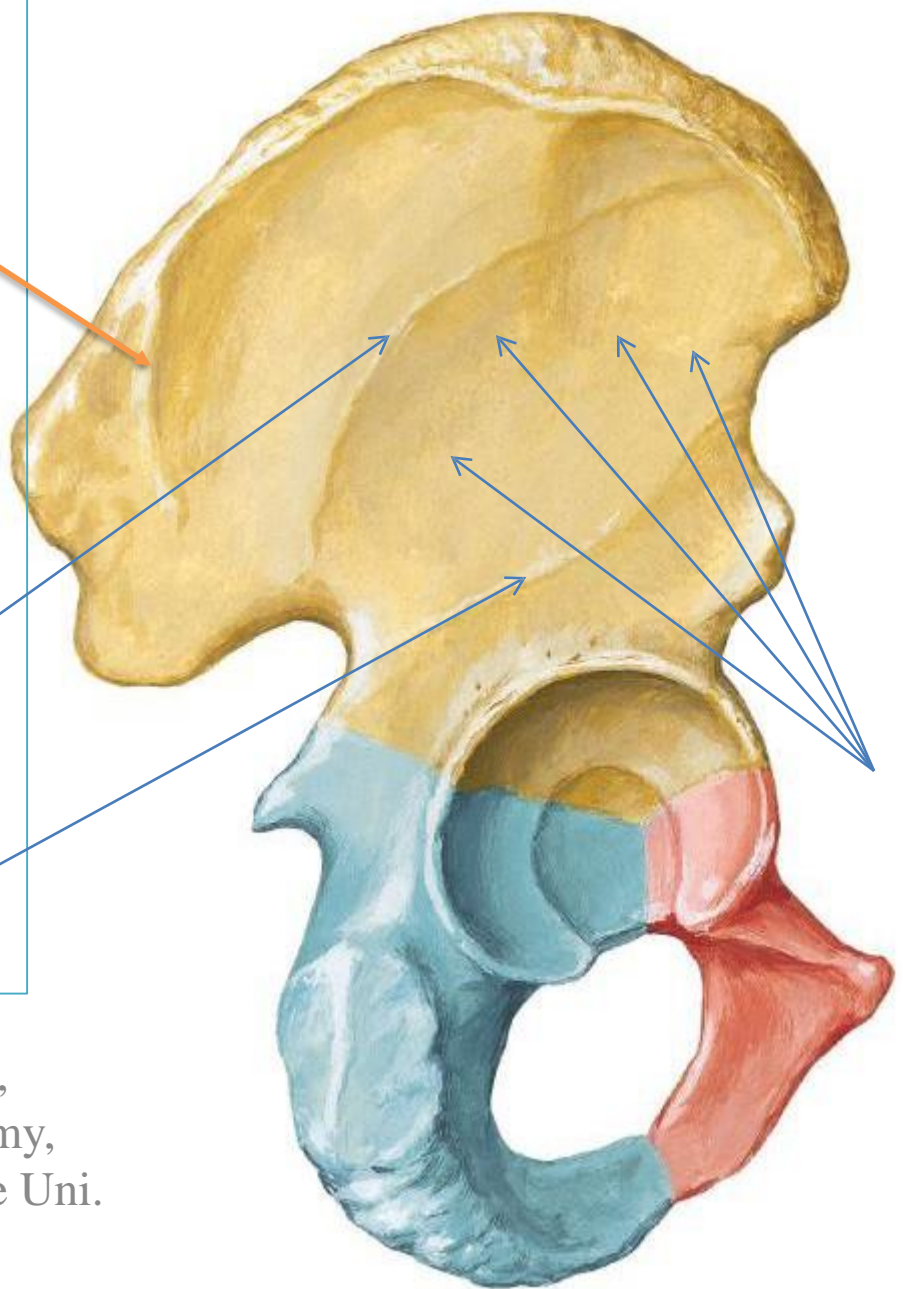
Hip (Coxal) Bone Lateral View

The gluteal surface is divided into 4 parts by three lines:

1- Posterior gluteal line

2- Middle gluteal line
Or anterior

3- Inferior gluteal line

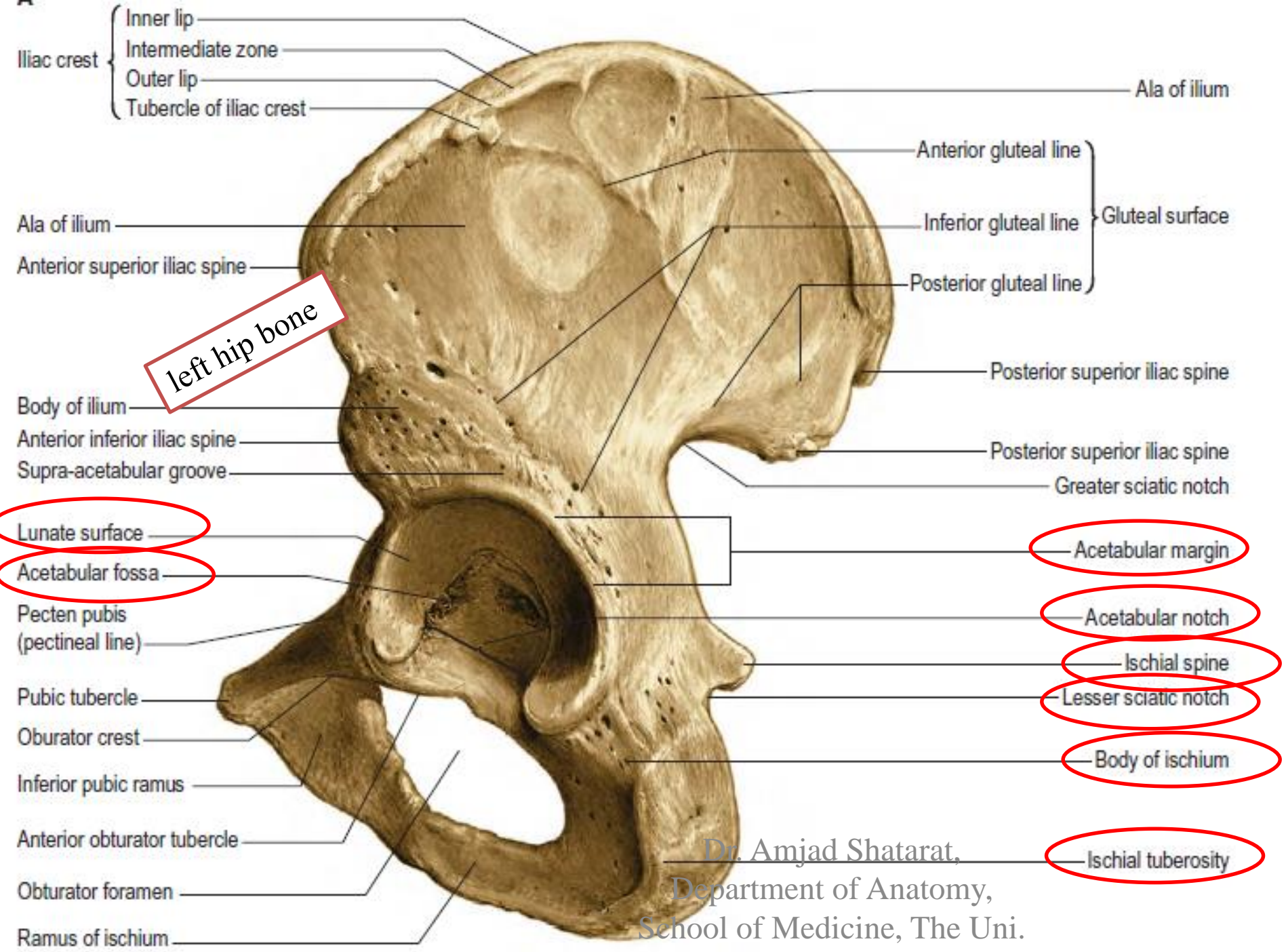


MAKE SURE
you know the names of the muscles that are attached to the areas between these lines



Which muscle is attached to the area between the inferior and middle gluteal lines?

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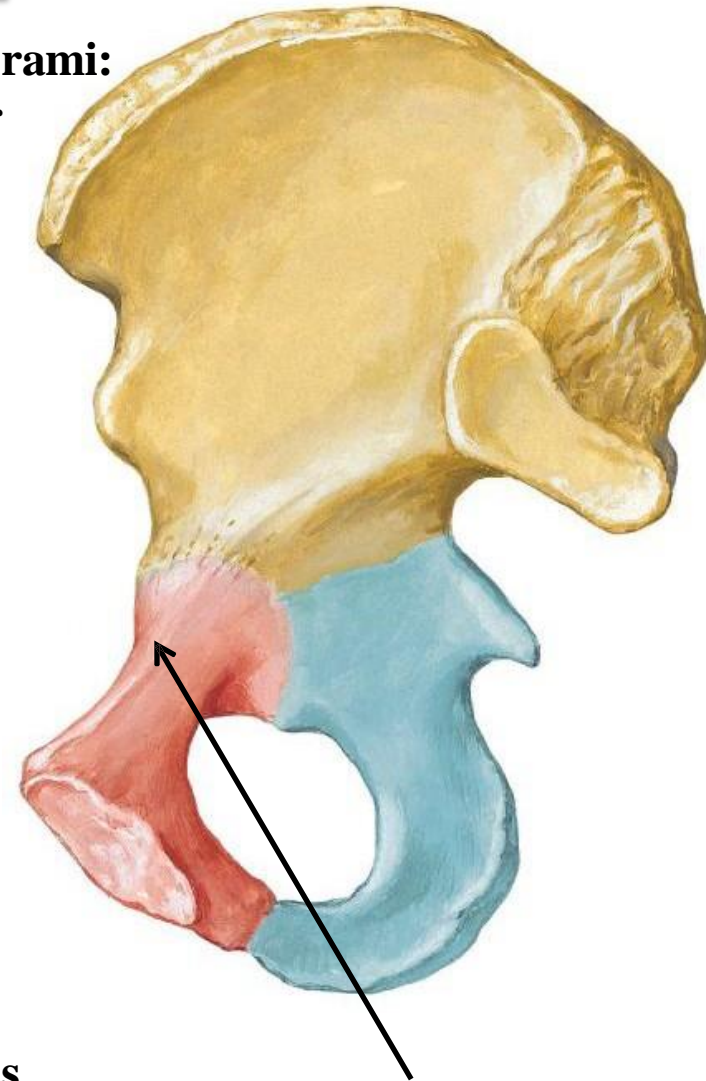
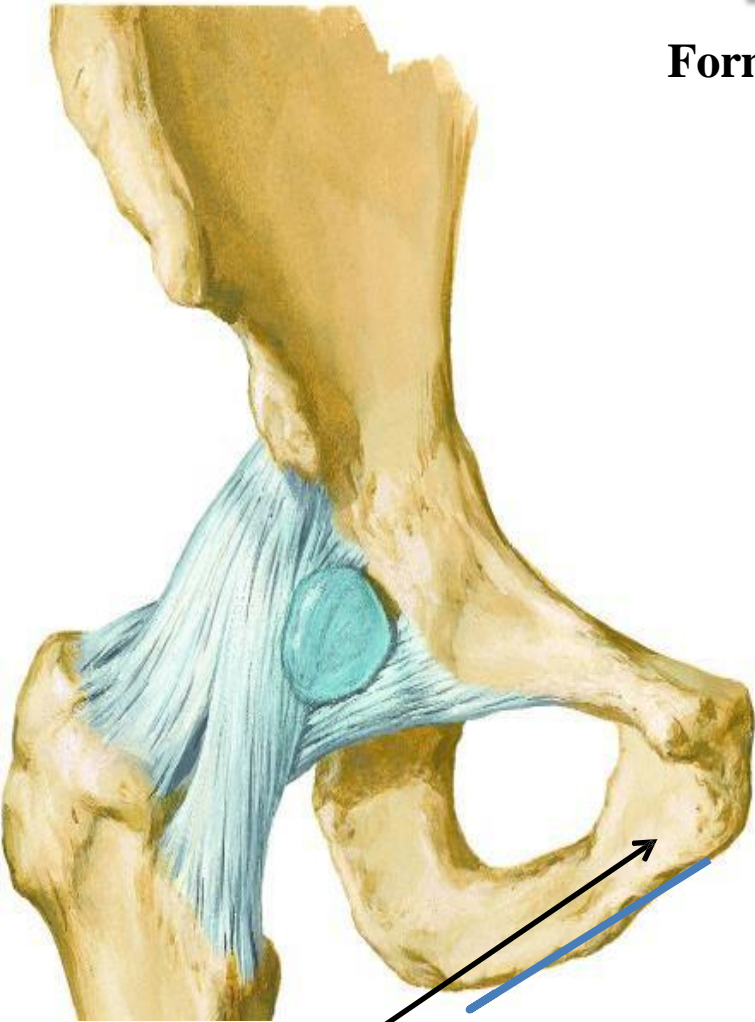
Hip Joint
Anterior View

Pubic bone

Hip (Coxal) Bone
Medial View

Formed of a body and two rami:
superior and inferior

The body is flattened and has:
1- an upper border called pubic crest that ends laterally by the pubic tubercle
2- symphyseal surface which articulates with the opposite pubis to form the pubic symphysis

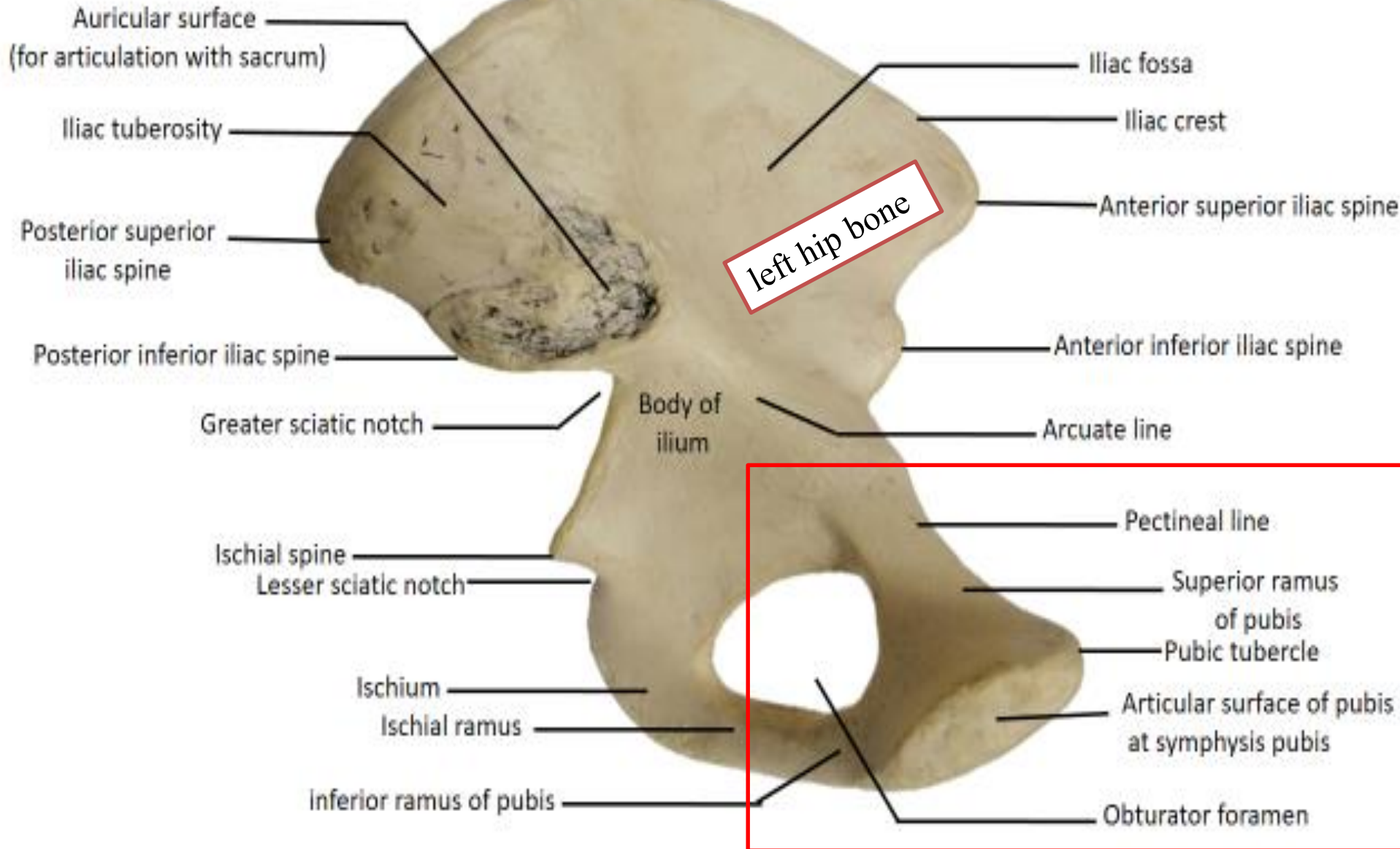


Pectineal line

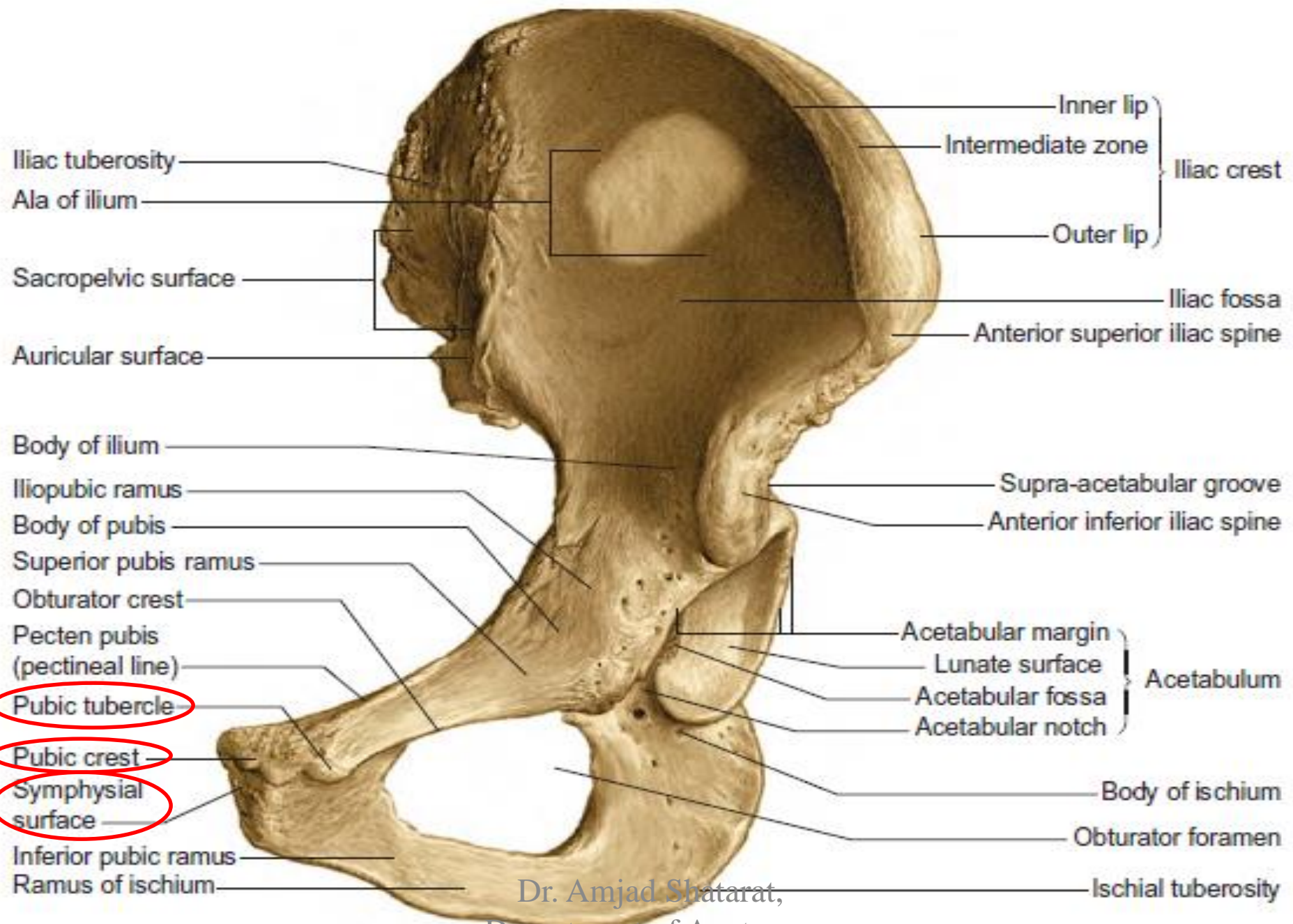
The inferior ramus of the pubic bone joins the ischial ramus to form the conjoint tendon.

The superior pubic ramus has a pectineal line on its medial surface

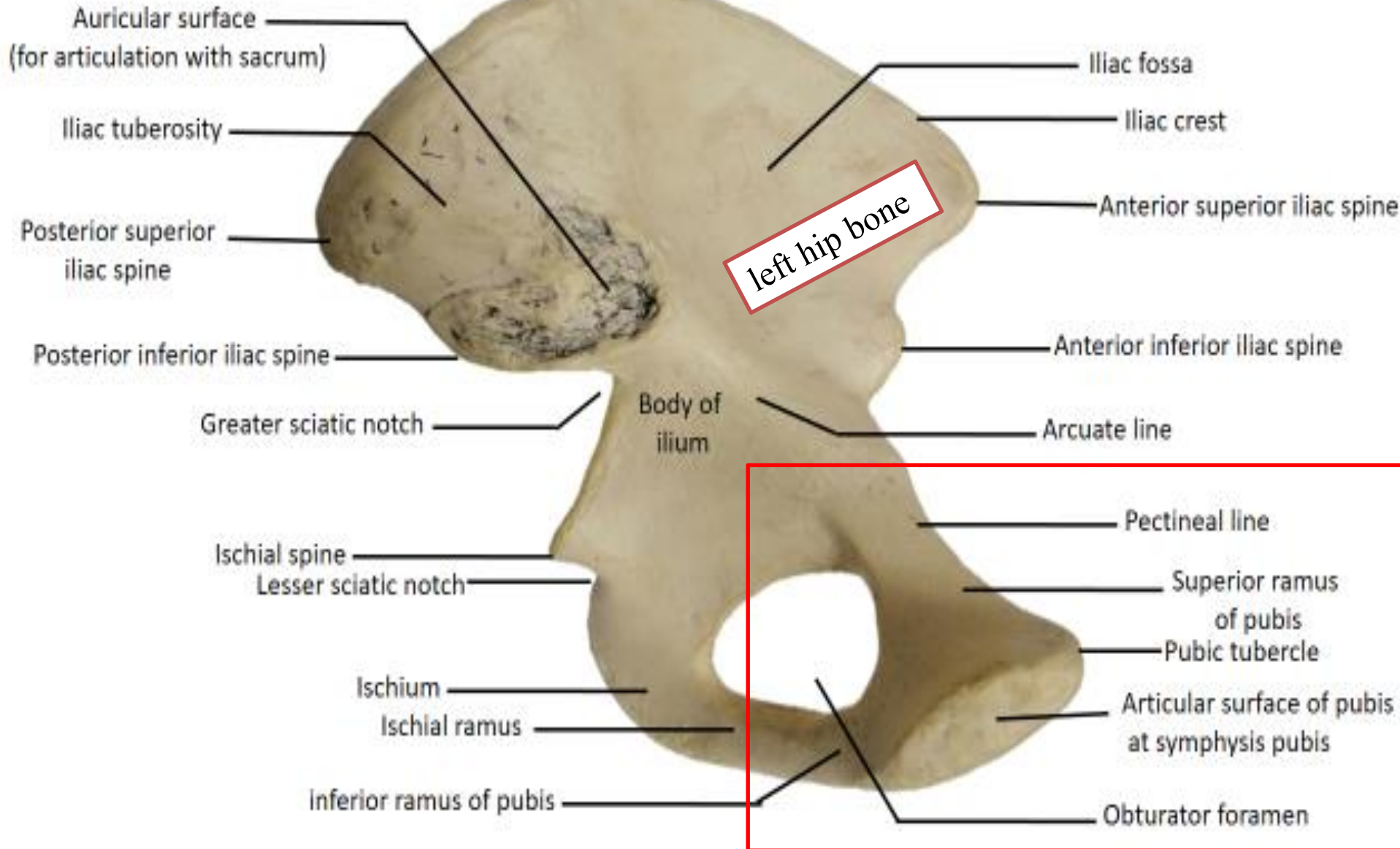
Hip bone



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Hip bone



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Hip (Coxal) Bone
Lateral View

The ischium

Body

Ischial ramus

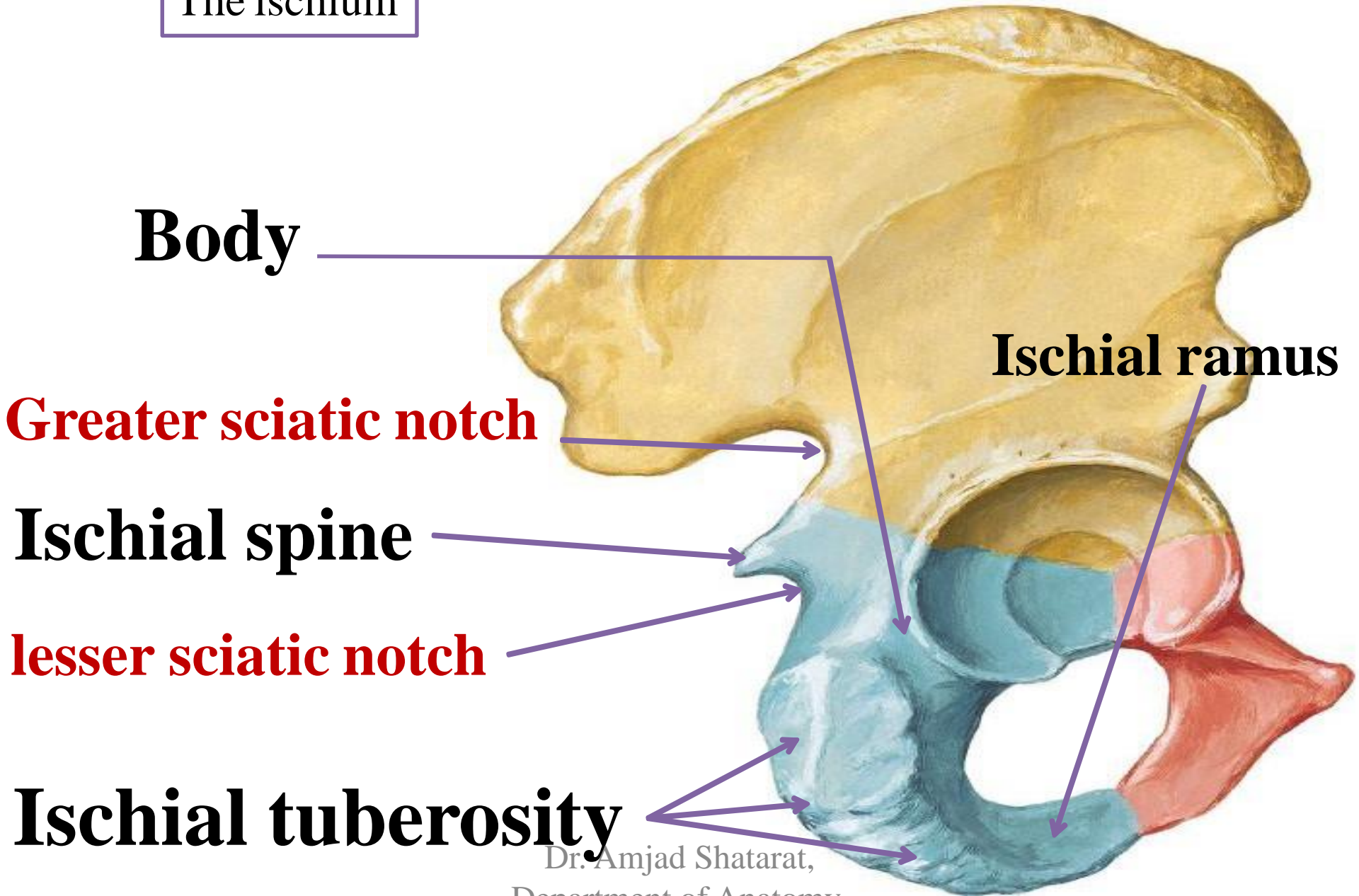
Greater sciatic notch

Ischial spine

lesser sciatic notch

Ischial tuberosity

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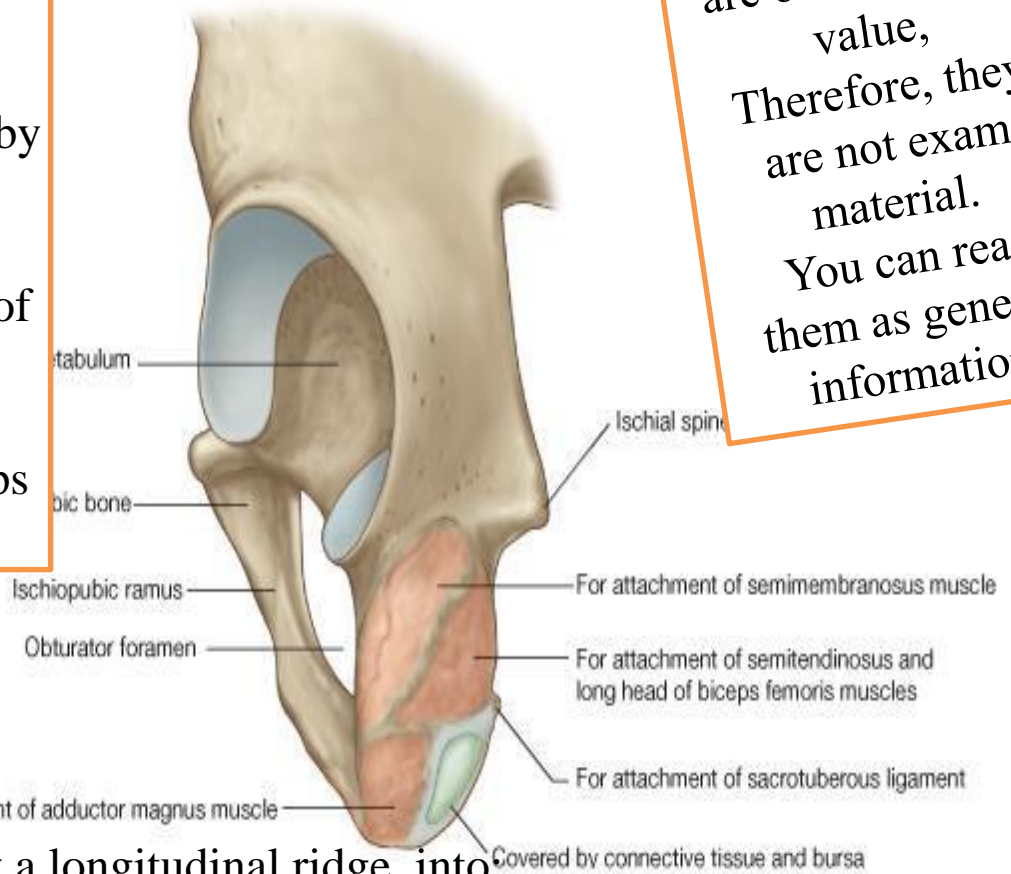


Ischial tuberosity

Divided by a transverse ridge into:
An upper quadrangular and a lower triangular parts

The upper quadrangular part is divided by an oblique ridge into:

- 1 :Upper lateral part for the attachment of semimembranosus
- 2 :lower Medial for the attachment of semitendinosus and long head of biceps



These divisions are of no clinical value, Therefore, they are not exam material. You can read them as general information

The lower triangular part is divided by a longitudinal ridge into:

1-lateral part that gives attachment to the adductor part of the adductor

magnus muscle 2-medial part (subcutaneous part)

The Acetabulum

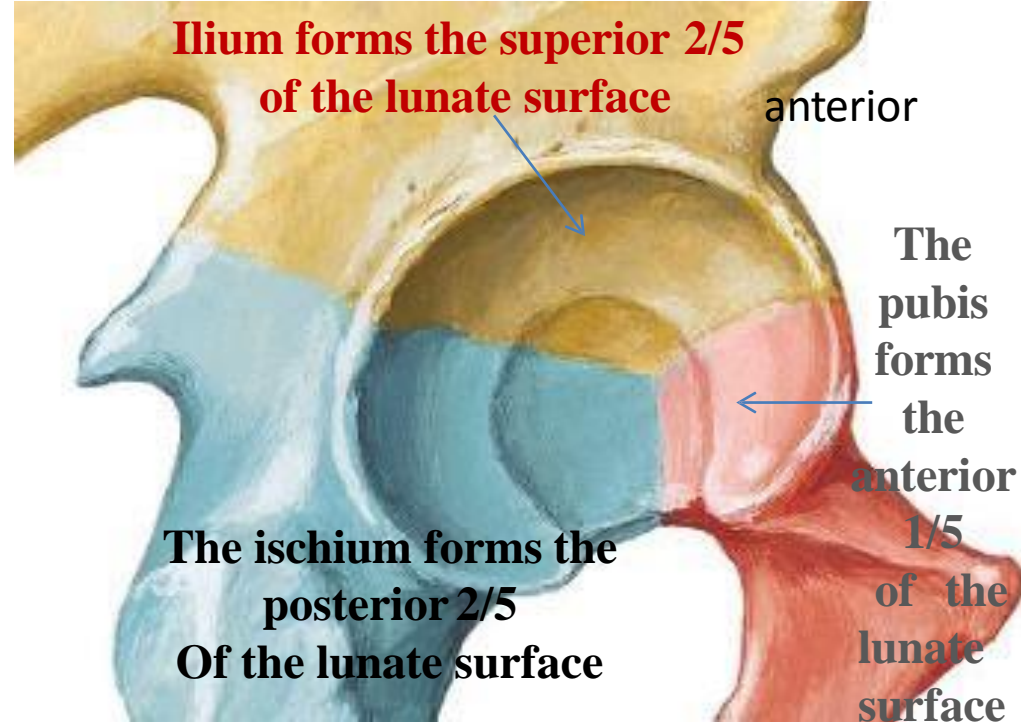
➤ It is a C-shaped cavity located on the lateral aspect of the hip bone

➤ It is notched inferiorly by the acetabular notch which is bridged by the ***transverse acetabular ligament*** (part of the acetabular labrum)

➤ The ***acetabular ligament converts the acetabular notch into foramen***

➤ Its cavity presents a **horse-shoe shaped articular surface called Lunate surface**

➤ The Lunate surface surrounds a non articular depression called **acetabular fossa** which is occupied by fat tissue in living



THE HIP BONE

Hip (Coxal) Bone
Medial View



Anatomical position of the hip bone

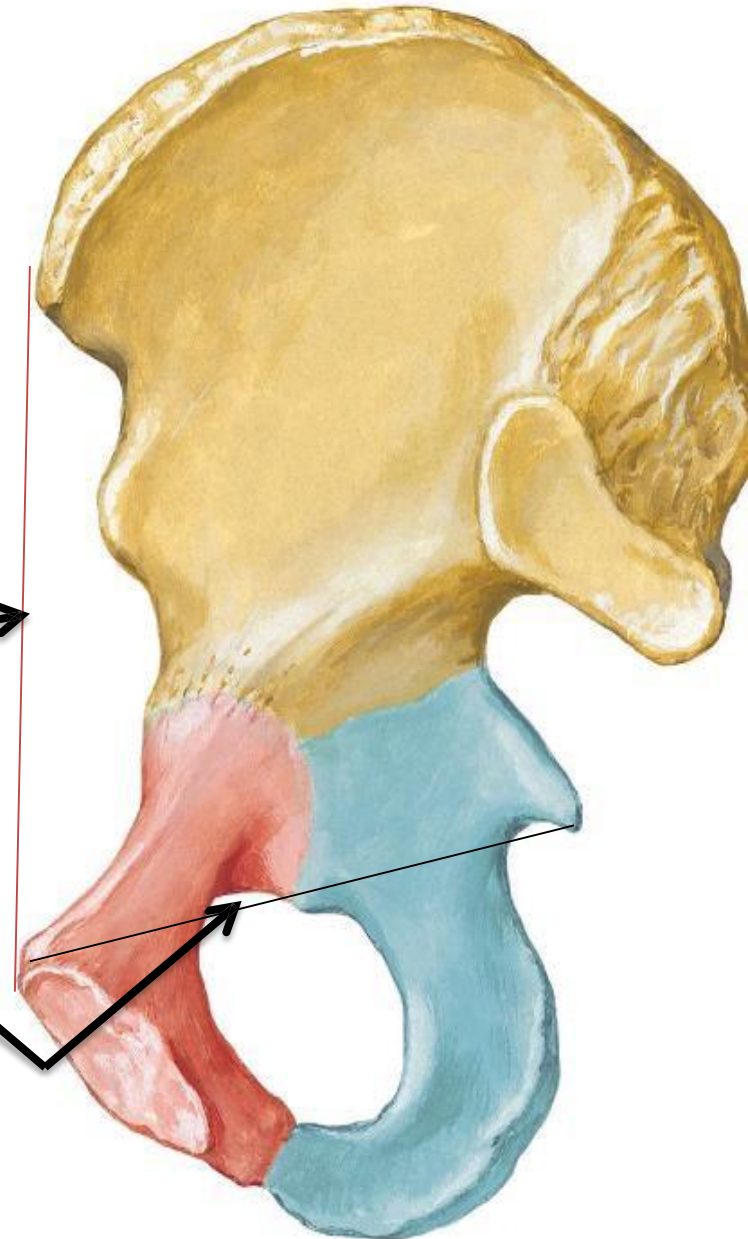
It is very important to understand the anatomical position of the hip bone,
in anatomical position:

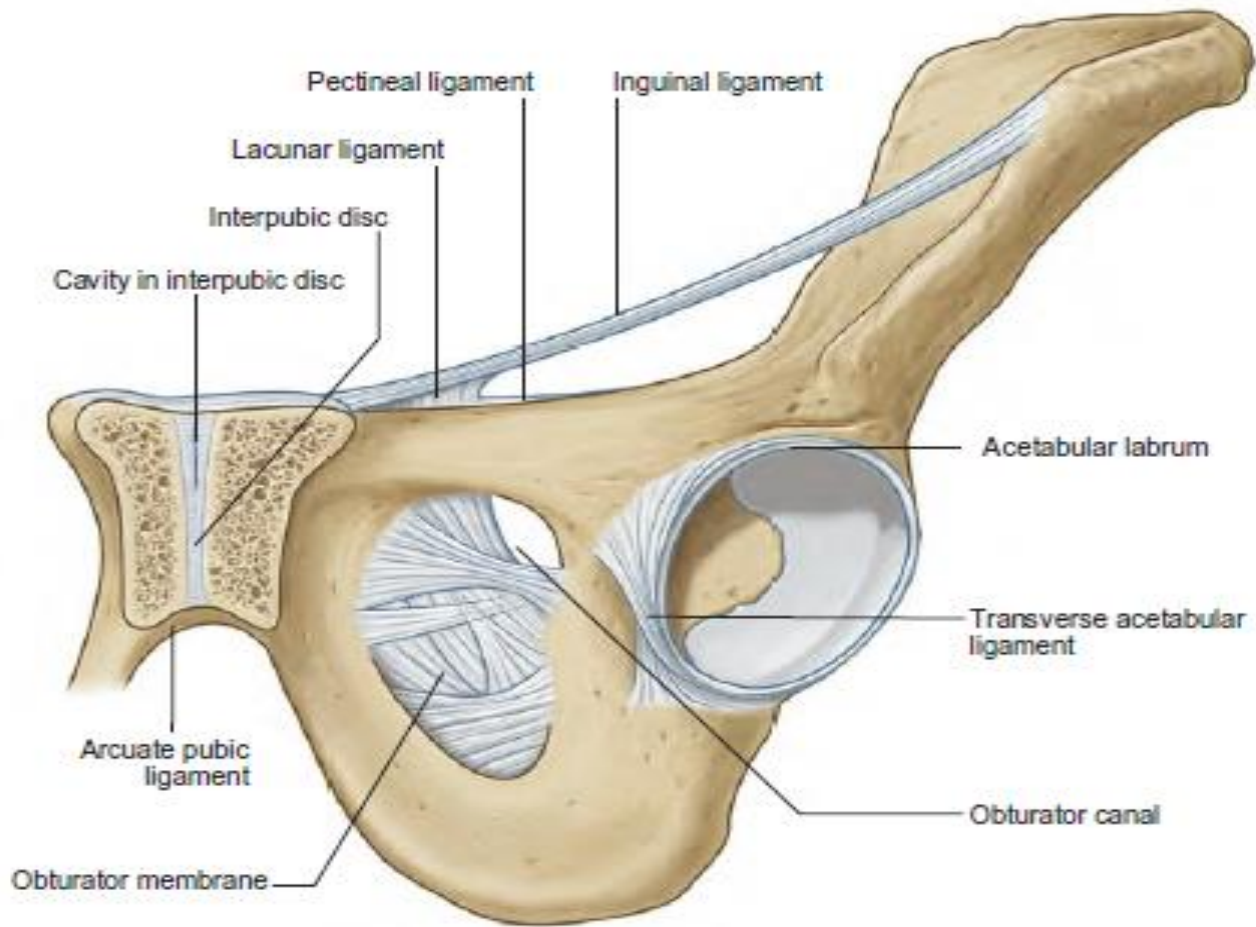
- 1-The **Anterior superior iliac spine** and the **pubic tubercle** **lie in the same vertical plane**.
- 2-The **ischial spine** and the **upper border of the symphysis pubis** **lie in the same horizontal plane**.

What does this mean?

It means that the pelvis is looking forward in the anatomical position

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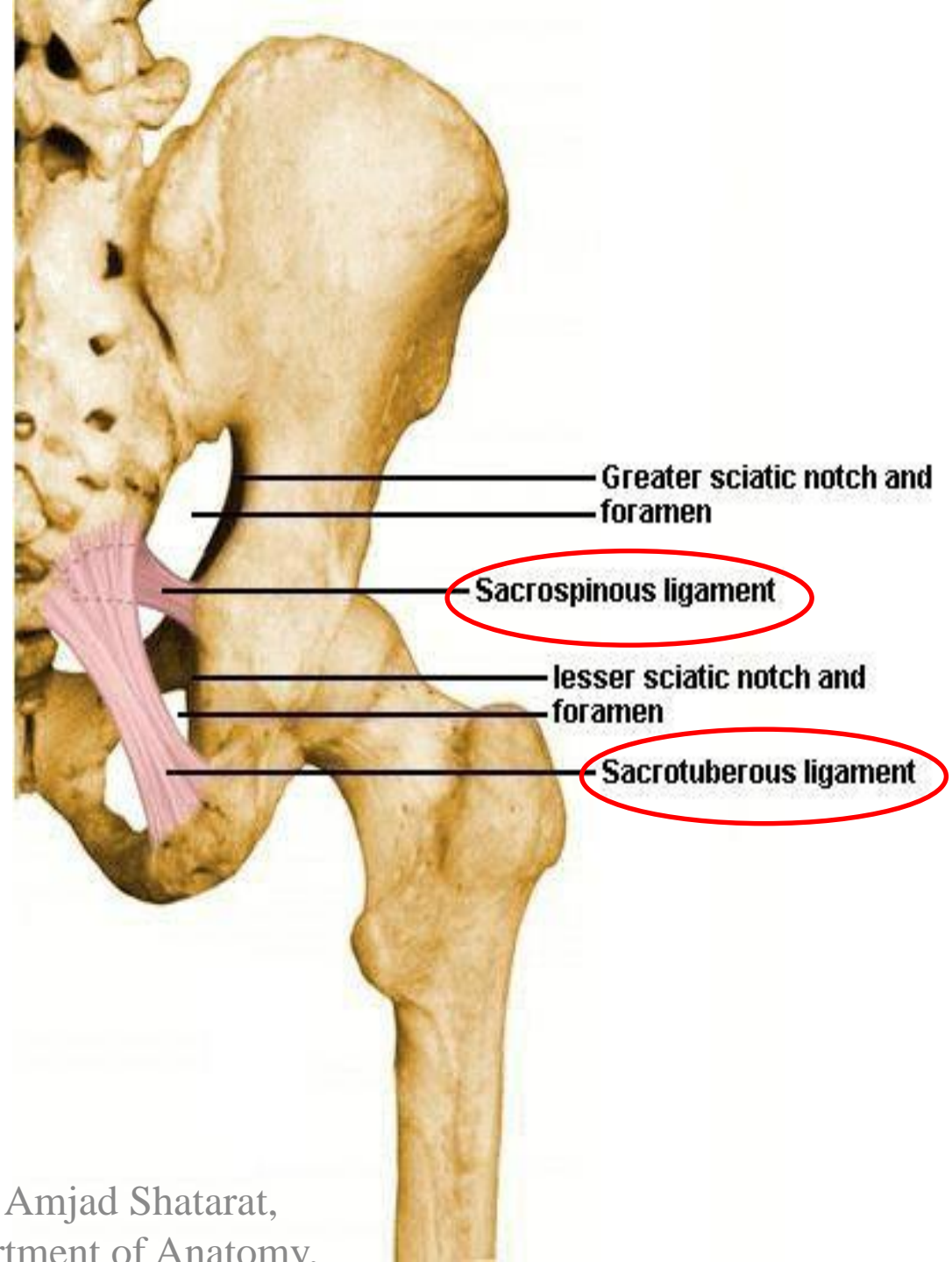


OBTURATOR
foramen Covered by a
membrane in living subjects

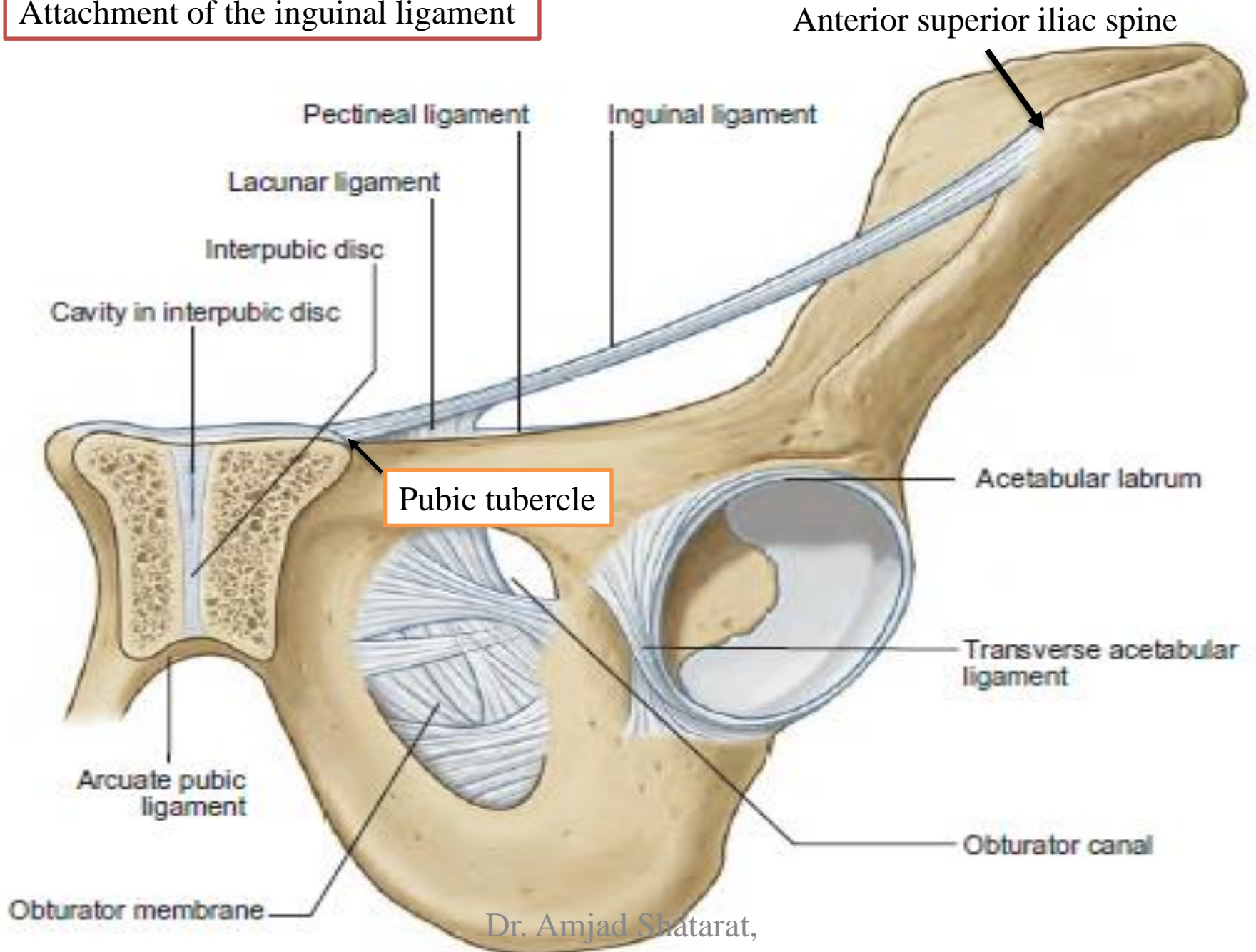
ligaments in the gluteal region

**1- SACROTUBEROUS
LIGAMENT**

2- SACROSPINOUS LIGAMENT

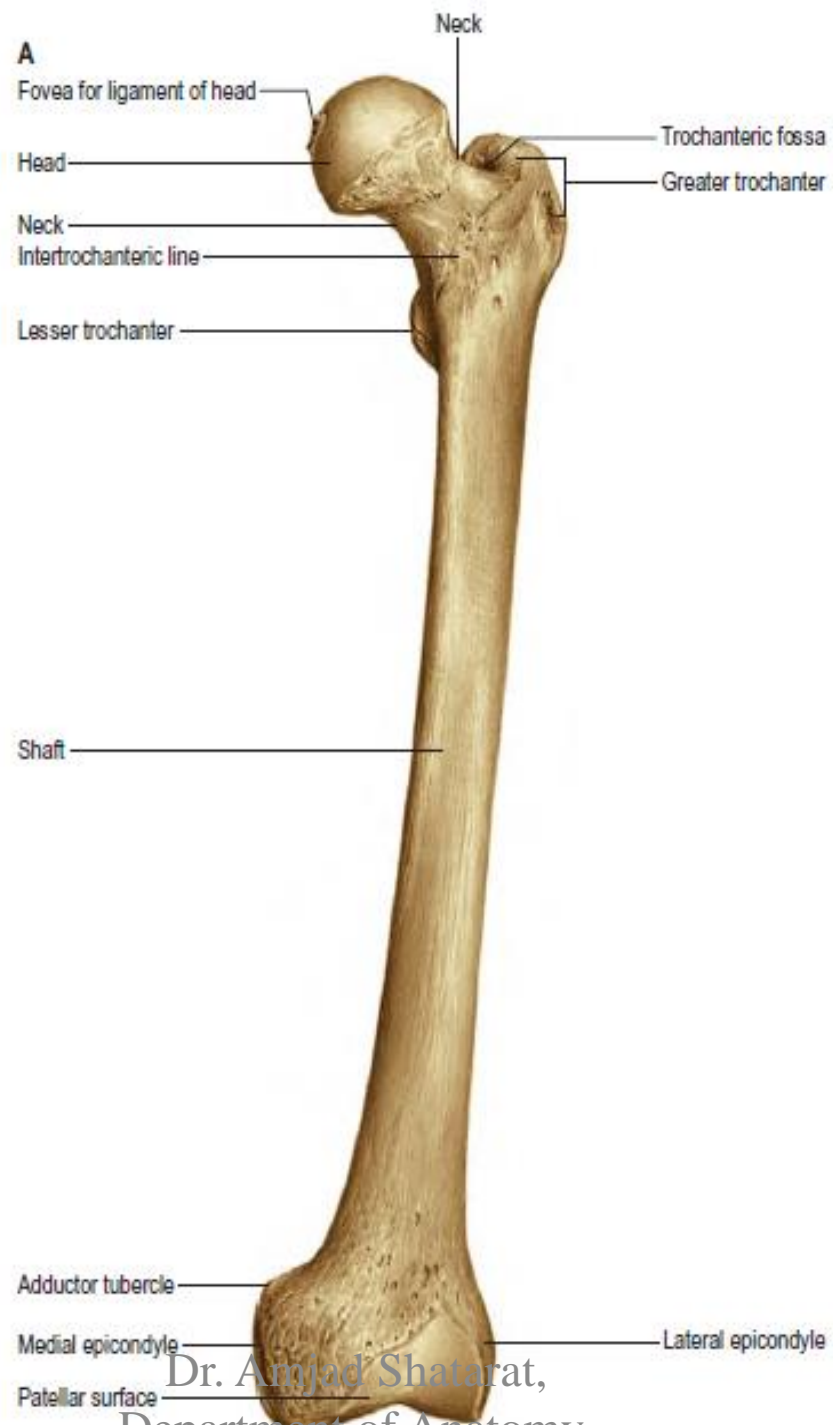


Attachment of the inguinal ligament



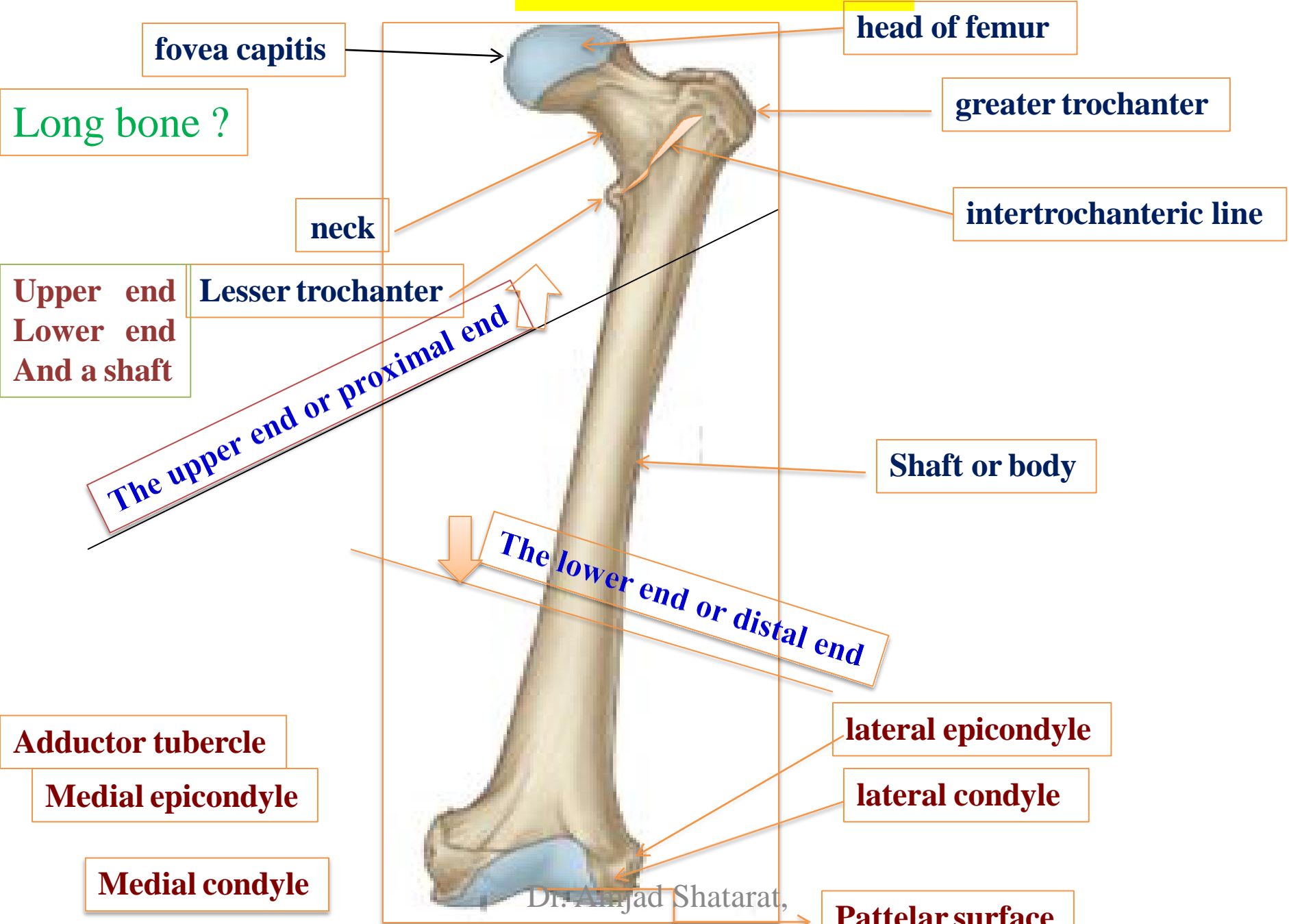
BONES OF THE THIGH

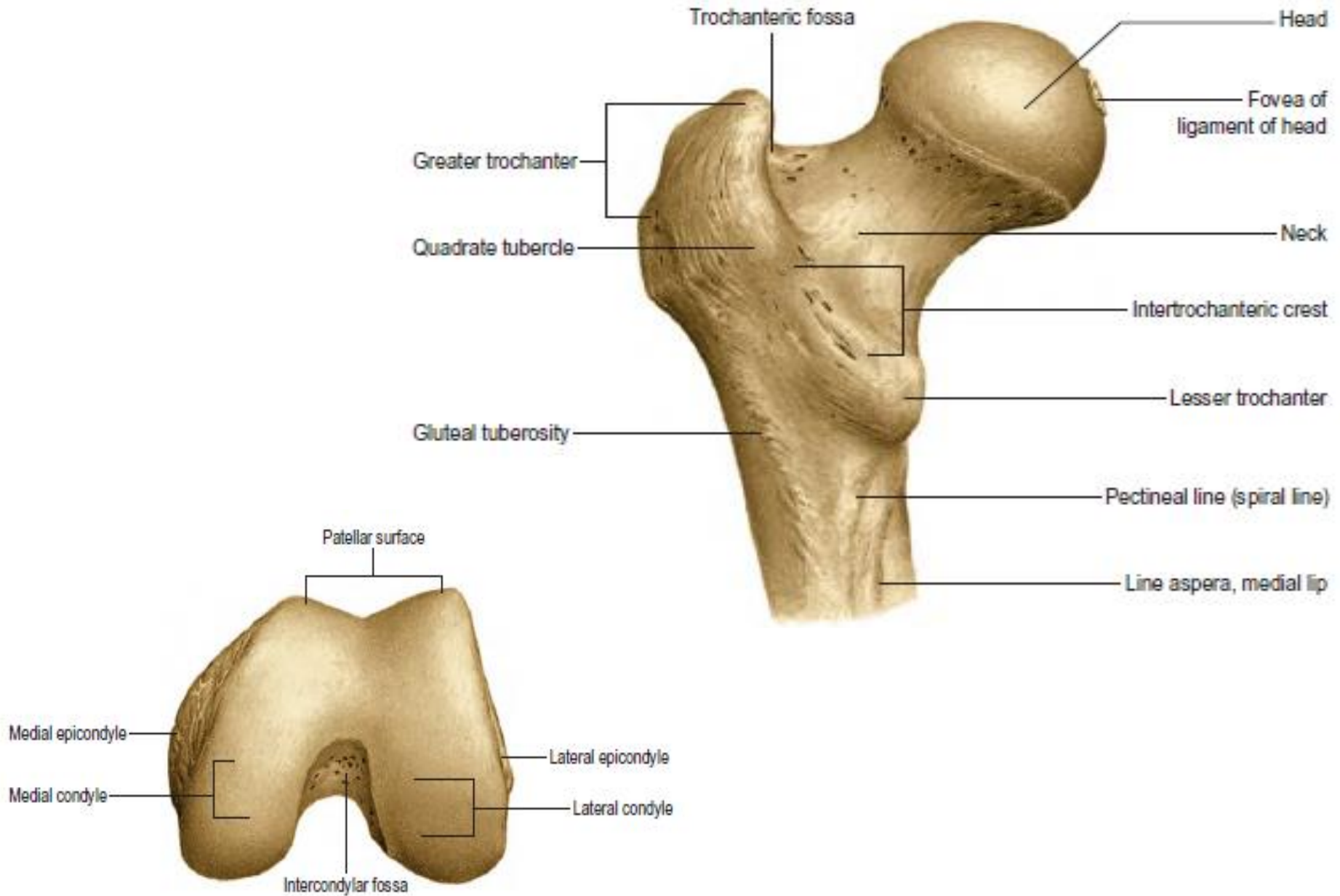
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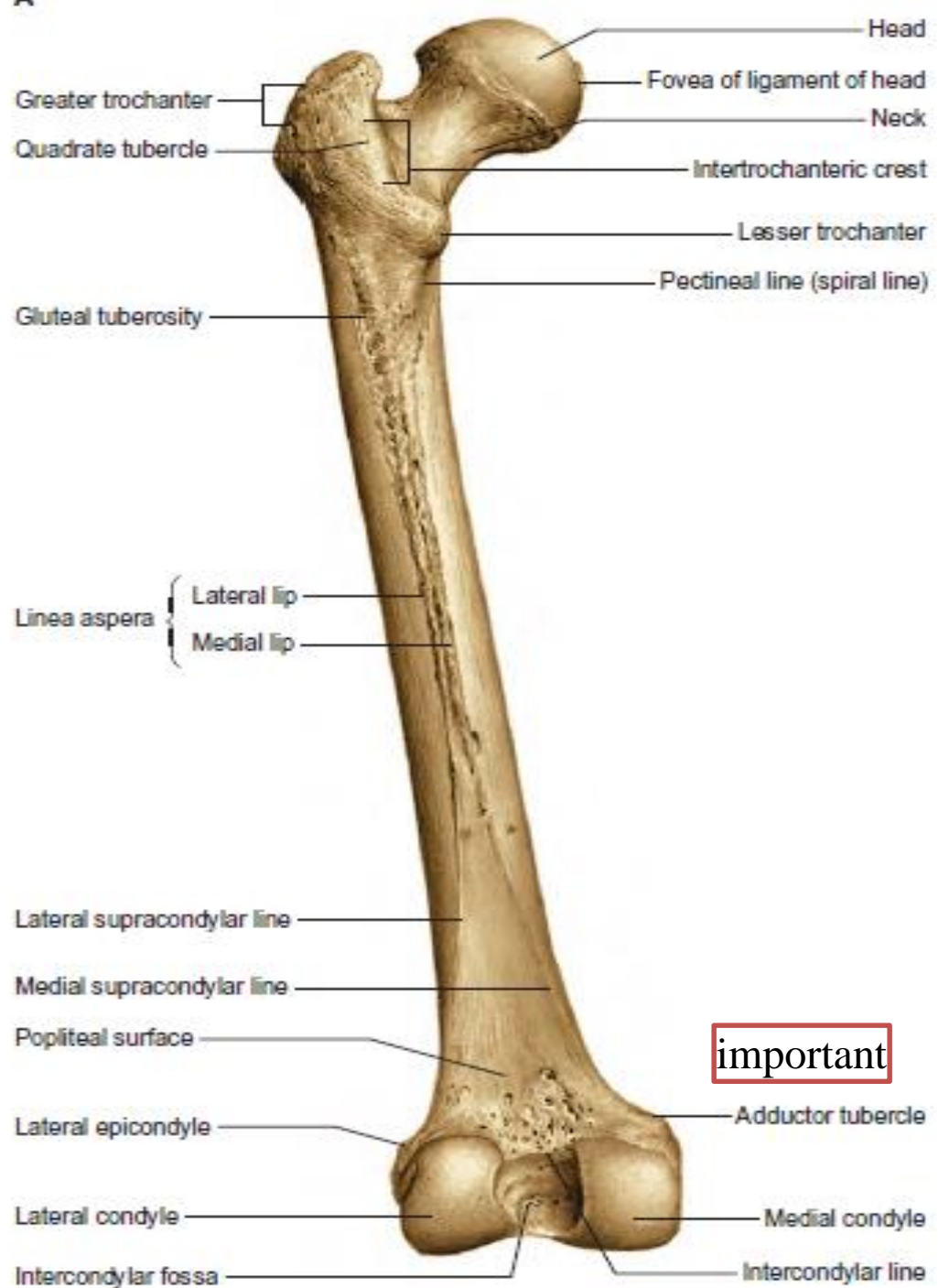
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Left femur (anterior view)





Distal end of femur: articular surface
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important

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Left femur (posterior view)

greater trochanter

intertrochanteric crest

Lesser trochanter

Gluteal tuberosity

Spiral line

lateral lip of linea aspera

Medial lip of linea aspera

linea aspera

lateral surface

medial surface

lateral supracondylar line

medial supracondylar line

Adductor tubercle

lateral condyle

medial condyle

Intercondylar notch

